

**1 Evaluation of Labrador Sea Water formation in a**  
**2 global Finite-Element Sea-Ice Ocean Model setup,**  
**3 based on a comparison with observational data**

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4 **Abstract.** The deep water formation in the Labrador Sea is simulated  
5 with the Finite-Element Sea-Ice Ocean Model (FESOM) in a regionally fo-  
6 cused, but globally covered model setup. The model has a regional resolu-  
7 tion of up to 7 km and the simulations cover the time period 1958-2009. We  
8 evaluate the capability of the model setup to reproduce a realistic deep wa-  
9 ter formation in the Labrador Sea. Two classes of modeled Labrador Sea Wa-  
10 ter (LSW), the lighter upper LSW (uLSW) and the denser deep LSW (dLSW),  
11 are analysed. Their layer thicknesses are compared to uLSW and dLSW layer  
12 thicknesses derived from observations in the formation region for the time  
13 interval 1988-2009. The results indicate a suitable agreement between the  
14 modeled and from observations derived uLSW and dLSW layer thicknesses  
15 except for the period 2003-2007 where deviations in the modeled and obser-  
16 vational derived layer thickness could be linked to discrepancies in the at-  
17 mospheric forcing of the model. It is shown that the model is able to repro-  
18 duce four phases in the temporal evolution of the potential density, temper-  
19 ature and salinity, since the late 1980s, which are known in observational data.  
20 These four phases are characterized by a significantly different LSW forma-  
21 tion. The first phase from 1988 to 1990 is characterized in the model by a  
22 fast increase in the convection depth of up to 2000 m, accompanied by an  
23 increased Spring production of deep Labrador Sea Water (dLSW). In the sec-  
24 ond phase (1991-1994), the dLSW layer thickness remains on a high level for  
25 several years, while the third phase (1995-1998) features a gradual decrease  
26 in the deep ventilation and the renewal of the deep ocean layers. The fourth

27 phase from 1999 to 2009 is characterized by a slowly continuing decrease of  
28 the dLSW layer thickness on a deeper depth level. By applying a Compos-  
29 ite Map Analysis between an index of dLSW and sea level pressure over the  
30 entire simulation period from 1958 to 2009, it is shown that a pattern which  
31 resembles the structure of the North Atlantic Oscillation (NAO) is one of  
32 the main triggers for the variability of LSW formation. Our model results  
33 indicate that the process of dLSW formation can act as a low-pass filter to  
34 the atmospheric forcing, so that only persistent NAO events have an effect,  
35 whether uLSW or dLSW is formed. Based on composite maps of the ther-  
36 mal and haline contributions to the surface density flux we can demonstrate  
37 that the central Labrador Sea in the model is dominated by the thermal con-  
38 tributions of the surface density flux, while the haline contributions are stronger  
39 over the branch of the Labrador Sea boundary current system (LSBCS), where  
40 they are dominated by the haline contributions of sea ice melting and for-  
41 mation. Our model results feature a shielding of the central Labrador Sea  
42 from the haline contributions by the LSBCS, which only allows a minor ha-  
43 line interaction with the central Labrador Sea by lateral mixing. Based on  
44 the comparison of the simulated and measured LSW layer thicknesses as well  
45 as vertical profiles of potential density, temperature and salinity it is shown  
46 that the FESOM model is a suitable tool to study the regional dynamics of  
47 LSW formation and its impact on a global, not regional restricted, scale.

## 1. Introduction

48 In the Labrador Sea a major component of the cold limb of the Atlantic meridional  
49 overturning circulation (AMOC) is formed by deep convection: the Labrador Sea Water  
50 (LSW) [e.g., *Rhein et al.*, 2011]. LSW can be separated into two different density modes,  
51 the deep LSW (dLSW), in some publications referred as “classical LSW”, and the less  
52 dense upper LSW (uLSW) [e.g., *Rhein et al.*, 2002; *Stramma et al.*, 2004; *Kieke et al.*,  
53 2006]. Both LSW modes are formed by different depths of convection, caused by strong  
54 surface cooling during winter and spring in areas which are roughly limited by the 3000 m  
55 isobath [*Pickart et al.*, 2002]. The buoyancy loss during winter and spring leads to an  
56 increase in the near surface densities and to an unstable stratification and a homogeniza-  
57 tion of the water column. This homogenization of the water column can reach down to  
58 2400 m depth [*Lazier et al.*, 2002] and can result in events of extreme dLSW formation.  
59 The formation of LSW is crucial for the heat and freshwater exchange between the at-  
60 mosphere and deep ocean layers as well as for the oceanic input of oxygen, carbondioxide  
61 and anthropogenic tracers like chlorofluorocarbons (CFC) due to vertical ventilation in  
62 the ocean [*Kieke et al.*, 2006; *Steinfeldt et al.*, 2009]. The formation of either uLSW  
63 or dLSW, meaning the extent of the deep ventilation, depends on various factors. One  
64 major factor is the intensity of deep ventilation in the preceding winter and the amount  
65 of horizontal advection of heat and salt which mainly influence the density stratification  
66 in the Labrador Sea [*Lazier et al.*, 2002; *Yashayaev*, 2007]. This determines how much  
67 buoyancy flux is needed to transform water of a certain density. Another major factor  
68 is the strength of the atmospheric forcing in winter which provides the necessary buoy-



69 ancy forcing to form either uLSW or dLSW. Many authors [*Dickson et al.*, 1996; *Pickart*  
70 *et al.*, 2003; *Yashayaev et al.*, 2007] suggest that the buoyancy flux is mostly controlled  
71 by the strength of the North Atlantic Oscillation (NAO). The NAO index is defined as  
72 the normalized atmospheric pressure gradient between the Azores High and the Icelandic  
73 Low [e.g. *Barnston and Livezey*, 1978; *Hurrell*, 1995]. Other factors that can affect the  
74 formation of dLSW or uLSW are the density stratification that remains from preceding  
75 winters or large fresh water pools that propagate within the subpolar gyre like the Great  
76 Salinity Anomaly (GSA) of the 1970s described by *Dickson et al.* [1988], or the later  
77 salinity anomalies described by *Belkin et al.* [1998] and *Belkin* [2004].

78 Due to the harsh weather conditions, the temporal and spatial availability of ship data  
79 for the Labrador Sea, especially regarding the properties of the LSW, is limited especially  
80 to the summer season. Nowadays, profiling data from Argo drifters allow also a partial  
81 experimental insight into the winter deep convection of the Labrador Sea [*Vage et al.*,  
82 2009], although these data are still limited in their spatial and temporal availability. At  
83 this point, numerical ocean model approaches with high resolutions provide the possibility  
84 to analyze the spatial and temporal variability patterns. Such model simulations allow to  
85 investigate the processes and mechanisms responsible for setting the strength of the deep  
86 water formation, especially in regions that are usually difficult to access.

87 Over the last decades different regional model studies regarding the ventilation and trans-  
88 formation of LSW have been carried out [e.g., *Böning et al.*, 1996; *Marshall and Schott*,  
89 1999; *Brandt et al.*, 2007; *Chanut et al.*, 2008]. However, regional modeling requires the  
90 boundary conditions to be defined at the open domain borders. The complexity of these  
91 boundary conditions is of course limited, which in turn restricts the degrees of freedom

92 (DOF) and the variability of the model. In contrast, global model studies do not have  
93 this restriction and allow the analysis of the full variability of a model in a global context  
94 without artificial lateral boundary conditions. Due to the high numerical costs, global  
95 setups are usually limited in their resolution and have deficiencies in reproducing regional  
96 effects. The Finite-Element Sea-Ice Ocean Model (FESOM) [*Danilov et al.*, 2004, 2005;  
97 *Wang et al.*, 2008] developed at the Alfred Wegener Institute, Helmholtz Centre for Polar  
98 and Marine Research, Bremerhaven, Germany, provides a compromise between a regional  
99 focus and a global coverage by using an unstructured triangular surface mesh. These kind  
100 of meshes offer the opportunity to locally increase the resolution to a high degree in an  
101 otherwise coarser global setup.

102 *Scholz et al.* [2013] evaluated such a model setup in reproducing a reliable sea ice distribu-  
103 tion by comparing it to observational satellite data. They further compared modeled and  
104 observed vertical profiles at the position of ocean weather station Bravo and Charlie and  
105 pointed out that the model performs well in areas with high resolutions, while in coarser  
106 resolved areas the model shows some deviations from the observed profiles. In addition,  
107 *Scholz et al.* [2013] determined the time-evolution of the Denmark Strait overflow water  
108 (DSOW) and Iceland Scotland overflow water (ISOW) into the North Atlantic and pointed  
109 out that the model tends to underestimate these water masses. Recent improvements in  
110 the FESOM model code, with respect to the vertical mixing, have partially overcome  
111 this problem. *Scholz et al.* [2013] also evaluated the model setup regarding its ability in  
112 reproducing the GSA events in the Labrador Sea around 1970, 1981 and 1988, based on  
113 a comparison of modeled and observed temperature and salinity in the Labrador Sea at  
114 a pressure level of 1500 dbar.

115 The present paper focuses on the regional ability of the global FESOM setup introduced  
116 and evaluated by *Scholz et al.* [2013] to reproduce a realistic deep water formation in the  
117 Labrador Sea for the period 1988-2009, which is characterized by an extreme change in  
118 the formation of LSW. For this purpose, the modeled hydrography in the central Labrador  
119 Sea as well as the variability in the layer thickness of different LSW modes is analyzed.  
120 The latter model results are compared to LSW layer thickness time-series derived from  
121 hydrographic observations from the central Labrador Sea [*Kieke et al.*, 2006; *Rhein et al.*,  
122 2011]. To further assess the performance of the model in reproducing a reliable deep  
123 water formation, we compare modeled and measured vertical profiles of potential density,  
124 temperature and salinity for various years in the interval 1988-2009.

125 Section 2 and 3 describe the FESOM model setup and the observational data considered  
126 for the comparison, respectively. Section 4 deals with the location of the deep convection  
127 area in the model, which is required for defining an index for the model LSW. The evolu-  
128 tion of the potential density, temperature and salinity is analyzed over depth and time in  
129 the central Labrador Sea (section 5.1). In the following sections we present the time evo-  
130 lution of the model uLSW and dLSW layer thickness indices, the modeled vertical profiles  
131 of potential density, temperature and salinity and the vertical cross-sections of the AR7W  
132 cruise section and compare them to the corresponding data derived from hydrographic  
133 observations. To further highlight the atmospheric processes in the FESOM model which  
134 are responsible for the fluctuation in the formation of dLSW, the atmospheric surface tem-  
135 perature, net heat flux to the ocean and sea level pressure (SLP) are analyzed in section  
136 5.5 by applying a composite map analysis (CMA) over the entire simulation period from  
137 1958 to 2009 [*von Storch and Zwiers*, 2003]. In addition, the thermal and haline surface

138 density flux to the ocean are analyzed by using a CMA and their contributions to the  
139 deep water formation in the central Labrador Sea are determined. The main discussion  
140 and conclusions are presented in sections 6 and 7 respectively.

## 2. FESOM Model Setup

141 In this study we use the Finite-Element Sea-Ice Ocean Model (FESOM) developed at  
142 the Alfred Wegener Institute, Helmholtz Centre for Polar and Marine Research, Bremer-  
143 haven [*Danilov et al.*, 2004, 2005, 2008; *Wang et al.*, 2008]. This model approach uses  
144 an unstructured triangular surface mesh, which gives the opportunity to model complex  
145 coastlines and locally higher resolutions without complicated grid nesting. FESOM con-  
146 sists of the Finite Element Ocean Model (FEOM) [*Danilov et al.*, 2004], which is coupled  
147 to a finite-element dynamic-thermodynamic sea ice model [*Timmermann et al.*, 2009].  
148 FEOM is an ocean general circulation model based on solving the primitive equations  
149 under Boussinesq approximation. The model setup was designed to have a local increased  
150 resolution in important deep water formation areas in the Labrador Sea, Irminger Sea,  
151 Greenland-Iceland-Norwegian Sea, Weddell Sea and Ross Sea [*Scholz et al.*, 2013]. We  
152 also increased the resolution in the upwelling regions like coastal and equatorial areas.  
153 The maximum resolution of the model is a trade off between global coverage, extent of  
154 the region of maximum resolution and amount of available computer memory. The ap-  
155 proximated mesh resolution of the global setup in the Northwest Atlantic is shown in Fig.  
156 1. There, a minimum resolution of  $\sim 7$  km is reached around the coast of Greenland.  
157 In the Labrador Sea the resolution varies between  $\sim 30$  km in the southern part and  
158  $\sim 10$  km in the northern part. The through-flow from the Canadian Archipelago (CAA)  
159 into the Labrador Sea is enabled by an open Lancaster Sound and Nares Strait with res-

160 olutions of 20-25 km and 15-20 km, respectively. The rather insufficient resolution in the  
161 Lancaster Sound and Nares Strait, which is below the Rossby radius in this area, allows  
162 in the model a netto volume transport of  $\sim 1/5$  and  $\sim 1/10$  of the observational values  
163 described by *Münchow and Melling* [2008] and *Peterson et al.* [2012], respectively. The  
164 resolution in the Davis Strait is in the order of around 15 km with an southward directed  
165 volume transport that is  $\sim 1/3$  of the observational values provided by *Cuny et al.* [2005].  
166 This has the consequence that the fresh-water supply of the Labrador Sea through the  
167 CAA is underestimated in our model setup.

168 The bottom topography of the model is derived from the ETOPO5 gridded elevation data  
169 [*Edwards*, 1989] that have a resolution of  $1/12^\circ$ . The model setup has 41 vertical levels in  
170 a full cell  $z$ -level approach, with a vertical resolution of 10 m at the surface and stepwise  
171 increasing to 300 m at a depth of 2700 m and deeper. The increased model resolution in  
172 the Denmark Strait and over the Iceland-Scotland Ridge, allows us to avoid prescribing  
173 the overflows or artificially tuning the bottom topography, which is an adopted practice  
174 in many other OGCMs [e.g., *Campin and Goose*, 1999]. The model resolution in these  
175 regions is close to the resolution of the ETOPO5 data set. Nevertheless, the strength of  
176 DSOW and ISOW is still underrepresented in this model setup, as discussed by *Scholz*  
177 *et al.* [2013]. This issue has been partly resolved in the latest FESOM version by improve-  
178 ments in the vertical mixing scheme of the model.

179 In order to reach an equilibrium state we have applied 188 years of spinup consisting of  
180 4 spinup cycles, each with a simulation period from 1958 to 2004. All the spinup rounds  
181 are forced by the Common Ocean-Ice Reference Experiment version 2 (COREv2) [*Large*  
182 *and Yeager*, 2009]. Sea surface temperature (SST), specific humidity and surface wind

183 speed are forced at time steps of 6 hours, the radiation flux is calculated at daily time  
184 steps, whereas precipitation is calculated at monthly time steps. For the forcing of sea  
185 surface salinity (SSS) the salinity data of the transient Simple Ocean Data Assimilation  
186 (SODA) version 2.0.3 from 1958 to 2004 [*Carton and Giese, 2008*] is used in the spinup  
187 cycle. The model is first initialised with the temperature and salinity data from the World  
188 Ocean Atlas (WOA) 2001 [*Stephens et al., 2002*]. For this study we initialized the model  
189 with the last output year of the last spinup cycle and applied the same forcing, except  
190 for the SSS. Model tests with different SSS forcings (SODA v. 2.0.3, SODA v. 2.1.6 and  
191 COREv2 climatology) (not shown) revealed that, if the model is forced with the transient  
192 SODA SSS data, the model tends to reproduce unrealistic deep ventilation events after  
193 2000. The model results forced with the SSS climatology provided by COREv2 are more  
194 realistic compared with observational data, especially towards the end of the simulation  
195 period. For this reason we used here the COREv2 salinity climatology as SSS forcing  
196 which also allows us to take advantage of the full temporal coverage of the COREv2 data  
197 set and to extend the simulation period to 2009.

198 Although the temporal coverage of the model simulation used in this study is from 1958  
199 to 2009 we will focus on the time interval 1988-2009, which is characterized by an extraor-  
200 dinary change in the intensity of the LSW formation [*Kieke et al., 2006; Yashayaev et al.,*  
201 *2007*]. Only for the CMA the entire simulation period 1958-2009 is considered to ensure  
202 a more meaningful result regarding the high and low composite maps. The model data  
203 used in this study have a monthly resolution.

### 3. LSW index derived from hydrographic observations

204 For the comparison between model and experimental data we analyze the layer thick-  
205 nesses of uLSW and dLSW as calculated by *Kieke et al.* [2006] and *Rhein et al.* [2011] for  
206 the central Labrador Sea. They reconstructed time series of layer thicknesses for uLSW  
207 and dLSW from different hydrographic databases (Bedford Institute of Oceanography,  
208 Hydrobase, National Oceanographic Data Center, WHPO, SFB 460 and BMBF Nord-  
209 atlantik ) for the period from 1948 to 2009 by choosing profiles from the central Labrador  
210 Sea close to the position of the former Ocean Weather Station Bravo (OWS-B,  $56^{\circ}30' N$ ,  
211  $51^{\circ} W$ ). The applied methods for the data acquisition and selection are described by  
212 *Kieke et al.* [2006]. The different time-series of the dLSW and uLSW layer thicknesses are  
213 directly connected to the formation of the corresponding water mass and can therefore  
214 be considered as an index for the produced volume of the respective LSW mode. The  
215 period from 1988 to 1996 is of potential importance because the atmospheric forcing had  
216 the strongest impact on the convective activity in the Labrador Sea [*Yashayaev et al.*,  
217 2007; *Rhein et al.*, 2011]. To quantify the strength of the westerly winds, we use the NAO  
218 index derived from the COREv2 SLP via the normalized pressure gradient between the  
219 Azores High and the Icelandic Low [*Barnston and Livezey*, 1978; *Hurrell*, 1995] averaged  
220 over January, February and March (JFM).

221 Different definitions for LSW limits can be found in the literature [e.g., *Pickart et al.*,  
222 2002; *Stramma et al.*, 2004; *Yashayaev*, 2007; *Yashayaev and Loder*, 2009]. To ensure a  
223 better comparability of modeled and measured LSW properties, we followed the defini-  
224 tions of *Stramma et al.* [2004] and *Kieke et al.* [2006, 2007] and defined the density range  
225  $\sigma_{\theta} = 27.68 - 27.74 \text{ kg m}^{-3}$  as uLSW, and  $\sigma_{\theta} = 27.74 - 27.80 \text{ kg m}^{-3}$  as the dLSW layer.

#### 4. Modeled Mixed Layer Depth in the Northwest Atlantic Ocean

226 Fig. 2a shows the maximum mixed layer depth of the FESOM model in March, averaged  
227 over the years 1988-2009. The mixed layer depth in the model is calculated as the depth  
228 at which the buoyancy force does not deviate more than 0.03% from its surface value.  
229 The North Atlantic Ocean of the FESOM setup reveals three major oceanic convection  
230 areas which are located in the Labrador Sea, Irminger Sea and at the continental slope  
231 southwest of Iceland. The most important convective area in the northwestern Atlantic  
232 Ocean is located in the Labrador Sea with a mean March mixed layer depth of 1844 m.  
233 The modeled center of the maximum convective cell in the Labrador Sea is not exactly  
234 located in the central Labrador Sea, but is shifted northwestward to  $59.5^{\circ}\text{N}$ ,  $55.5^{\circ}\text{W}$  at a  
235 bottom depth of  $\sim 2750$  m. In the Irminger Sea and southwest of Iceland, the mixed layer  
236 depth is shallower and reaches only a maximum value of 840 m and 600 m, respectively.  
237 During 1988 to 2009 the mixed layer depth in the northwestern Atlantic shows a strong  
238 change (Fig. 2b, 2c). The period 1988-1955 (Fig. 2b) is characterized in the model by  
239 an intensified convection in the northwestern Labrador Sea, Irminger Sea and south of  
240 Greenland. The mean March mixed layer depth in the Labrador Sea and Irminger Sea,  
241 reaches a maximum depth of 2435 m and 1531 m, respectively. The following period from  
242 1996 to 2009 (Fig. 2c) is characterized by a drastic decrease in the deep convection in  
243 the northwestern part of the Atlantic Ocean. The mixed layer depth in the Labrador Sea  
244 declines by a factor of  $\sim 1.6$ , from 2435 m to 1482 m. The decline in the Irminger Sea is  
245 even stronger, the mixed layer depth drops there from 1531 m to 466 m.  
246 To select the areas for the calculation of dLSW and uLSW layer thickness indices we apply  
247 the same methodology as *Kieke et al.* [2006]. They have used only those hydrographic



248 profiles located in the vicinity of the AR7W cruise line, a hydrographic section crossing the  
 249 central Labrador Sea in the vicinity of the Ocean Weather Station Bravo where the bottom  
 250 topography exceeded 3300 m. Due to the fact that the modeled location of the convective  
 251 area in the Labrador Sea is shifted to the northwest, a larger area for the calculation of  
 252 the indices was considered. As a result, a box from the northwestern boundary until the  
 253 position of the AR7W cruise line was selected and all surface nodes located within this  
 254 box were identified. To further eliminate the influences of the boundary currents, like in  
 255 *Kieke et al.* [2006], we excluded from the remaining surface nodes all surface nodes with  
 256 a bottom depth shallower than 2500 m. The area of the resulting surface nodes includes  
 257 now the central Labrador Sea and the area with the highest mixed layer depths (Fig. 2a,  
 258 dashed contour line). Tests with different index definition areas revealed that our results  
 259 are robust against changes in the size of this area as long as the area with highest mixed  
 260 layer depths was included.

## 5. Results

### 5.1. Modeled Labrador Sea Hydrography

261 Fig. 3 presents the potential density  $\sigma_\theta(z, t)$ , temperature  $T(z, t)$  and salinity  $S(z, t)$  as  
 262 represented in the FESOM setup for the index definition area (Fig. 2a, dashed contour)  
 263 over time and depth for the period from 1988 to 2009. The isopycnals  $\sigma_\theta = 27.68 \text{ kg m}^{-3}$ ,  
 264  $27.74 \text{ kg m}^{-3}$  and  $27.80 \text{ kg m}^{-3}$ , which are used for the definition of the dLSW and uLSW,  
 265 are indicated as thick white lines.

266 The temporal evolution of the potential density over depth (Fig. 3a) changes considerably  
 267 during this time range, as it is described by various authors based on observational data  
 268 [e.g., *Kieke et al.*, 2006; *Yashayaev*, 2007; *Yashayaev and Loder*, 2009]. The simulation

269 period is divided here into four phases, which are characterized by major changes in  
270 the properties of the Labrador Sea hydrography. The first phase, from 1988-1990, is  
271 characterized by a gradual increase in the potential density of around  $\Delta\sigma_\theta = 0.03 \text{ kg m}^{-3}$   
272 at intermediate depths. Due to increasing vertical ventilation from the surface during  
273 winter times the dLSW class (between the  $\sigma_\theta = 27.74 - 27.8 \text{ kg m}^{-3}$  isopycnals) gets  
274 gradually connected to the cold and fresh surface layers.

275 The subsequent period from 1991 until 1994 is described by a strong deep ventilation,  
276 which leads to high densities ( $> 27.74 \text{ kg m}^{-3}$ ) in the entire water column below a depth  
277 of 100 m. In each winter of this period the ventilation is strong enough, so that the cold  
278 and fresh surface layers are directly connected to the density range of dLSW. This leads to  
279 a fast build up of a homogeneous cold, fresh and dense body of water, extending from the  
280 surface to a depth of about 2000 m. The winters of 1993 and 1994 reveal an exceptionally  
281 strong vertical ventilation, where the coldest and freshest water is ventilated down to  
282 a depth greater than 2000 m. The highest density in the intermediate depth layers is  
283 reached in the winter of 1993 with a maximum of around  $\sigma_\theta = 27.785 \text{ kg m}^{-3}$ . It should  
284 be mentioned that at the transition from phase one to phase two, in comparison to the  
285 abrupt decrease in temperature (Fig. 3b), the salinity (Fig. 3c) features a more gradual  
286 decrease. This suggests that the underlying mechanism that dominates the decrease in  
287 salinity in the FESOM model is different from a fast vertical deep convection process and  
288 will be discussed in section 6.

289 In the third phase, from 1995 to 1998, the dLSW mode water starts to get isolated from  
290 the surface and the supply of cold and fresh waters (Fig. 3a). This is associated with a  
291 reduction of the deep ventilation. The horizontal mixing with a warmer and more saline

292 Labrador Sea Boundary Current system (LSBCS) that consists of the West Greenland  
 293 Current in the northeast and the Labrador Current in southwest, leads to a gradual  
 294 decrease of the density in intermediate depths and a lowering of the  $\sigma_\theta = 27.74 \text{ kg m}^{-3}$   
 295 isopycnal of  $\sim 900 \text{ m}$  until 1998. The mean depth of the  $\sigma_\theta = 27.68 \text{ kg m}^{-3}$  isopycnal  
 296 remains at a level of  $\sim 100 \text{ m}$ . The strong increase in the depth of the  $\sigma_\theta = 27.74 \text{ kg m}^{-3}$   
 297 isopycnal and the constant remaining depth of the  $\sigma_\theta = 27.68 \text{ kg m}^{-3}$  isopycnal indicates  
 298 a thickening of the lighter uLSW layer in this phase. The fourth phase from 1999 to 2009  
 299 features a slowly decreasing depth of the  $\sigma_\theta = 27.74 \text{ kg m}^{-3}$  isopycnal from  $\sim 1000 \text{ m}$  to  
 300  $\sim 1200 \text{ m}$ . The  $\sigma_\theta = 27.68 \text{ kg m}^{-3}$  isopycnal shows a continuous sinking trend until 2008  
 301 to a depth of  $\sim 500 \text{ m}$ , which is associated with an accumulation of less dense water in the  
 302 surface layer. The sinking of the  $\sigma_\theta = 27.68 \text{ kg m}^{-3}$  isopycnal, after 2004, is connected to  
 303 an increase in temperature and salinity (Fig. 3 (b), (c)) in the intermediate layers between  
 304 500 m and 1500 m by  $\sim 0.4 \text{ }^\circ\text{C}$  and  $\sim 0.03 \text{ psu}$ , respectively. After 2008, the depth of the  
 305  $\sigma_\theta = 27.68 \text{ kg m}^{-3}$  isopycnal indicates a rapid jump back to a depth of around 100 m.

## 5.2. Comparison of simulated and observed LSW layer thickness

306 Fig. 4 shows the time evolution of the monthly uLSW and dLSW layer thickness of  
 307 the model (thin line), the 3-year-running-mean filtered time series (thick line) and the  
 308 summer layer thicknesses estimated from observational data (filled circles) [*Kieke et al.*,  
 309 2006; *Rhein et al.*, 2011]. Additionally, the positive and negative phase of the January,  
 310 February and March averaged normalized NAO index is shown by dark and light grey  
 311 shaded areas, respectively.

312 Both time series of simulated and observed dLSW (uLSW) show an increase (decrease)  
 313 in the layer thickness within the first phase from 1988 to 1990. The observed dLSW

314 thickness is less than what is simulated by the FESOM model. Between 1991 and 1994  
315 a large homogeneous dLSW body develops and the system is “charged with dense water”  
316 from the surface, undergoing a transition to deep convection depths. The build-up of the  
317 dLSW layer thickness occurs on the cost of the uLSW layer thickness which erodes into  
318 the dLSW class. For the second phase the simulated and measured layer thicknesses reveal  
319 that the Labrador Sea remained for several years in a deep convection state, when the  
320 dLSW and uLSW layer thickness reached its maximum and minimum value, respectively.  
321 The maximum value of the simulated and observed dLSW layer thickness with  $\sim 2100$  m  
322 and  $\sim 2150$  m as well as the minimum value of the simulated and observed uLSW layer  
323 thickness with  $\sim 50$  m and  $\sim 90$  m are in close agreement.

324 In the period from 1995 to 1998 (phase three), the simulated and observed layer thick-  
325 nesses show a gradual transition towards thinner dLSW and thicker uLSW layer thick-  
326 nesses, which coincides with a strong variability in the magnitude of the NAO index. The  
327 dLSW index in Fig. 4 and the temporal evolution of the potential density and temper-  
328 ature in Fig. 3 reveal that the system does not react instantaneous to a change in the  
329 wind and temperature forcing as indicated by the NAO index. The modeled uLSW layer  
330 thickness shows in the third phase a faster increase with a slope of 219 m/yr, compared  
331 to the slope of the observational derived uLSW layer thickness with a value of 154 m/yr.  
332 The difference in the decrease of the modeled and observational derived dLSW layer thick-  
333 nesses is smaller with slopes of  $-200$  m/yr and  $-172$  m/yr, respectively.

334 At the beginning of the fourth phase (1999-2009), the layer thickness of the modeled uLSW  
335 layer increases to a maximum between 2000 and 2002, with a thickness of  $\sim 1000$  m. From  
336 2002 until 2006, the uLSW layer thickness of the model decreases again. This is associated

337 with the sinking of the isopycnal  $\sigma_\theta = 27.68 \text{ kg m}^{-3}$  and the accumulation of a kind of  
338 “new LSW” class in the surface and upper ocean layers of the model which is lighter than  
339 uLSW. At this point, a detailed description of this new LSW class is omitted because  
340 this would require further comprehensive sensitivity experiments. The modeled uLSW  
341 layer thickness starts to increase again after 2006 until the end of the simulation period.  
342 In contrast, the observational derived uLSW layer thickness increases continuously from  
343 1999 until 2009, but more slowly when compared to the third phase.

344 The modeled and observational derived dLSW layer thickness reveals a continuous de-  
345 crease from 1999 until 2009, except for the years 2000 and 2008 where only the obser-  
346 vational derived dLSW layer thickness features, besides the underlying trend, a slightly  
347 decreasing and increasing dLSW layer thickness, respectively. Both dLSW time-series  
348 run quite synchronous from 1999 until 2002. After 2002 the dLSW layer thickness derived  
349 from observations shows a stronger decreasing trend compared to the modeled dLSW  
350 layer thickness.

### 5.3. Comparison of modeled and measured vertical Labrador Sea profiles

351 Fig. 5 presents observed (dashed) vertical density profiles for the upper 2500 m of the  
352 water column averaged over the AR7W cruise section [*WOCE Data Product Committee,*  
353 2002] and modeled (solid lines) summer (JJA) potential density profiles averaged over  
354 the Labrador Sea index area for various years during phases of increasing (I, 1988-1990),  
355 maximal (II, 1991-1994), decreasing (III, 1995-1998) and minimal (IV, 1999-2009) dLSW  
356 layer thickness.

357 The density profiles during phase I and II reveal a depth evolution that is overall com-  
358 parable between the modeled and observed density profiles. The latter shows a faster

359 decrease in the surface and intermediate layer density compared to the modeled density  
360 profiles. In the deep layers ( $> 2000$  m), the comparison between modeled and observed  
361 density profiles is vice versa. The dLSW (uLSW) layer thickness of 1990, calculated from  
362 the measured vertical profiles (hashed bars) indicate a slightly reduced (increased) value  
363 compared to the modeled (solid bars) dLSW layer thicknesses. In phase II, for the years  
364 1992, 1993 and 1994, modeled and observed uLSW and dLSW layer thicknesses indicate  
365 a very good agreement, the differences being less than 90 m.

366 Phase III, reveals a different evolution of the measured and observed vertical density pro-  
367 files. During 1995-1998, the slope in the modeled density profiles below 150 m decreases  
368 much stronger than it is the case of the observed profiles. The observed profiles feature  
369 a generally higher potential density in the depth ranges between 250 m and 2000 m com-  
370 pared to the modeled profiles. The difference in the slope between modeled and observed  
371 profiles leads to strong differences in the depth of the isopycnal  $\sigma_\theta = 27.74 \text{ kg m}^{-3}$ . This  
372 in turn leads to increasing differences in the modeled and observed layer thicknesses of  
373 uLSW and dLSW within the third phase. The difference in the slope between modeled  
374 and measured profiles is diminishing below a depth of 2200 m, which leads to a reduced  
375 spread in the depth of the isopycnal  $\sigma_\theta = 27.80 \text{ kg m}^{-3}$ , between modeled and measured  
376 profiles.

377 At the beginning of phase IV (1999 and 2001), modeled and observed density profiles  
378 reveal a comparable slope between 200 m and 2200 m. In 2003 and 2005, the depth of  
379 the isopycnals increased in the range between 250 m and 1000 m. In this depth range the  
380 modeled density profile of phase four indicate a more linear behaviour when compared to  
381 the observed profiles. Both, modeled and observed density profiles indicate In the depth

382 range from 1000 m to 2000 m a more linear density behaviour, where the observed density  
383 profiles have a stronger slope and more underlying variability

384 Fig. 6 presents modeled (solid lines) and measured (dashed lines ) vertical temperature  
385 profiles in the central Labrador Sea for the four different phases. In 1990, during the  
386 phase of increasing dLSW thickness, modeled and measured temperature profile agree  
387 well, although the measured profile shows a more gradual temperature decrease in the  
388 upper 500 m. The FESOM model is not able to reproduce the temperature increase be-  
389 tween 2100 m and 2400 m. For the years 1992, 1993 and 1994, modeled and measured  
390 temperature profiles indicate a general offset of  $\sim 0.15$  °C with the model profiles being  
391 warmer. Also here the measured profiles show a more gradual temperature decrease in  
392 the upper layers.

393 The years 1996, 1997, 1998 in phase III feature a similar depth evolution between the  
394 modeled and measured temperature profiles for the upper 100 m of the water column as  
395 well as in the depth range between 500 m and 2000 m. The model is not able to reproduce  
396 the entire depth variability between 500 m and 2000 m. The model is also not able to  
397 simulate the gradual temperature decrease between 100 m and 500 m or the temperature  
398 increase below 2000 m. At the beginning of phase IV (1999 and 2001), modeled and  
399 measured temperature profile reveal a comparable evolution in the range between 500 m  
400 and 2000 m. Although the entire depth variability of the observed profiles could not be  
401 reproduced in the model. The measured temperature profile of 1999 features in the depth  
402 range between 100 m to 500 m a more gradual temperature decrease, while the modeled  
403 profile features for this depth range reveals even a slight increase in temperature. The  
404 modeled temperature profiles for 2003 and 2005 have the tendency to underestimate the

405 measured temperature profiles in the depth range of 100 – 400 m as well as below 1400 m  
406 and to overestimate the temperature in the depth range between 400 m and 1400 m.  
407 Fig. 7 shows modeled (solid lines) and measured (dashed lines ) vertical salinity profiles  
408 in the central Labrador Sea, during phase I-IV. Throughout phase I-III and also at the  
409 beginning of phase IV (1999 and 2001) the FESOM model is able to reproduce the slope  
410 and evolution of the measured salinity profiles in the upper 2000 m of the water column.  
411 But the modeled salinity profiles reveals a general offset towards lower salinities when  
412 compared to the measured profiles. At the end of phase IV (2003 and 2005) modeled and  
413 measured profiles diverge.

#### 5.4. Comparison of modeled and measured Labrador Sea AR7W cruise sections

414 Due to rough winter conditions in the Labrador Sea, most available cruise sections were  
415 measured in late spring to late summer. In the following, we compare two simulated  
416 and measured hydrographic AR7W sections of the World Ocean Circulation Experiment  
417 (WOCE, <http://cchdo.ucsd.edu>) and follow-up programs. The section crosses the central  
418 Labrador Sea from the Canadian towards the Greenland continental shelf. Observational  
419 data were retrieved from <http://cchdo.ucsd.edu>. Concerning years with highest dLSW  
420 and uLSW layer thicknesses, data of the R/V Hudson cruises 93019/1 carried out in June  
421 1993 and 2002/32 conducted in July 2002, respectively, were considered as appropriate  
422 representatives (Figs. 8 (a), (b)). The corresponding AR7W cross sections of the FESOM  
423 model are presented in Figs. 8 (c) and (d). We are aware that the area of maximum  
424 deep water formation in the model is slightly shifted to the northwest when compared  
425 to observed MLD (see Fig. 2), which provokes us to expect a certain difference in the



426 modeled and measured cross sections. However, to assure a better comparability for the  
427 reader, also in terms of bottom topography, we show here the same AR7W cruise line for  
428 the modeled and measured sections.

429 The measured data from the AR7W line in June 1993 (Fig. 8a) feature a thick layer  
430 of dLSW. This massive dLSW body was gradually built up by a strong vertical mixing  
431 in the spring of 1993 and an intense winter time convection in the preceding three years  
432 [*Lazier et al.*, 2002; *Kieke et al.*, 2006; *Yashayaev and Loder*, 2009]. The observational  
433 data feature a maximum dLSW layer thickness of 2150 m in the central Labrador Sea  
434 and a minimum dLSW layer thickness of  $\sim 1000$  m on the continental slope. The uLSW  
435 mode water has a very limited thickness of around 200 m.

436 The corresponding modeled cross section in Fig. 8c reveals on the first view a perceptible  
437 deviation from the observed section, which can be mostly attributed to the shift between  
438 modeled and observed maximum MLD. The western part of the model Labrador Sea cross  
439 section is occupied by a lighter water body that reaches from  $\sim 300$  m down to a depth  
440 of 2200 m, as a consequence of the northwestward shift of the deep convection area in the  
441 model (see Fig 2b). Fig. 9a shows a horizontal mean density distribution in the northwest  
442 Atlantic, which indicates that the location of the dense water is more concentrated on the  
443 northeastern part of the modeled Labrador Sea. In the model this leads to the formation  
444 of a tongue of lighter water in the southern part of the Labrador Sea, which is obvious  
445 in the model data at the AR7W line. Nevertheless, the potential density of this tongue  
446 is still in the defined range of the dLSW. Due to this fact, the vertical location of the  
447  $\sigma_\theta = 27.68, 27.74$  and  $27.80 \text{ kg m}^{-3}$  isopycnals and the layer thickness of the dLSW and  
448 uLSW in the central Labrador Sea are hardly affected. However, this is not the case for

449 the area of the Canadian shelf, where big differences in the location of the isopycnals  
450 can be found in the modeled cross section. The depth of the  $\sigma_\theta = 27.8 \text{ kg m}^{-3}$  isopycnal  
451 within the model in June 1993 is around 350 m lower than in the observed cruise section.  
452 Also the characteristic bowl structure of the observed  $\sigma_\theta = 27.8 \text{ kg m}^{-3}$  isopycnal close  
453 to the continental slope is missing in the modeled AR7W section. The depth levels of  
454 the measured and simulated isopycnals  $\sigma_\theta = 27.68, 27.74 \text{ kg m}^{-3}$  are quite similar in the  
455 central Labrador Sea. On the eastern and western boundary of the Labrador Sea the  
456  $\sigma_\theta = 27.68, 27.74 \text{ kg m}^{-3}$  isopycnals differ from the measured cruise section, but this is  
457 also a consequence of the northwestward shift of the deep convection region in the model.  
458 The AR7W cruise section in July 2002 (Fig. 8b), shows, in comparison to 1993, a quite  
459 thick uLSW layer, with an average layer thickness of  $\sim 850$  m. The thickness of the dLSW  
460 layer has decreased clearly. In 2002, the depth of the vertical ventilation has decreased so  
461 much, that the dLSW was not renewed anymore from the surface during winter time (see  
462 Fig. 3a). The decrease in the dLSW layer is due to the deepening of the  $\sigma_\theta = 27.74 \text{ kg m}^{-3}$   
463 isopycnal. Also the depth of the  $\sigma_\theta = 27.68 \text{ kg m}^{-3}$  isopycnal deepens by  $\sim 200$  m in the  
464 central Labrador Sea. The depth of the  $\sigma_\theta = 27.80 \text{ kg m}^{-3}$  isopycnal remains almost the  
465 same between summer 1993 and 2002.

466 The corresponding AR7W model section in July 2002 (Fig. 8d) reveals a similar behaviour,  
467 with a thickened uLSW layer. The western Labrador Sea features slightly lighter water  
468 masses within the uLSW layer, which are again a consequence of the northwestward shift  
469 of the deep convection area (see Fig. 9b). From 1993 until 2002, the  $\sigma_\theta = 27.74 \text{ kg m}^{-3}$   
470 isopycnal sinks to a depth of  $\sim 1400$  m, while the  $\sigma_\theta = 27.80 \text{ kg m}^{-3}$  isopycnal remains  
471 at the same depth, which decreases the dLSW layer in the model. Also here the model

472 indicates deficiencies in reproducing the observed bowl structure of the  $\sigma_\theta = 27.80 \text{ kg m}^{-3}$   
473 isopycnal close to the continental slope.

## 5.5. Relationship between changing dLSW formation and changing surface forcings

474 It is known from observations that LSW formation is initiated/modulated by atmo-  
475 spheric surface buoyancy forcing during winter conditions [*Lab Sea Group*, 1998; *Marshall*  
476 *and Schott*, 1999; *Lazier et al.*, 2002]. The switch between the formation of different LSW  
477 classes depends on the strength and lateral structure of the surface buoyancy forcing fields.  
478 In the following we want to analyze the relationship between the formation of a certain  
479 class of Labrador Sea mode water and different atmospheric fields of net heat flux to the  
480 ocean, atmospheric surface temperature, sea level pressure and thermal and haline surface  
481 density flux.

482 To analyze the responsible forcing mechanism in the model that causes fluctuation in the  
483 thickness of the dLSW class we apply a Composite Map Analysis (CMA) [*von Storch and*  
484 *Zwiers*, 2003] between a layer thickness time series of a certain LSW class and the afore-  
485 mentioned atmospheric forcing fields. For the CMA we use the detrended layer thickness  
486 time series of the January, February March (JFM) averaged dLSW class, because it is  
487 the most prominent LSW product observed in the last five decades, and it features the  
488 most pronounced layer thicknesses in JFM (see Fig. 4). For the forcing fields in the CMA  
489 we use the boreal winter season averaged over December, January and February (DJF),  
490 when we expect the highest magnitude in the surface buoyancy forcing and to account for  
491 a response time of one month for the onset of the winter time convection. The results of  
492 the CMA are affected to a minor extent when the dLSW index is changed to DJF or the

493 forcing fields are changed to JFM. To get a more meaningful result regarding the CMA,  
494 the analysis was extended to the entire simulation period from 1958 to 2009, although  
495 the results were very similar when they were limited to the period 1988-2009. For the  
496 CMA only those years were considered when the dLSW time series was higher than +0.75  
497 standard deviation (high composite map) and lower than  $-0.75$  standard deviation (low  
498 composite map), respectively. This threshold was chosen as a compromise between the  
499 strength of the oceanic signal and the number of maps that are necessary to have an  
500 appropriate representation of the mean field. The analysis revealed that the results are  
501 less influenced by the exact threshold values in the CMA (not shown).

502 First, we determine the response time of the ocean in the Labrador Sea to changes in  
503 the atmospheric forcing. A lag-correlation analysis between the detrended dLSW index  
504 for JFM and the detrended NAO index for JFM (Fig. 10) covering the period 1958-2009  
505 reveals a significant correlation at a lag of 1-3 years with a maximum correlation of 0.52  
506 (99.9% significance level, using the method of *Dawdy and Matalas* [1964] to calculate the  
507 significance of auto-correlated time series), when the NAO leads dLSW variability by one  
508 year. Fig. 11 presents the resulting composite maps when the modeled JFM dLSW in-  
509 dex is put into relation to the winter atmospheric surface temperature of the forcing and  
510 the modeled net heat flux to the ocean. Only those years are taken into account when  
511 the detrended JFM dLSW index is 0.75 above/below standard deviation (red and blue  
512 bars in Fig. 10). For the calculation of the composite maps, a lag of  $-1$  year between  
513 the oceanic index and the atmospheric field is considered (atmosphere leads). The left  
514 column of Fig. 11 presents the high (Fig. 11a), low (Fig. 11c) and difference (Fig. 11e,  
515 high minus low) composite maps of atmospheric surface temperature with respect to the

516 dLSW index. In years with a high dLSW index the mean surface temperature shows a  
517 strong negative anomaly of  $-3\text{ }^{\circ}\text{C}$  to  $-6\text{ }^{\circ}\text{C}$  in the northwestern Labrador Sea and a  
518 weak positive anomaly of  $2\text{ }^{\circ}\text{C}$  northeast of Iceland. During low dLSW years, the pattern  
519 is reversed: positive temperature anomalies are found in the Labrador Sea and negative  
520 anomalies northeast of Iceland. The difference composite map displays, in summary, that  
521 the atmospheric surface temperature in the northwest Labrador Sea cools down by up  
522 to  $10\text{ }^{\circ}\text{C}$  between a low and a high dLSW formation event. Additionally, a warming of  
523  $4\text{ }^{\circ}\text{C}$  occurs northeast of Iceland. The right column of Fig. 11 displays the composite  
524 maps of the net heat flux to the ocean (downward heat flux positive) in relation to the  
525 JFM dLSW index. The heat flux indicates a strong negative anomaly of  $-100\text{ W m}^{-2}$   
526 over the central Labrador Sea during events with a high dLSW thickness. The positive  
527 anomaly that extends southwards from the northwest coast of Greenland (Fig. 11b) is  
528 caused by an increased sea ice transport through Davis Strait ( $57.7^{\circ}\text{W}$ ,  $66.9^{\circ}\text{N}$ , Fig. 13a)  
529 and subsequent melting. During low dLSW, the Labrador Sea has a positive net heat  
530 flux of  $60\text{ W m}^{-2}$ . Between high and low dLSW formation events (Fig. 11f) the net  
531 heat flux over the Labrador Sea reveals a strong negative anomaly of  $-175\text{ W m}^{-2}$ . This  
532 strong negative anomaly triggers a further cooling of the sea surface temperature and the  
533 formation of denser water masses. Additionally, we find that the modeled net heat flux  
534 mainly reflects the changes in the sensible heat flux, while the latent heat flux is only in  
535 the order of 20% of the sensible heat flux (not shown).

536 The contour lines in Fig. 11 show furthermore the high, low and difference composite  
537 maps between the dLSW index and the sea level pressure (SLP). In the high and low  
538 composite maps (Fig. 11 (a)-(d)), the Azores High and Icelandic Low pressure systems

539 are indicated by red and black contour lines, respectively. The difference composite maps  
540 of the SLP features a clear dipole structure with a negative center of  $-5$  hPa close to Ice-  
541 land and a less expressed positive center of 3 hPa over the central North Atlantic. This  
542 dipole-like structure resembles to a large degree the spatial fingerprint of the NAO [*Barn-*  
543 *ston and Livezey, 1978; Hurrell, 1995*]. During increased dLSW formation (Fig. 11a, high  
544 composite map) the Icelandic Low is deepened. Due to the increased pressure gradient  
545 between the Azores High and the Icelandic Low, the northwesterly winds are intensified  
546 and bring very strong and cold winds from North Canada and the Canadian Archipelago  
547 to the Labrador Sea. These winds lead to a strong cooling of the surface and increase the  
548 net heat loss of the ocean, which can be seen in the high composite maps of the surface  
549 temperature and the net heat flux (Fig. 11a, 11b).

550 To directly analyze the influence of the buoyancy forcing, we applied a CMA to the sur-  
551 face density flux to the ocean (calculation follows *Josey [2003]*). We distinguish here  
552 between the thermal and haline related contributions to the surface buoyancy forcing in  
553 the Labrador Sea. Fig. 12 presents the composite map between the JFM dLSW index  
554 and the DJF thermal (left column) and haline (right column) surface density flux. The  
555 thermal surface density flux takes into account the contributions of sensible, latent and ra-  
556 diative heat fluxes, respectively. The haline surface density flux includes the contributions  
557 of precipitation, snow, evaporation, sea ice formation and sea surface salinity restoring.  
558 The left column of Fig. 12 shows the high (Fig. 12a), low (Fig. 12c) and difference (Fig.  
559 12e) composite maps of the dLSW index and the thermal surface density flux. Positive  
560 values indicate an increase in the surface density of the ocean. During years with a high  
561 dLSW thickness, the thermal contribution of the surface density flux is positive in the

562 central Labrador Sea and Irminger Sea as well as southwest of Iceland with a maximum  
563 value of  $1.75 \cdot 10^{-6} \text{ kg}/(\text{m}^2\text{s})$  in the central Labrador Sea. The increase of surface density  
564 is mainly related to an increased heat loss by sensible heat during years with high dLSW  
565 formation. The coastal areas of the Labrador and Irminger Seas, however, indicate a neg-  
566 ative thermal surface density flux. Here, the major influence is provided by the presence  
567 of sea ice which largely reduces the heat exchange between ocean and atmosphere. The  
568 negative thermal density flux in the northwestern Labrador Sea is related to a massive  
569 sea ice export through Davis Strait ( $57.7^\circ\text{W}$ ,  $66.9^\circ\text{N}$ , Fig. 13a). In years with a low  
570 dLSW thickness the central Labrador Sea reveals a negative thermal surface density flux  
571 which is again mainly related to an increased sensible heat flux during that phase. The  
572 northwestern Labrador Sea as well as the Davis Strait feature a slightly positive thermal  
573 density flux which indicates a reduced sea ice coverage.

574 The haline surface density flux (Fig. 12, right column) is dominated by the formation,  
575 melting and advection of sea ice. The contributions of precipitation, snow, evaporation  
576 and sea surface salinity restoring are smaller by a factor of 10 (not shown), but also the  
577 magnitude of the thermal density flux is almost an order of magnitude smaller than the  
578 density flux from sea ice melting, when comparing Fig. 12a and Fig. 12b . During years  
579 with high dLSW, the high composite map of the haline surface density flux (Fig. 12b)  
580 features a decrease in the surface density in the area of the LSBCS. This is similar in the  
581 Irminger Sea, which reveals an extreme value of  $-16 \cdot 10^{-6} \text{ kg}/(\text{m}^2\text{s})$ . The high decrease  
582 in the surface density of the Labrador Sea is related to an intensified transport and sub-  
583 sequent melting of sea ice through Davis Strait. The high formation rate of sea ice can  
584 be seen in positive surface density fluxes of  $\sim 4 \cdot 10^{-6} \text{ kg}/(\text{m}^2\text{s})$  at the shelf areas and the

585 associated extraction of freshwater. This is proven by the time evolution of the sea ice  
586 transport through a Davis Strait cross section at  $61.7^{\circ}\text{W}$ ,  $66.6^{\circ}\text{N}$  -  $53.7^{\circ}\text{W}$ ,  $67.2^{\circ}\text{N}$  (Fig.  
587 13a). Due to intense westerly winds during the high dLSW phase, sea ice is transported  
588 towards the location of the LSBCS. The melting of sea ice releases large quantities of  
589 freshwater at the surface and causes a high negative haline surface density flux. One  
590 can ask why this high negative haline surface density flux from the sea ice melting has  
591 a minor influence on the central Labrador Sea. Fig. 13b shows the difference composite  
592 map of the winter salinity of a northwest to southeast vertical cross section through the  
593 Labrador Sea with the JFM dLSW index. This section has a positive salinity anomaly of  
594  $\sim 0.25$  psu on the shelf at around  $63^{\circ}\text{W}$  which is caused by intensified sea ice formation  
595 in Davis Strait and subsequent advection of a positive salinity anomaly in a depth of  
596 around  $\sim 100$  m southwestward along the shelf during high dLSW phase. The negative  
597 salinity anomaly of  $\sim -0.25$  psu at around  $60.5^{\circ}\text{W}$  is related to the melting of sea ice  
598 and the release of fresh water at this location. On this cross-section the negative anomaly  
599 is mostly confined to the location of the LSBCS. Only a minor interaction between the  
600 LSBCS and the central Labrador Sea was observed in the model. This interaction could  
601 be caused by a slow horizontal mixing process indicated by the salinity evolution in Fig.  
602 3c. In years with a low dLSW thickness (Fig. 12d) the whole central Labrador Sea has a  
603 zero to slightly negative surface density flux which is mostly related to precipitation (not  
604 shown). Only the western part of the LSBCS and the eastern coast of Greenland feature  
605 positive values in the low composite map of the haline surface density flux. This is again  
606 related to an increased sea ice formation.



## 6. Discussion

607 In this study we have investigated the deep water formation in the Labrador Sea using  
608 a global FESOM model setup that has an increased, but non-eddy-resolving, regional res-  
609 olution in the deep water formation areas of the North Atlantic Ocean. This setup allows  
610 us to simulate the effect of regional deep water formation and its global consequences be-  
611 yond the usual limitation of regional restricted models at moderate computational costs.  
612 A drawback of this kind of model class is, that the time-step  $\delta t$  of the entire setup is  
613 limited by the size of the smallest mesh triangle. However, the commonly used nesting  
614 techniques have the problem that their interaction between different scales is usually just  
615 one directional.

616 The general climatology of this setup was evaluated in *Scholz et al.* [2013]. Here, we con-  
617 centrate on the variability of the dLSW and uLSW layer thicknesses, which are formed  
618 during the winter and spring deep convection for the period 1988-2009. It is shown that  
619 the model is able to reproduce the temporal evolutions of the potential density, temper-  
620 ature and salinity since the late 1980s as shown by e.g. *Yashayaev* [2007] and *Yashayaev*  
621 *and Loder* [2009]. The temporal evolution reveals four different phases of LSW formation  
622 which differ significantly from each other. The first phase (1988-1990) is characterized in  
623 the FESOM model by a rapid increase in the production of spring dLSW. In a second  
624 phase (1991-1994) the Labrador Sea remained in a stable period of cold and fresh deep  
625 convection with a maximum convection depth of  $> 2000$  m. The modeled time evolution  
626 of the surface to intermediate ocean temperature shows in that phase an abrupt drop of  
627  $\sim 0.7$  °C, which is associated with a sudden onset of deep convection and downward venti-  
628 lation of cold surface waters. This trend in the ocean temperature of the Labrador Sea of

629 the 1990s is also documented by observational studies [*Curry et al.*, 1998], which refer this  
630 strong trend to an exceptional high positive NAO. In contrast, the time evolution of the  
631 salinity shows a more gradual decrease of  $\sim 0.04$  psu within the first two phases. Analysis  
632 of a Davis Strait cross section (Fig. 13a) revealed that the period from 1989 to 1995 is  
633 characterized in the model by an increased sea ice export from Baffin Bay that features  
634 its highest value in 1990. In the same time, this period is characterized also by a strong  
635 interannual variability with a drop in Davis Strait sea ice transport from 1991 to 1992.  
636 Sea ice is transported by surface winds from the area of the Davis Strait to the location  
637 of LSBCS and leads to a high fresh water input caused by sea ice melting (Fig. 13b). The  
638 slow decrease in salinity seems to originate from a horizontal mixing process with a fresher  
639 LSBCS. Furthermore, we see in the modeled data a freshening trend between 1988-1994  
640 in a depth below 2000 m. This freshening trend has its origin already in the late 1960s  
641 (not shown), from 1969 until 1994, when the salinity decreased gradually by 0.04 psu.  
642 This value is comparable to other model results of *Wu et al.* [2004]. Observational studies  
643 of *Dickson et al.* [2002] confirm a similar decrease of 0.012 psu per decade, for the period  
644 1965-2000, in the salinity evolution of the the deep Labrador Sea and the entire deep  
645 North Atlantic Ocean. Our model data indicate for the same period a salinity decrease  
646 of 0.010 psu per decade. *Dickson et al.* [2002] account this salinity decrease to a continu-  
647 ously freshening of the overflow water masses due to an intensified freshwater input from  
648 sea ice melting. Analysis of different cross sections within our model (e.g. Denmark Strait,  
649 Iceland Scotland Ridge) (not shown) support this theory [*Scholz et al.*, 2013]. Studies of  
650 *Yashayaev and Clark* [2005] suggest that the freshening trend has stopped, and reversed  
651 since the mid 1990s to an increasing salinity. Also the FESOM model results of [*Scholz*

652 *et al.*, 2013] feature an increase in the salinity of the overflow water masses since 1995.

653 The third phase (1995-1998) is dominated by an increased production of the uLSW and  
654 a reduction of dLSW, which becomes isolated from the supply of cold and fresh surface  
655 waters. The third phase goes along with a drop in the NAO-index from 1995-1996 (Fig.  
656 4) in the model. The downward ventilation of the surface water and the renewal of dLSW  
657 mode water in the winter time convection weakens. The previously formed homogeneous  
658 dLSW body starts to slowly degenerate due to horizontal mixing with a warmer and  
659 saltier LSBCS [*Myers et al.*, 2007]. This leads to a gradual increase in temperature and  
660 salinity which then extends over the entire fourth phase from 1999 to 2009. Also the  
661 deep ocean levels below 2500 m, which mainly originate from the overflow water masses,  
662 show a moderate increase in the salinity between 1995 and 2009. This slight increase in  
663 the modeled salinity is connected to the observed reversal in the salinity trend after 1995  
664 documented by *Yashayaev and Clark* [2005] and *Yashayaev and Loder* [2009].  
665 *Yashayaev and Loder* [2009] have used observations to identify a period of “dense and  
666 voluminous” LSW mode water between 1987-1994. Their mode of LSW extends into a  
667 depth of 2400 m and is equivalent to the dLSW formation event captured by the FESOM  
668 model. A second event, from 2000 to 2003, was described by *Kieke et al.* [2006, 2007] and  
669 *Yashayaev and Loder* [2009] which reached depths of  $\sim 1300$  m. This event is analogous  
670 to the increased formation of the uLSW mode water in our model between 1999 to 2009  
671 (Fig. 3).

672 The increase in the modeled temperature and salinity (see Fig. 3b and 3c) between 500 m  
673 and 1500 m in the period from 2003 to 2008 is mostly caused by a sustained high reduction  
674 of the oceanic heat loss to the atmosphere. The warming and salinity increase for this

675 period in the model could not be related explicitly to a horizontal mixing process with  
676 the LSBCS. Fig 14 shows the time evolution of the observed (blue line) Hadley Center  
677 sea surface temperature (SST) from *Rayner et al.* [2003] and the modeled FESOM SST,  
678 both averaged over the Labrador Sea index area in winter (DJF) for the period 1988-2009.  
679 Between 2003 and 2007 both time series feature a strong warming period in winter. The  
680 observed SST time series indicates two exceptional high warming events around 2004 and  
681 2005 that were above 125% of standard deviation (see dashed lines). The period from  
682 2005 to 2006 is characterized in the model by a extreme negative phase of NAO (see Fig.  
683 4). The modeled FESOM SST time series has five exceptional high warming events that  
684 were above 125% of standard deviation, which run synchronously with the surface air  
685 temperature of the COREv2 forcing field (black line). This resulted in the model in an  
686 anomalously small heat flux out of the ocean and to a pronounced reduction of the surface  
687 buoyancy forcing over the Labrador Sea between 2003 and 2007. The sustained loss in  
688 the buoyancy forcing was strong enough to form (in the model) a kind of new class of  
689 Labrador Sea Water that was lighter than uLSW, which is also the cause for the sinking  
690 of the isopycnal  $\sigma_\theta = 27.68 \text{ kg m}^{-3}$  and the decrease in the uLSW layer thickness within  
691 this period. The drop in the surface buoyancy forcing results in an accumulation of heat  
692 and salt in the intermediate layers, due to a reduction of the vertical ventilation and the  
693 associated reduced renewal of the uLSW during winter time convection. After 2007, when  
694 the SST in the model Labrador Sea decreases, enough surface buoyancy forcing is built  
695 up. The system goes back to a more “normal” uLSW formation, as its shown in Fig 3a  
696 and Fig. 4. Due to the missing preconditioning and weak surface heat loss before 2007  
697 we are also not able to simulate the return of the deep convection to a depth of  $\sim 1800 \text{ m}$

698 for the winter 2007-2008 as described by *Vage et al.* [2009]. A comparable increase in the  
699 temperature and salinity of the intermediate layers between 2003 and 2007 is documented  
700 in the observations of *Yashayaev and Loder* [2009], with the difference that here the loss  
701 in surface buoyancy forcing was in an order that still uLSW could be formed, as its proved  
702 by the observational derived uLSW time series shown in Fig. 4.

703 Major changes of the model mixed layer depth of the deep water formation areas were  
704 observed: i) the mixed layer depth in the Labrador Sea is reduced by  $\sim 60\%$  between  
705 1988-1995 and 1996-2009 and ii) the decrease in the mixed layer depth of the Irminger Sea  
706 is even more drastic ( $\sim 70\%$ ). The main deep convection cell in the Labrador Sea in our  
707 model is shifted to the northwest. This bias could be explained by a lack of eddy-induced  
708 mixing with the West Greenland Current in the Labrador Sea caused by the limited hor-  
709 izontal resolution as described by *Chanut et al.* [2008]. They argued that the existence of  
710 eddies that mix with the warm Irminger Current, the so-called Irminger Rings, can limit  
711 the northward extent of the main deep convection area. Also a reduced liquid freshwater  
712 export from the Arctics through the CAA and Davis Strait as is observed in our model  
713 setup (not shown) could lead to a densification and increased mixed layer thickness of the  
714 modeled northwestern Labrador Sea [*Wekerle et al.*, 2013].

715 The results for the layer thickness of the LSW mode waters (Fig. 4) are also in good  
716 agreement with observations [*Curry et al.*, 1998; *Kieke et al.*, 2006, 2007; *Yashayaev*,  
717 2007; *Yashayaev et al.*, 2007; *Rhein et al.*, 2011] except for the period 2003-2007 when  
718 the FESOM model switched to the formation of a “new” kind of lighter LSW, due to  
719 insufficiencies of the atmospheric COREv2 forcing, which resulted in a deviating mod-  
720 eled uLSW and dLSW layer thickness. The offset in the transition rate from the low

721 uLSW layer thickness to the high uLSW layer thickness between model and observations  
722 might give a hint regarding a missing feedback mechanism from the ocean surface to the  
723 atmosphere within the model that could be related to the relatively sparse resolution  
724 but also to further temporal deficits of the atmospheric forcing reanalysis data. In the  
725 fourth phase, the observational derived dLSW layer thickness continues its decay at a  
726 rate (47.2 m/yr) that is higher than the simulated dLSW decay rate (34.7 m/yr). The  
727 dLSW was not renewed during the last two phases of its decay process. Thus, the decay  
728 is caused by the general ocean circulation in the Labrador Sea and over a wider extent of  
729 the North Atlantic Ocean. The deviating simulated dLSW decay rate within the fourth  
730 phase gives a hint to further model deficiencies in simulating the ocean circulation as well  
731 as the interaction of the central Labrador Sea with the surrounding currents and water  
732 masses due to a still insufficient resolution.

733 Our simulated dLSW data reveal further that the system that was “charged with dense  
734 water” in the period from 1991 to 1994, does not afterwards react instantaneous to a  
735 change in the NAO index, due to the memory effect of the Labrador Sea described by  
736 *Lazier et al.* [2002]. Based on observational data, *Curry et al.* [1998] suggest a general  
737 time lag of 2 – 4 years between the NAO index and dLSW index. Our model results  
738 indicate a smaller time lag of not more than 1 – 3 years. If the system is once “charged  
739 with dense water” and a massive dLSW body with a corresponding weak density strati-  
740 fication is built up, like in the period from 1991-1994, then also a lower surface buoyancy  
741 forcing can be sufficient enough to further produce dLSW as mentioned by *Lazier et al.*  
742 [2002]. In this case the system acts as a filter to short time fluctuations in the atmospheric  
743 forcing until the dLSW body further degenerates due to reduced surface buoyancy flux

744 and mixing with the LSBCS.

745 The analysis of the vertical potential density profiles revealed, that during phase I and II  
746 the model is able to reproduce a comparable vertical density structure. During phase III  
747 with decreasing dLSW thickness and at the end of phase IV, the model revealed clear defi-  
748 ciencies in reproducing the measured vertical density structure. The observed deficiencies  
749 in the modeled vertical profiles can be attributed in part to the much coarser vertical  
750 resolution of the model compared to the observations but also due to the spatial bias in  
751 the location of the convection center. The modeled vertical salinity profiles indicate a  
752 general offset to lower values when compared to observations, as is also proven in *Scholz*  
753 *et al.* [2013]. The comparison of the observed and modeled AR7W section data indicates  
754 a deeper location of the isopycnal  $\sigma_\theta = 27.80 \text{ kg m}^{-3}$  in the model, which can be explained  
755 by an insufficient production rate of Denmark Strait Overflow water (DSOW), which is  
756 usually the main contributor to the densest and deepest water mass in the Labrador Sea.  
757 The deficit of the model setup in producing DSOW is discussed in more detail by *Scholz*  
758 *et al.* [2013].

759 Different authors [e.g., *Marshall and Schott*, 1999; *Pickart et al.*, 2002, 2003; *Lazier et al.*,  
760 2002] assume that there is a set of required conditions in order to favor deep convection in  
761 the ocean: a weakly stratified water mass, a closed cyclonic circulation to trap the water  
762 masses and to prevent the surface waters from being advected, and the most important  
763 condition is a strong atmospheric winter time buoyancy forcing [*Pickart et al.*, 2003]. To  
764 investigate the atmospheric forcing conditions within our model we have applied a CMA  
765 between the dLSW index and the SLP field. We could clearly identify in the model that  
766 a pattern in the SLP field which has a low pressure center over Iceland is one of the main

767 triggers for the variability in the model LSW formation. *Dickson et al.* [1996] already  
768 assumed that the variability in the LSW formation, on longer time scales, is mainly in-  
769 fluenced by the atmospheric forcing. Based on CMA it is shown that a high dLSW index  
770 (Fig. 7) in our model setup is associated with a SLP pattern which resembles the positive  
771 phase of NAO: a deepened Icelandic Low and a strong Azores High. Associated to this  
772 SLP dipole-like structure is the advection of dry and cold polar air from the Canadian  
773 landmass over the relatively warm Labrador Sea, which induces an enhanced heat loss,  
774 leading to the formation of dense surface water masses and increased deep convection as  
775 described by a variety of authors [e.g., *Dickson et al.*, 1996; *Pickart et al.*, 2003].

776 Furthermore, we show from the analysis of the surface density flux that our index definition  
777 area, which is marked by the dashed lines in Fig. 12, is mostly dominated by the thermal  
778 contribution of the surface density flux, where the sensible heat flux is the main contrib-  
779 utor. In our simulation, the haline contributions, especially in the high dLSW phase, are  
780 determined largely by a regional contribution of sea ice melting that are confined to the  
781 LSBCS. This is in contradiction to the explanations of *Dickson et al.* [1988] and *Belkin*  
782 [2004], who suggested that the central Labrador Sea is strongly influenced by propagating  
783 negative salinity anomalies which are induced by melting of sea ice from different source  
784 regions, such as the Arctic Ocean or the Canadian Archipelago. We showed that within  
785 our model setup the central Labrador Sea is mostly shielded from the haline contributions  
786 of the surface density flux by the LSBCS. We detect only a minor interaction between  
787 the central Labrador Sea and the LSBCS by lateral mixing. The lack of lateral mixing  
788 with the LSBCS could be caused by an absence of eddy-induced mixing with the west  
789 Greenland Current [*Katsman et al.*, 2004], due to an insufficient eddy resolving resolution



790 in the model Labrador Sea. *Katsman et al.* [2004] described in an idealized regional model  
791 study that the existence of eddies, especially the so-called Irminger Rings are crucial for  
792 the lateral mixing and restratification process in the central Labrador Sea.

## 7. Conclusions

793 In this paper a FESOM model setup is used, which provides a compromise solution  
794 between a global coverage and a regional focus on the Labrador Sea. The FESOM ap-  
795 proach has the advantage that it is not limited by artificial lateral boundary conditions  
796 and allows at relatively moderate computational costs to simulate an adequate regional  
797 deep water formation and its potential global impact. We demonstrate that this model is  
798 suitable to simulate the spatio-temporal evolution of the layer thicknesses of the different  
799 LSW modes. The model succeeds in simulating the evolution of LSW indices that is in  
800 agreement with observed time series of *Curry et al.* [1998]; *Kieke et al.* [2006, 2007] and  
801 *Rhein et al.* [2011]. Based on these indices we show that the Labrador Sea in our global  
802 model setup can act as a low-pass filter to fluctuations in the NAO index, so that only  
803 persistent NAO events correlate with the dLSW index.

804 The period 2003-2007 indicates some discrepancies between the modeled and observational  
805 derived uLSW layer thickness. We could related these deviations to regional shortcom-  
806 ings in the COREv2 surface air temperature forcing field and discovered an extended  
807 warming period between 2003 and 2007 in the COREv2 data set [*Large and Yeager, 2009*]  
808 when compared to observational Hadley Center SST [*Rayner et al., 2003*]. This slightly  
809 extended warm period has a large effect on the modeled hydrography in the Labrador  
810 Sea and led to the production of an unrealistic light LSW. This demonstrates how ocean  
811 model evaluation relies not only on spatial but also temporal correct forcing data.

812 Our global model setup also confirms a dominance of the atmospheric circulation as one  
813 of the main triggers for the variability in the dLSW and uLSW layer thickness, which  
814 affects the deep water formation by increased heat loss and by intensified mixing. Our  
815 analysis of the thermal and haline surface density flux indicate that the central Labrador  
816 Sea is dominated by the thermal contributions of the surface density flux, while the ha-  
817 line contributions, that are dominated by the effects of sea ice melting, are limited in our  
818 model setup to the area of the LSBCS.

819 A next logical step will be the use of our model approach for further studies regarding the  
820 variability of deep water mass formation areas, like the Irminger Sea or Greenland Sea  
821 and their influence on the large-scale ocean circulation. In order to improve the lateral  
822 mixing processes in the Labrador Sea one needs to further increase the local resolution  
823 to be able to resolve eddy processes that could affect the deep water formation in the  
824 Labrador Sea.

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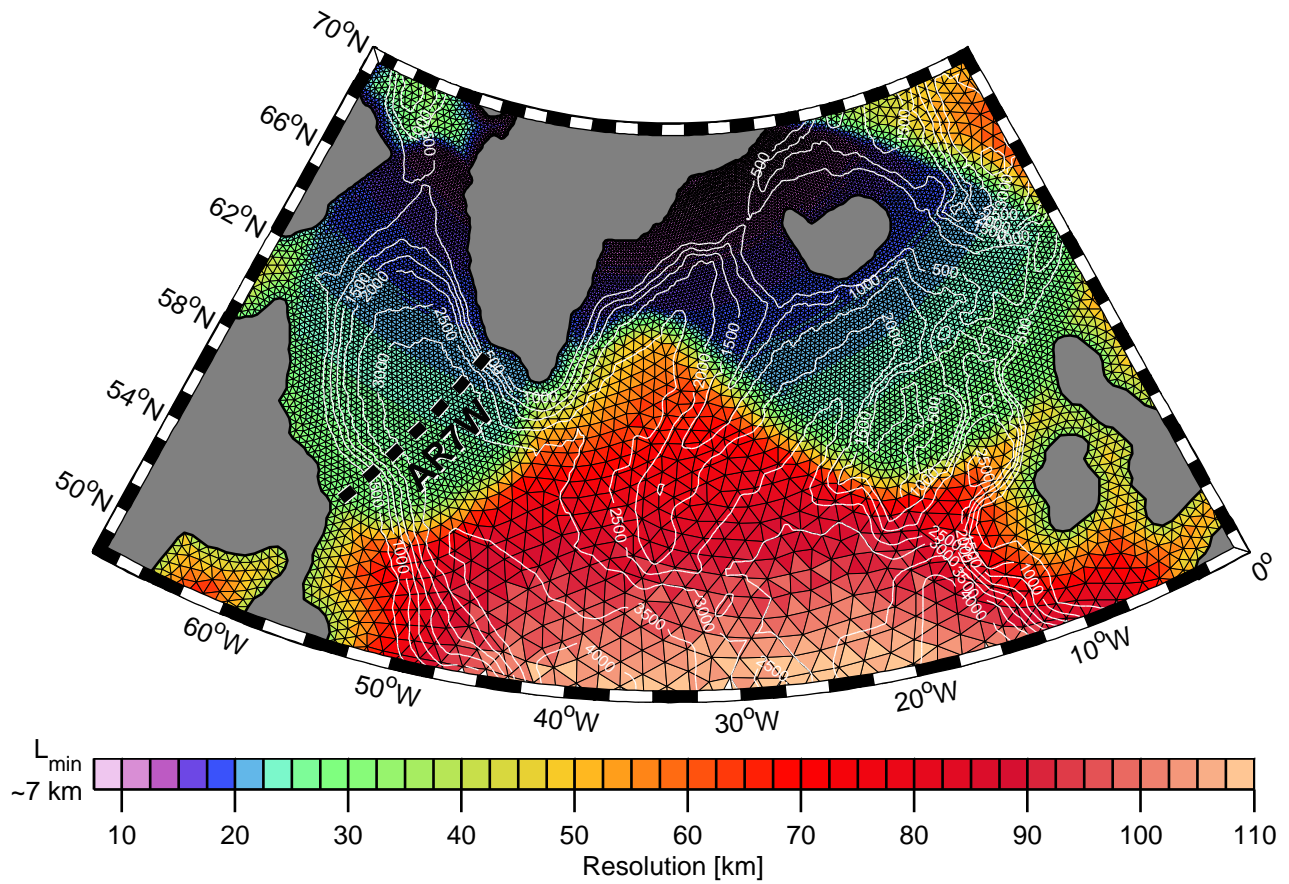
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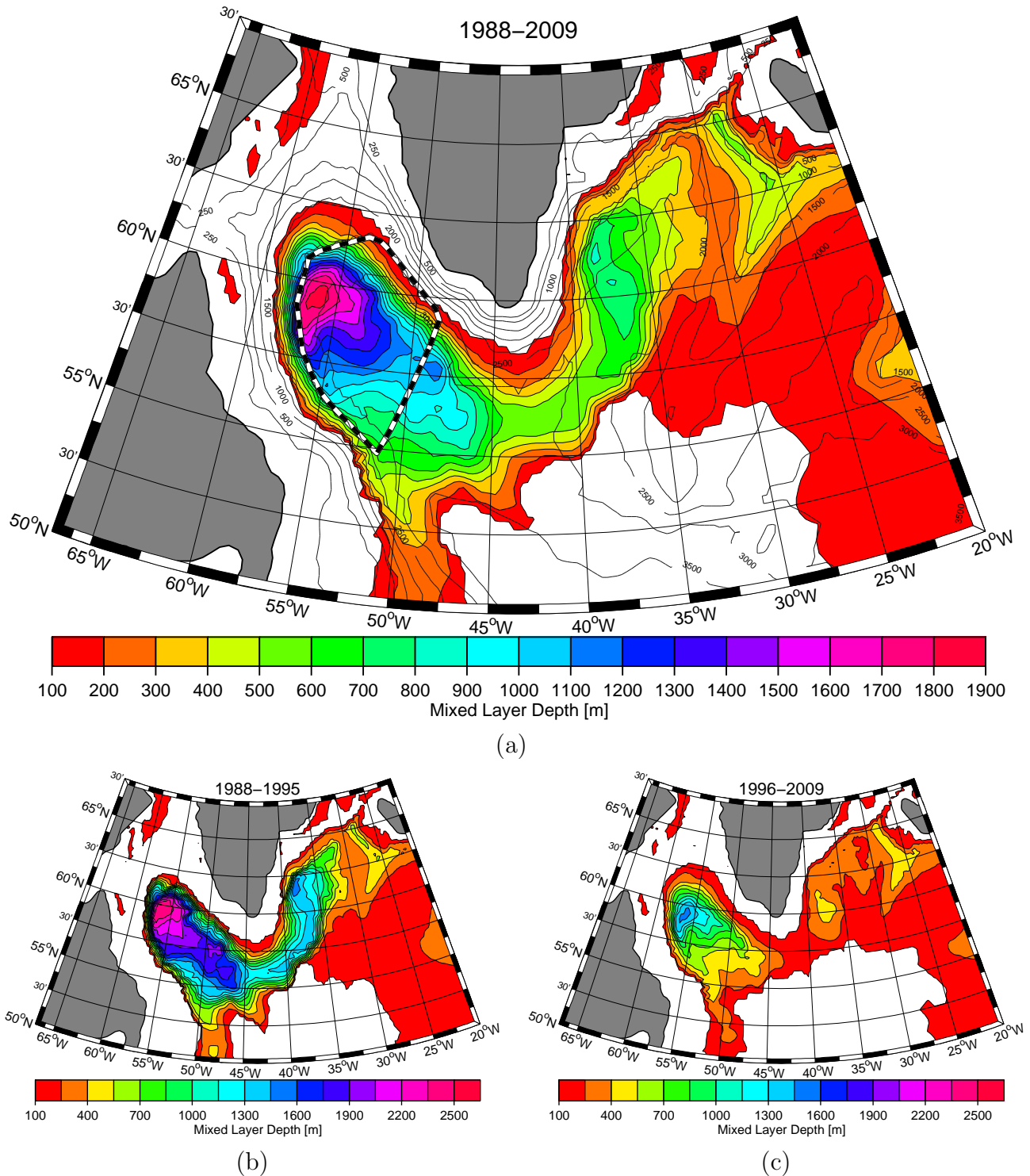
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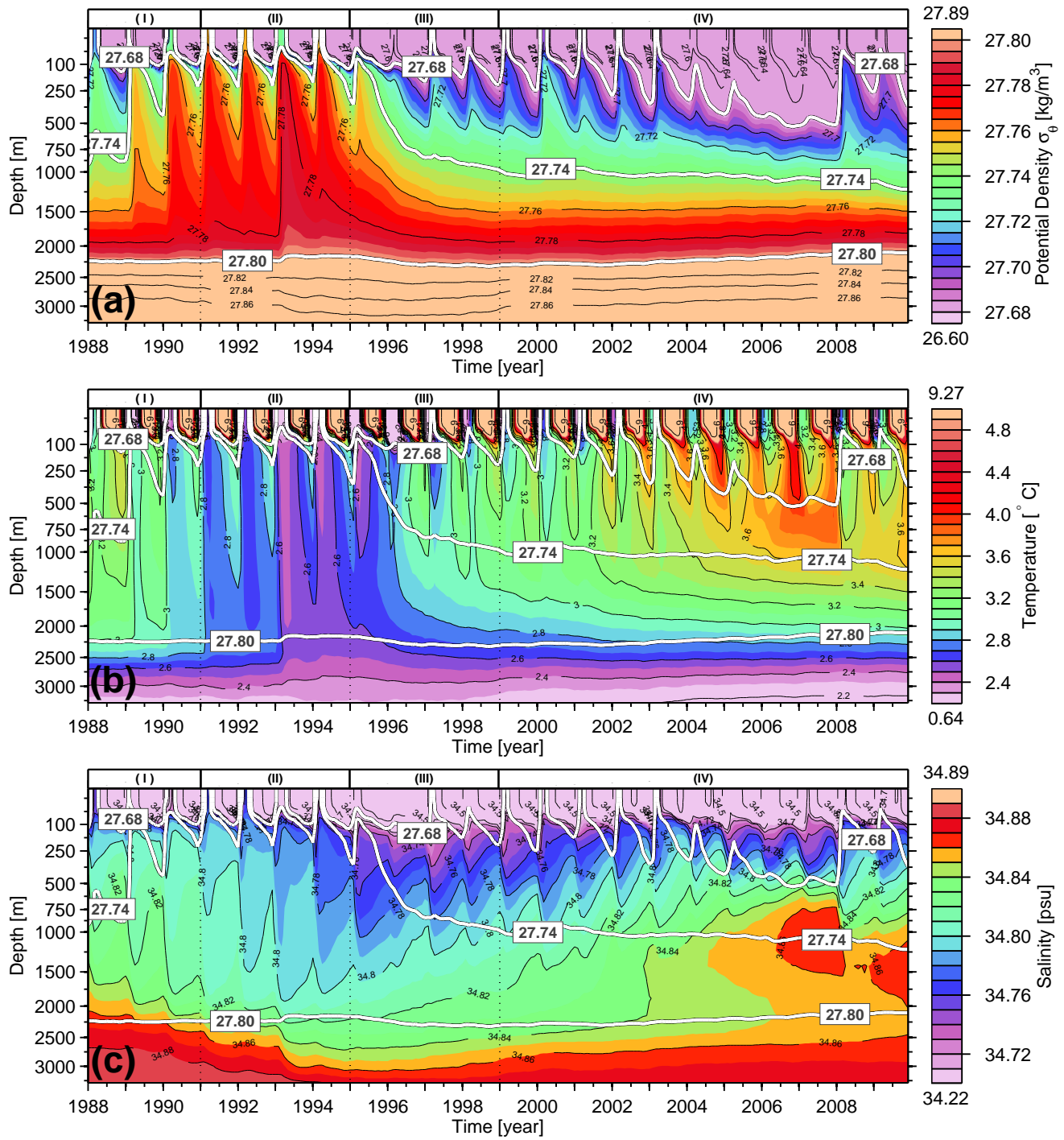


**Figure 1.** Regional resolution and bottom topography of the global model setup in the Northwest Atlantic Ocean. The dashed line marks the position of the AR7W cruise line [Lazier *et al.*, 2002].

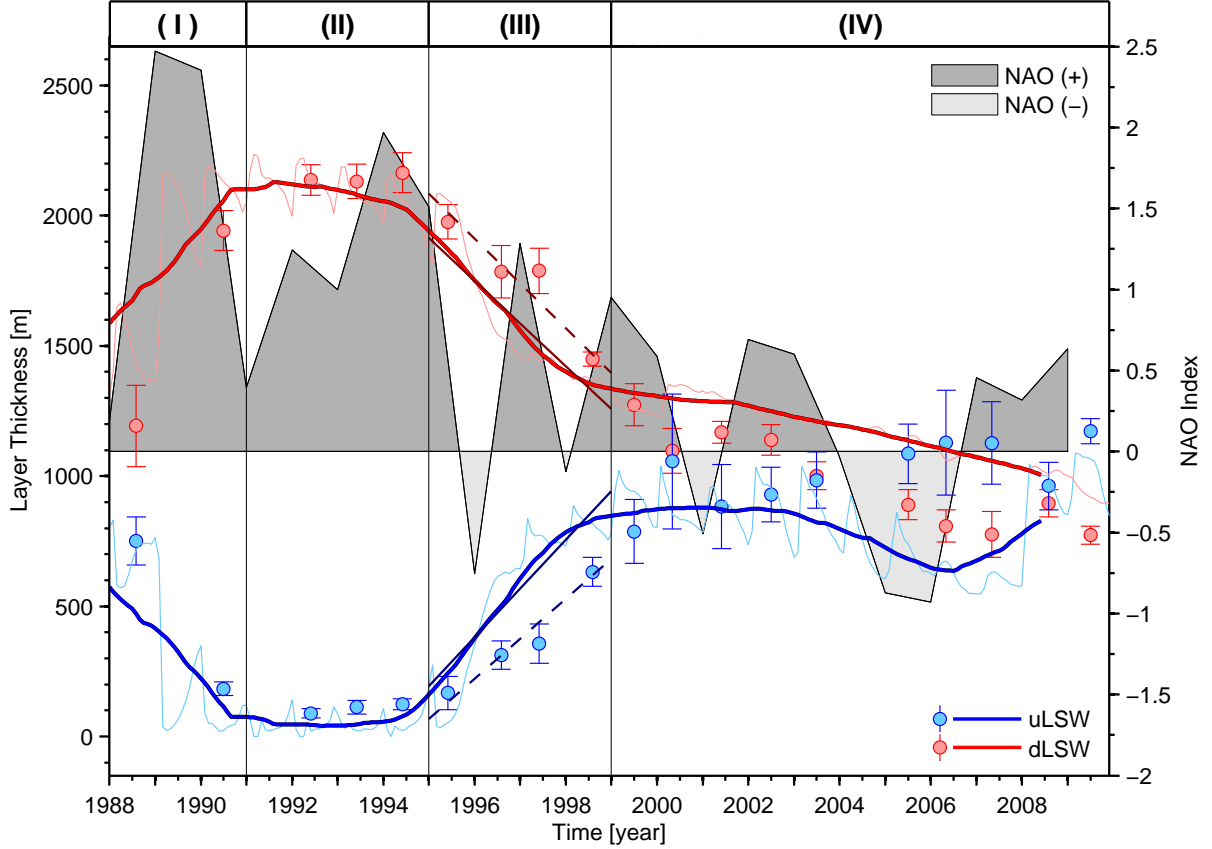


**Figure 2.** (a): Mixed layer depth ( $\geq 100$  m) for the month of March, shown for the North Atlantic and averaged over the period 1988-2009. Superimposed is the bottom topography (black contour line) of the model and the area (dashed line) considered for the time evolution indices shown in Fig. 3 and Fig. 4.

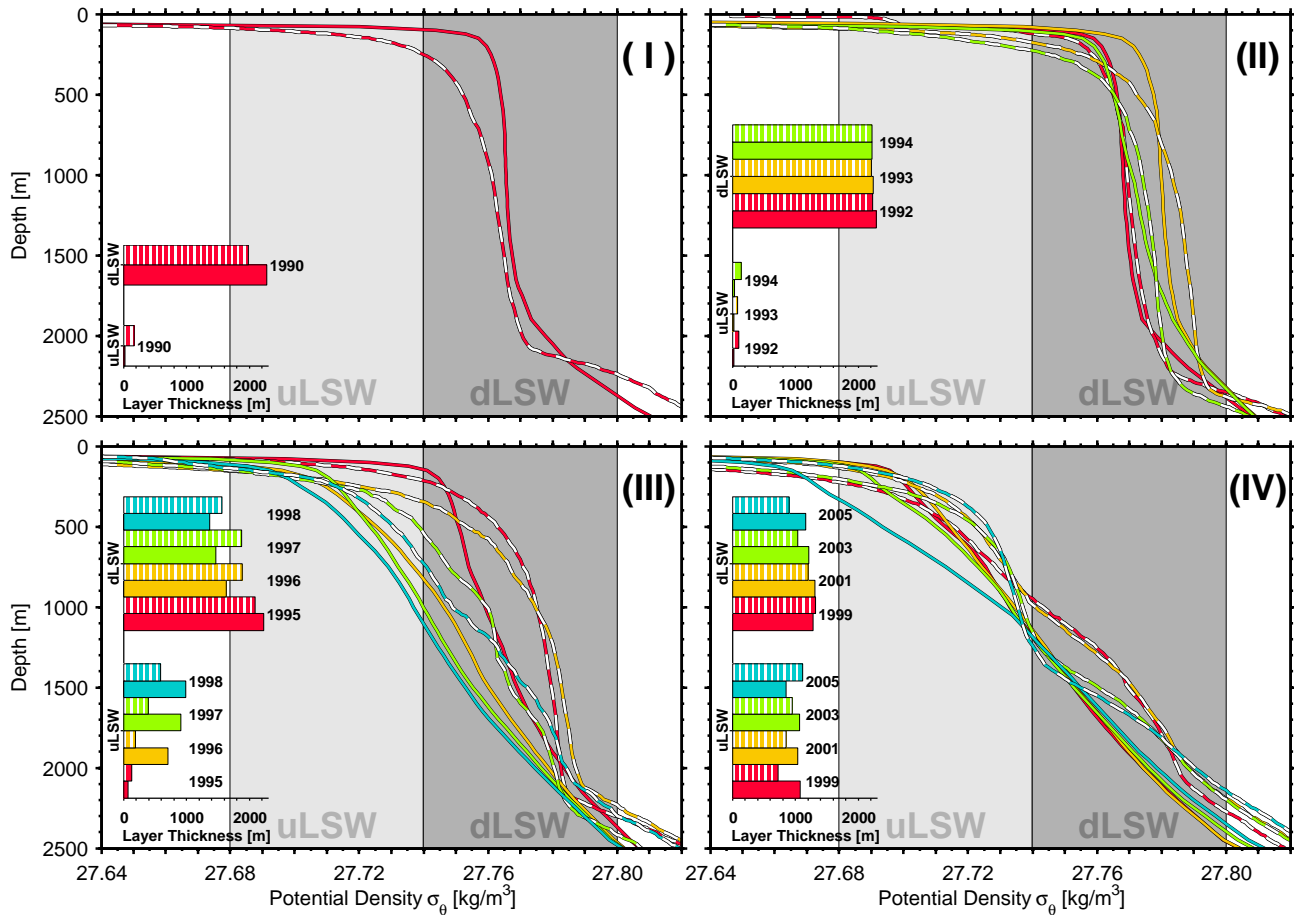
(b) (a) March mixed layer depth averaged over the years 1988-1995 (b) and 1996-2009 (c) for December 26, 2013, 12:25 pm. Please note the different scales in (a) vs. (b) and (c).



**Figure 3.** Time evolution of the monthly mean potential density (a), temperature (b) and salinity (c) over depth for the central Labrador Sea (dashed contour indicated in Fig. 2) for the years 1988-2009. Thick white lines indicate the isopycnals  $\sigma_{\theta} = 27.68 \text{ kg m}^{-3}$ ,  $\sigma_{\theta} = 27.74 \text{ kg m}^{-3}$  and  $\sigma_{\theta} = 27.80 \text{ kg m}^{-3}$  to separate between light (uLSW) and dense (dLSW) Labrador Sea Water.

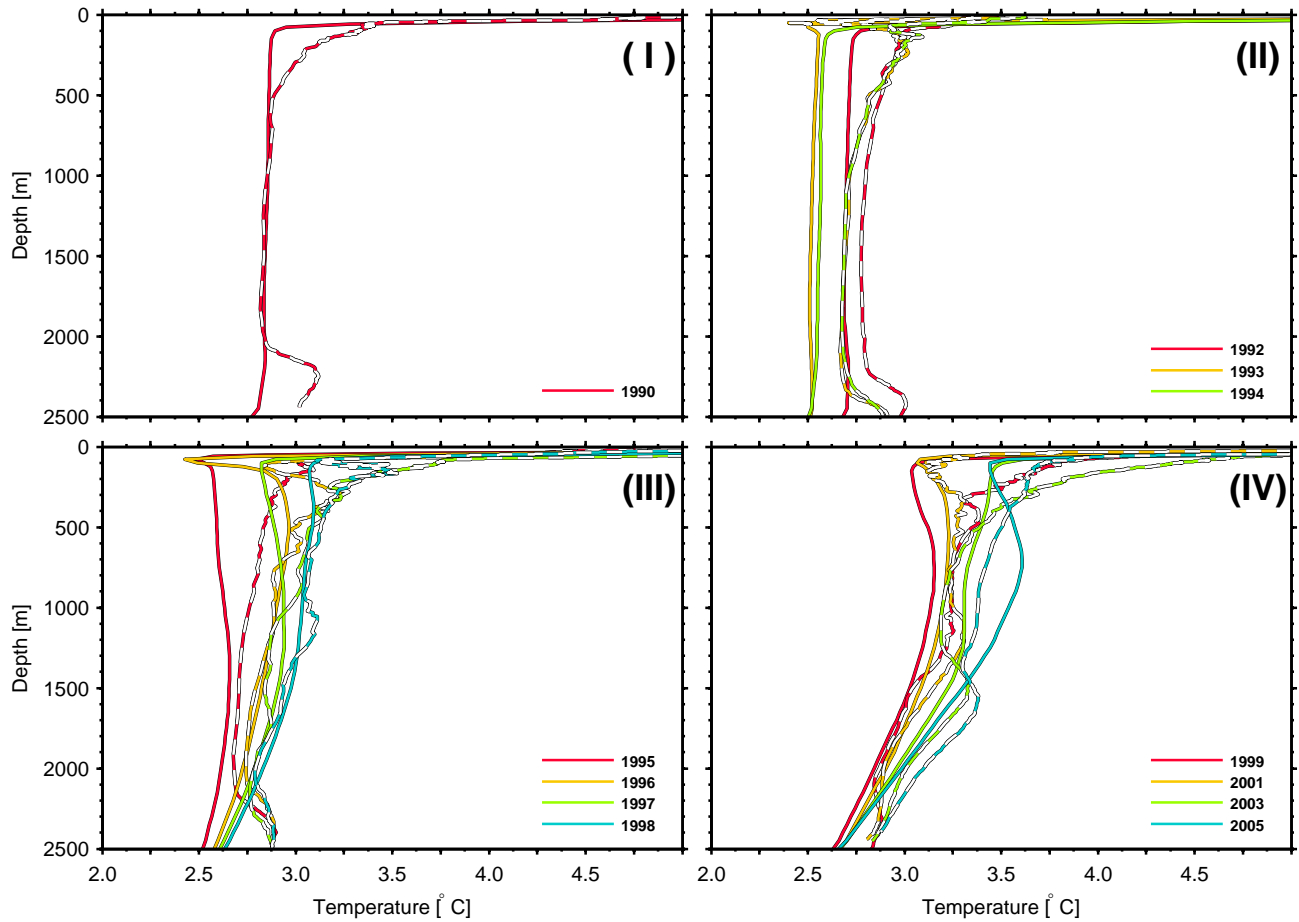


**Figure 4.** Temporal evolution of the layer thickness of upper and deep Labrador Sea Water (LSW) for the years 1988-2009. Blue: upper LSW (uLSW), bounded by the isopycnals  $\sigma_\theta = 27.68 - 27.74 \text{ kg m}^{-3}$ ; Red: deep LSW (dLSW), bounded by the isopycnals  $\sigma_\theta = 27.74 - 27.80 \text{ kg m}^{-3}$ . The monthly values and the 3-years-running-mean filtered dLSW and uLSW data of the model run are shown by thin and thick lines, respectively. The dLSW and uLSW time series derived from observations are shown as filled circles including the uncertainties [Rhein *et al.*, 2011]. Solid (model) and dashed (observed) dark blue and dark red lines indicate the slope of the decreasing dLSW and increasing uLSW layer thickness for the period 1995-1998, respectively. The positive and negative phase of the January, February and March averaged normalized NAO index derived from the COREv2 data set [Large and Yeager, 2009] are indicated by dark- and light grey areas, respectively. Phases of increasing (I), maximal (II), decreasing (III) and minimal (IV) dLSW layer thickness are separated by vertical lines.

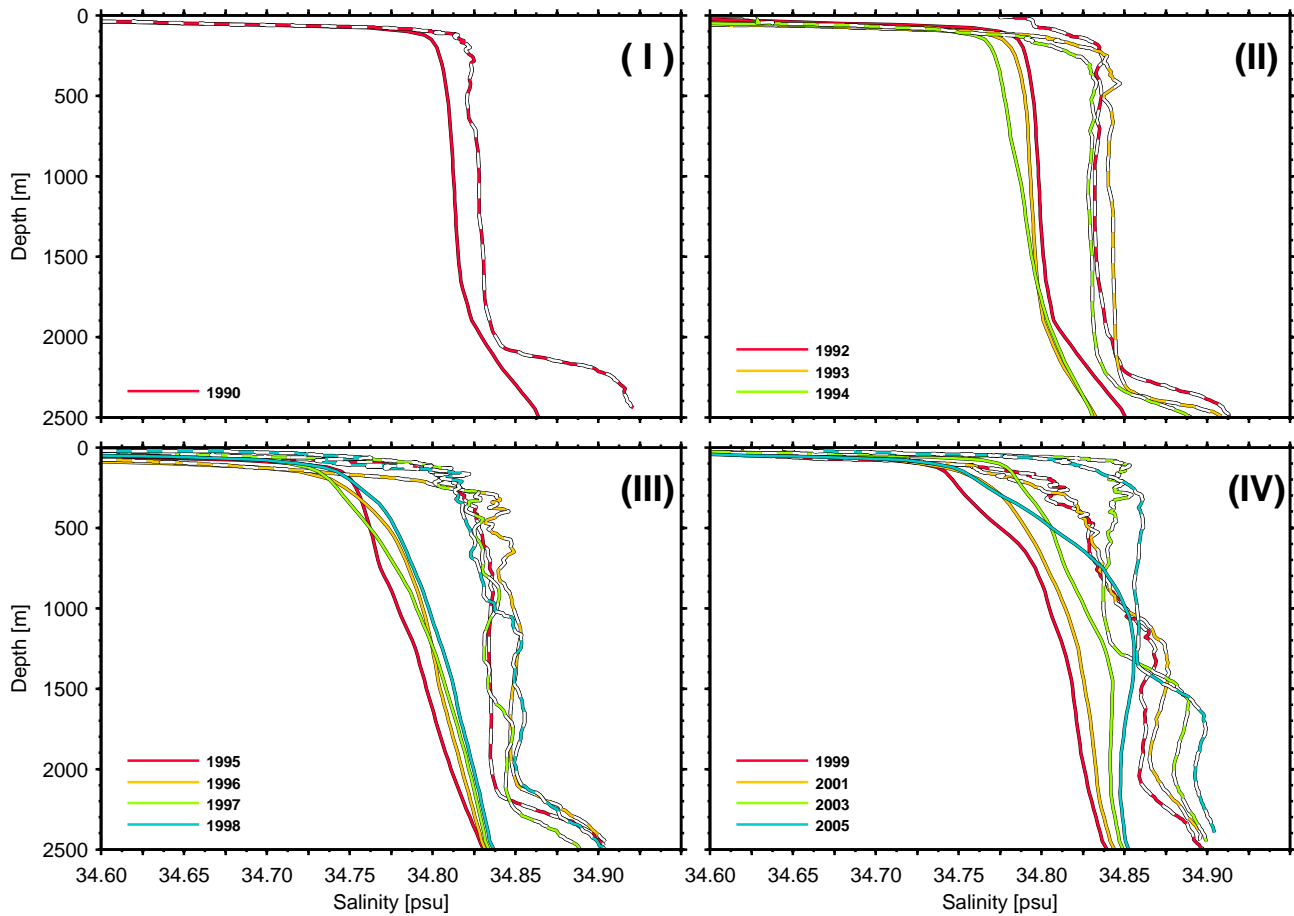


**Figure 5.** Vertical depth profiles of observed (dashed lines) potential density averaged over the AR7W cross section (<http://cchdo.ucsd.edu>) and modeled (JJA, solid lines) potential density averaged over the Labrador Sea index area (see Fig. 2a) for various years in the phase of increasing (I), maximal (II), decreasing (III) and minimal (IV) dLSW layer thickness (see Fig. 4). The density range of uLSW and dLSW is indicated by light- and dark grey areas, respectively. Horizontal bars present the observed (hashed) and modeled (solid) uLSW and dLSW layer thickness estimated from the density profile data.



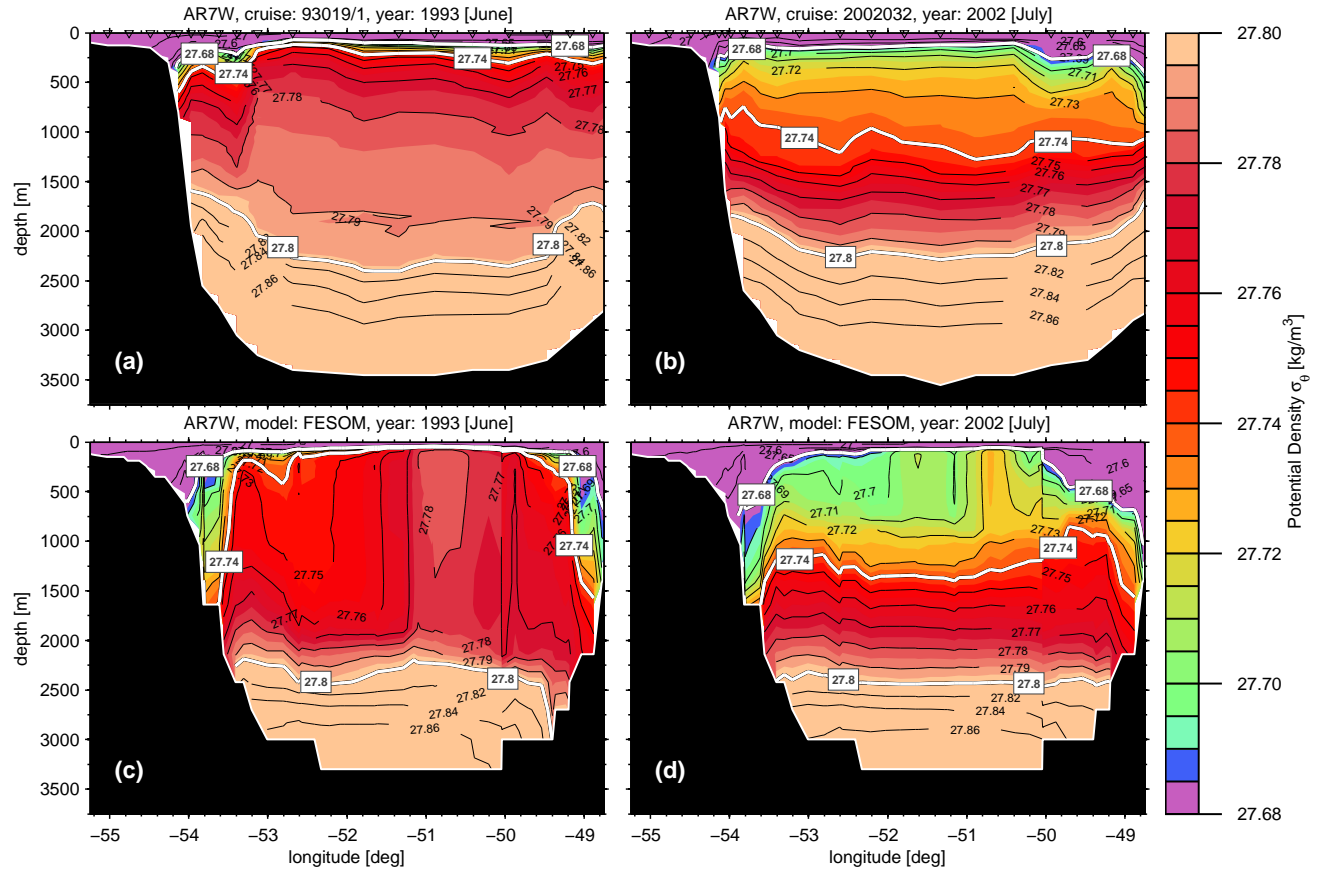


**Figure 6.** Vertical depth profiles of observed (dashed lines) temperature averaged over the AR7W cross section (<http://cchdo.ucsd.edu>) and modeled summer (JJA, solid lines) temperature averaged over the Labrador Sea index area (see Fig. 2a) for various years in the phase of increasing (I), maximal (II), decreasing (III) and minimal (IV) dLSW layer thickness (see Fig. 4).

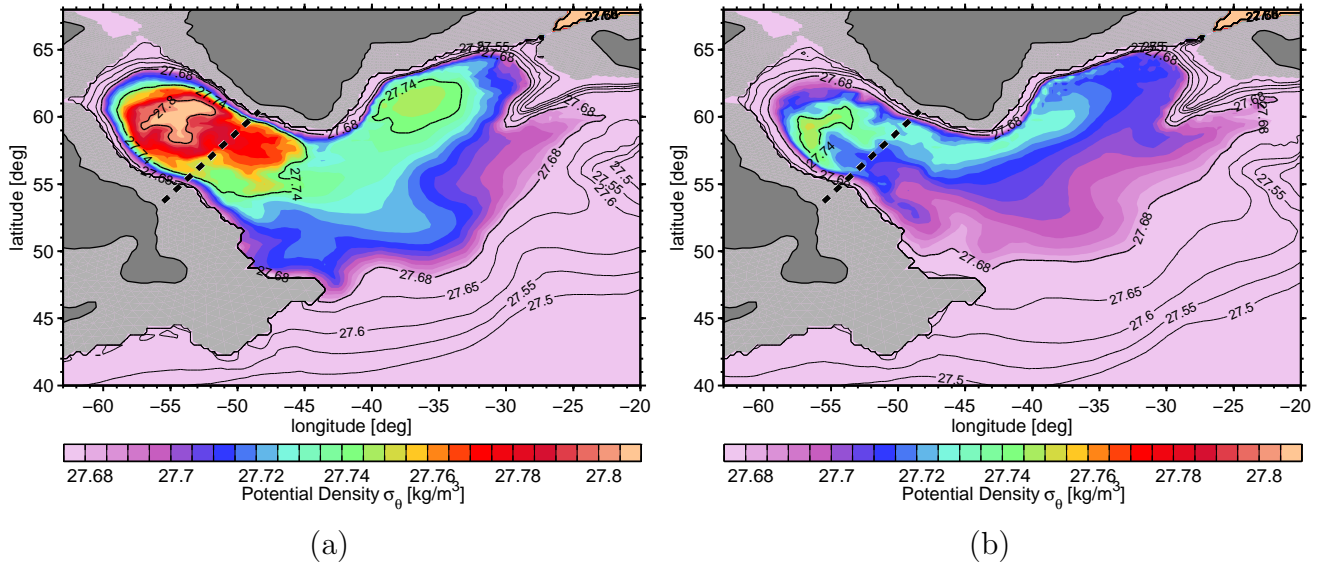


**Figure 7.** Vertical depth profiles of observed (dashed lines) salinity averaged over the AR7W cross section (<http://cchdo.ucsd.edu>) and modeled summer (JJA, solid lines) salinity averaged over the Labrador Sea index area (see Fig. 2a) for various years in the phase of increasing (I), maximal (II), decreasing (III) and minimal (IV) dLSW layer thickness (see Fig. 4).

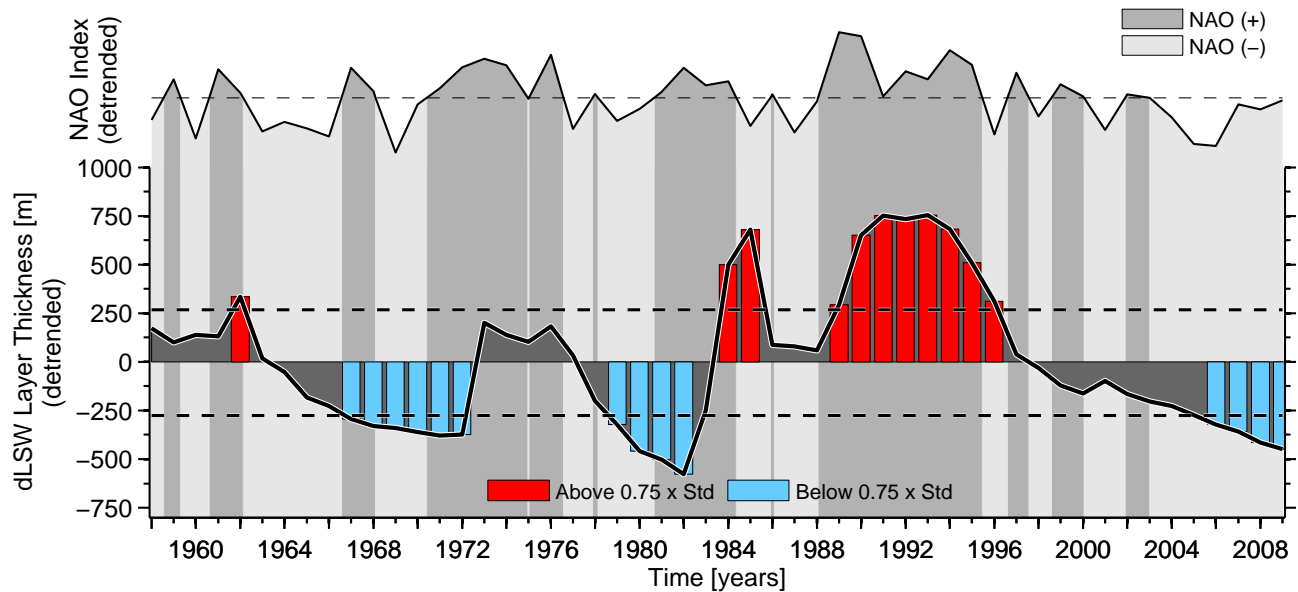




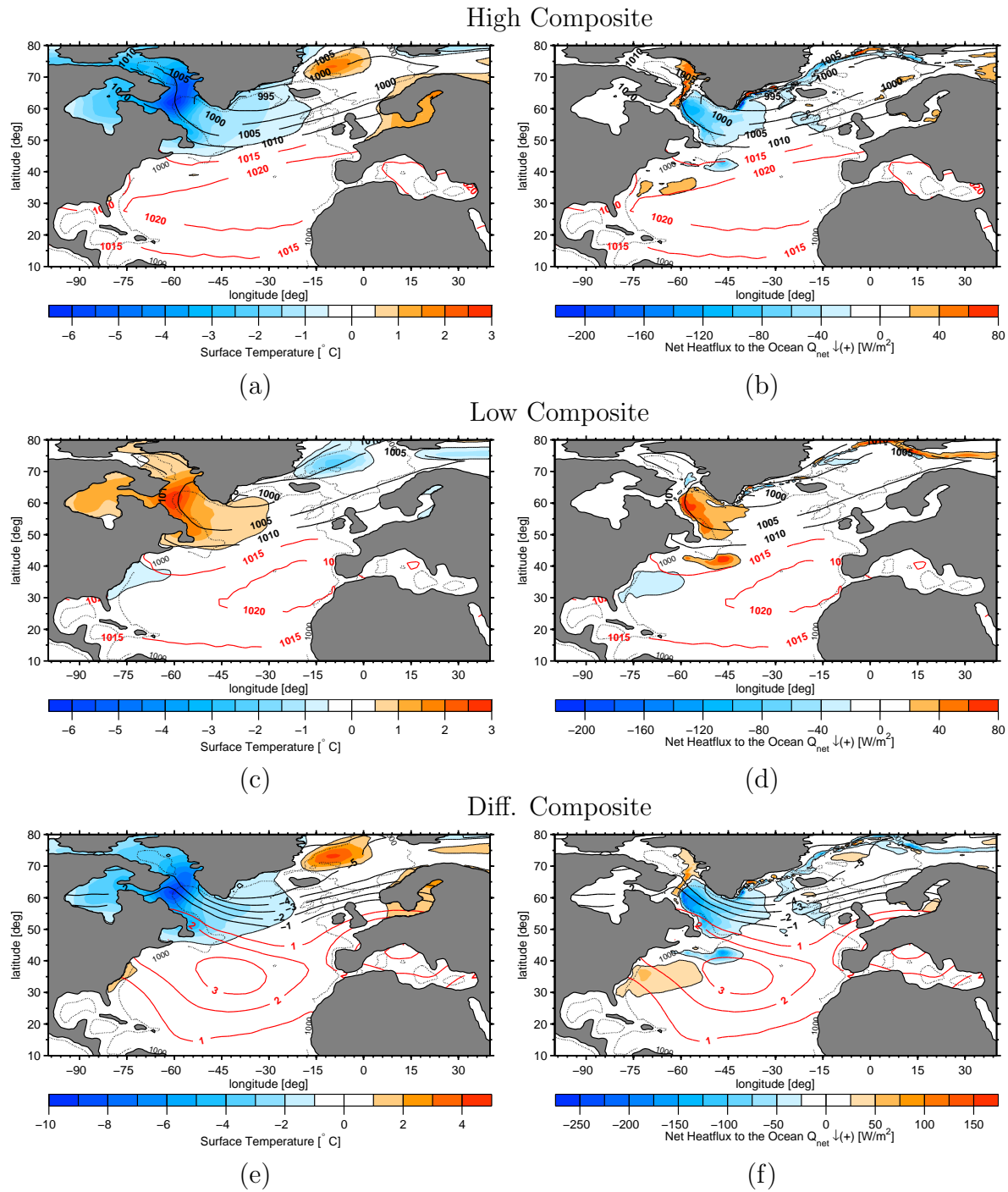
**Figure 8.** Potential density of the observed [WOCE Data Product Committee, 2002] (a)-(b) and modeled (c)-(d) AR7W cross sections in June and July for years with a thicker (1993, left column) and thinner (2002, right column) dLSW layer thickness. Thick white lines indicate the  $\sigma_\theta = 27.68$  kg m<sup>-3</sup>,  $\sigma_\theta = 27.74$  kg m<sup>-3</sup> and  $\sigma_\theta = 27.80$  kg m<sup>-3</sup> isopycnals to separate between uLSW and dLSW.



**Figure 9.** Horizontal mean potential density of the model data in the northwest Atlantic Ocean averaged over a depth from 500 m - 1000 m. In (a): June 1993 and (b): July 2002 for events with thicker and thinner dLSW layer thickness, respectively. Thick lines indicate the  $\sigma_\theta = 27.68 \text{ kg m}^{-3}$ ,  $\sigma_\theta = 27.74 \text{ kg m}^{-3}$  and  $\sigma_\theta = 27.80 \text{ kg m}^{-3}$  isopycnals. The dashed line marks the location of the AR7W cruise line.

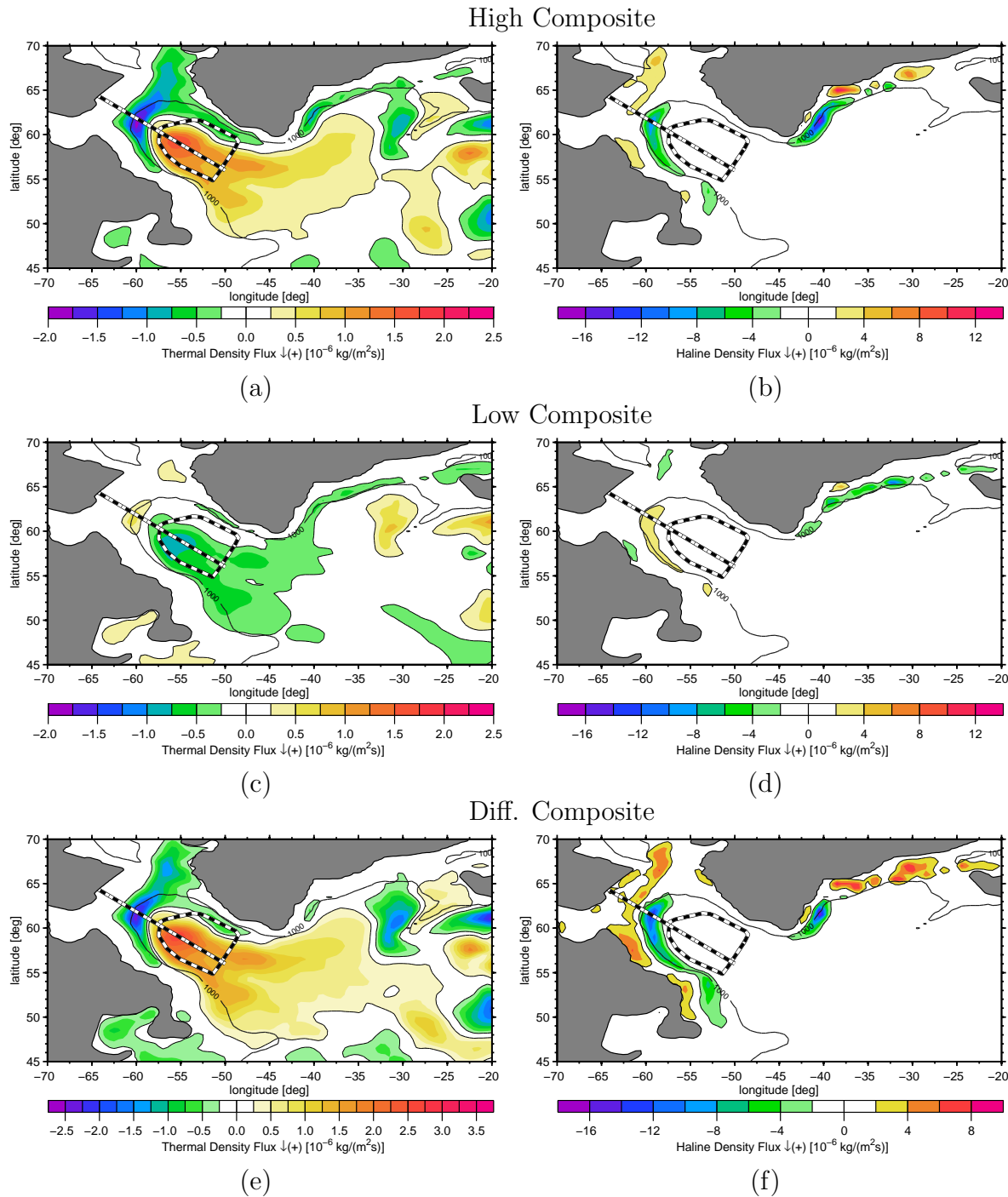


**Figure 10.** Detrended January, February and March averaged dLSW index (solid black line) for the entire simulation period from 1958 to 2009 and the 75% of standard deviation limits (dashed lines). Years when the dLSW layer thickness was above and below 75% of standard deviation are marked by red and blue bars, respectively. These time slices are used in the composite map analysis (CMA) (Figs. 11, 12 and 13b). Dark and light grey areas in the background indicate the positive and negative phases of the detrended normalized NAO index averaged over January, February and March and derived from the COREv2 data set [*Large and Yeager, 2009*], respectively. Std: standard deviation.

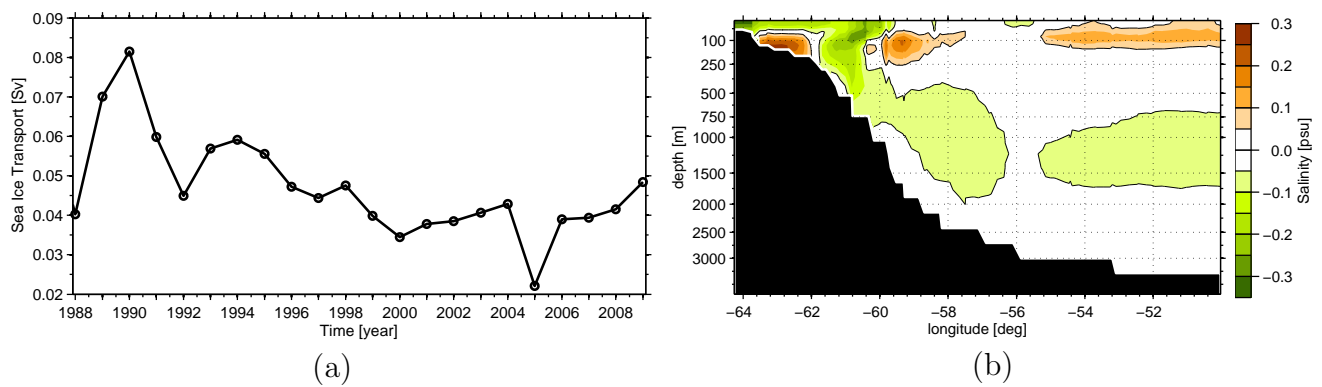


**Figure 11.** Composite maps of the winter (DJF) seasonal atmospheric surface temperature (left column) and net heat flux to the ocean (right column, downward heat flux positive) with the January, February and March averaged dLSW index (see Fig. 10). (a)-(b): high composite maps, (c)-(d): low composite maps and (e)-(f): difference between high and low composite maps.

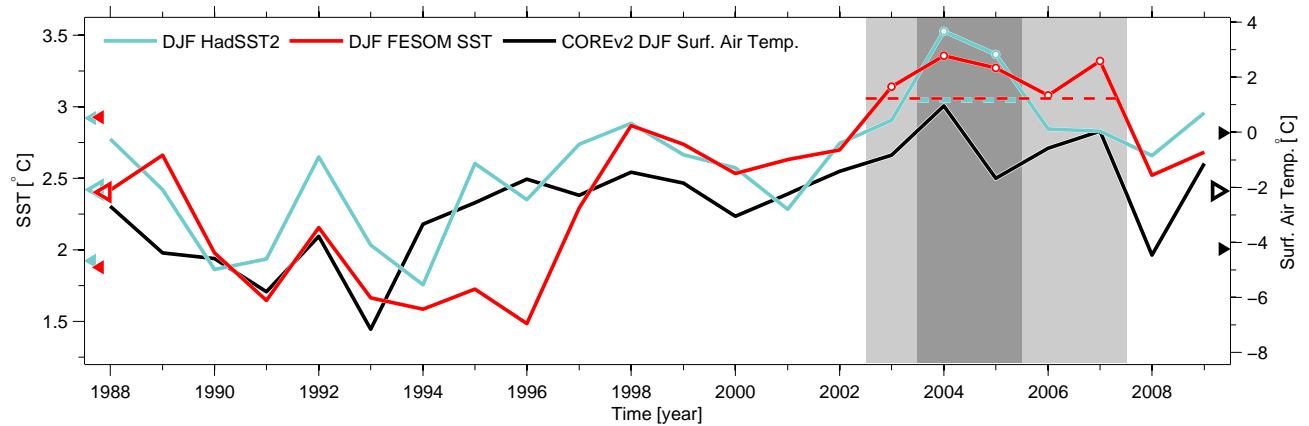
Contour lines show the composite maps of SLP (units SLP: hPa). Black and red contour lines mark the low and high pressure systems, respectively. The 1000 m bathymetry is indicated by a dotted contour line.



**Figure 12.** Composite maps of the winter (DJF) seasonal thermal (left column) and haline (right column) surface density flux (downward density flux = surface density gain: positive values) with the January, February and March averaged dLSW index (see Fig. 10). (a)-(b): high composite maps, (c)-(d): low composite maps, and (e)-(f): difference between high and low composite maps (units are  $10^{-6}$  kg/(m<sup>2</sup>s)). The dashed and dashed-dotted lines mark the area of the LSW index definition and the cross-section used in Fig. 13b, respectively. The 1000 m bathymetry is indicated by a solid contour line. Note the different scaling for the left and right

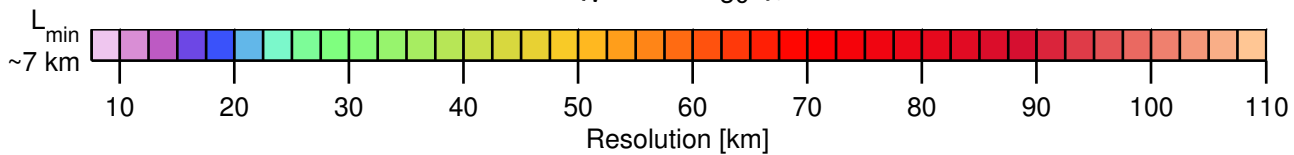
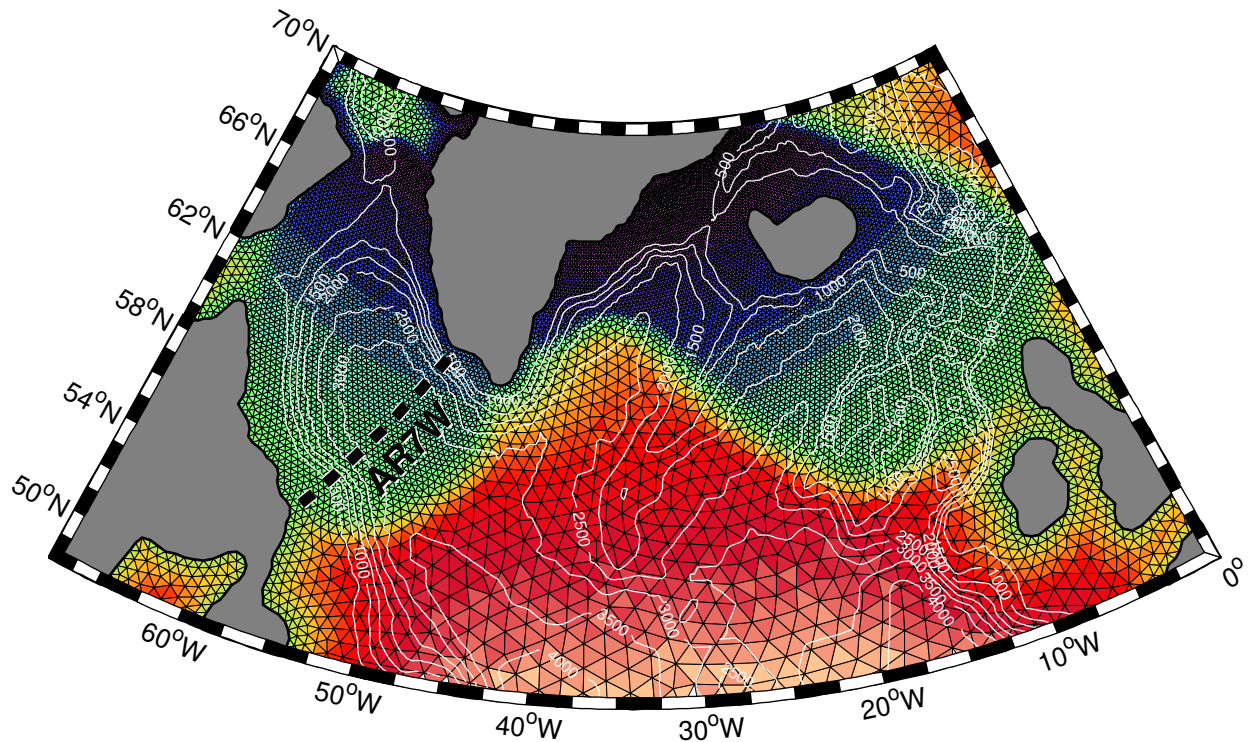


**Figure 13.** (a): Time evolution of winter (DJF) seasonal sea ice transport through Davis Strait for the period from 1988-2009. (b): difference composite map of the winter (DJF) salinity of a northwest to southeast vertical cross section through the Labrador Sea (Fig. 10) with the January, February and March averaged dLSW index.



**Figure 14.** Mean winter (DJF) observational derived Hadley Centre v2 (blue line, *Rayner et al.* [2003], <http://www.metoffice.gov.uk/hadobs/hadsst2/>) and modeled FESOM (red line) sea surface temperature (SST) averaged over the Labrador Sea index area (see Fig. 2a). Mean values and standard deviations for the period 1958-2009 are indicated by empty and filled triangles, respectively. The above 125% of standard deviation limit is indicated by dashed lines. Years when the SST in the Labrador Sea was above this limit are highlighted by circles. The different time spans when the FESOM and Hadley Center SST was above 125% of standard deviation are highlighted by light and dark grey areas, respectively. The black line represents the time evolution of the COREv2 surface air temperature forcing field averaged over the Labrador Sea index area.







1988–2009

