

1 **Holocene vegetation and climate dynamics of NE China based on the pollen record from**
2 **Sihailongwan Maar Lake**

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20 **Abstract**

21 High-resolution palynological analysis on annually laminated sediments of
22 Sihailongwan Maar Lake (SHL) provides new insights into the Holocene vegetation and
23 climate dynamics of NE China. The robust chronology of the presented record is based on
24 varve counting and AMS radiocarbon dates from terrestrial plant macro-remains. In addition
25 to the qualitative interpretation of the pollen data, we provide quantitative reconstructions of
26 vegetation and climate based on the method of biomization and weighted averaging partial
27 least squares regression (WA-PLS) technique, respectively. Power spectra were computed to
28 investigate the frequency domain distribution of proxy signals and potential natural
29 periodicities. Pollen assemblages, pollen-derived biome scores and climate variables as well
30 as the cyclicity pattern indicate that NE China experienced significant changes in temperature
31 and moisture conditions during the Holocene. Within the earliest phase of the Holocene, a
32 large-scale reorganization of vegetation occurred, reflecting the reconstructed shift towards
33 higher temperatures and precipitation values and the initial Holocene strengthening and
34 northward expansion of the East Asian summer monsoon (EASM). Afterwards, summer
35 temperatures remain at a high level, whereas the reconstructed precipitation shows an

36 increasing trend until approximately 4000 cal. yr BP. Since 3500 cal. yr BP, temperature and
37 precipitation values decline, indicating moderate cooling and weakening of the EASM. A
38 distinct periodicity of 550-600 years and evidence of a Mid-Holocene transition from a
39 temperature-triggered to a predominantly moisture-triggered climate regime are derived from
40 the power spectra analysis. The results obtained from SHL are largely consistent with other
41 palaeoenvironmental records from NE China, substantiating the regional nature of the
42 reconstructed vegetation and climate patterns. However, the reconstructed climate changes
43 contrast with the moisture evolution recorded in S China and the mid-latitude (semi-)arid
44 regions of N China. Whereas a clear insolation-related trend of monsoon intensity over the
45 Holocene is lacking from the SHL record, variations in the coupled atmosphere-Pacific Ocean
46 system can largely explain the reconstructed changes in NE China.

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48 Keywords: Holocene pollen, biomes and climate reconstruction, spectral analysis, East Asian
49 summer monsoon

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51 Highlights:

- 52 – Holocene vegetation and climate dynamics in NE China are studied.
- 53 – Climate shifts are revealed through palynology and biome/climate reconstructions.
- 54 – Asynchronous maximums in the Holocene summer temperature and monsoon
55 precipitation.
- 56 – Pacific sea ice extent and sea surface temperatures influence climate in NE China.

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62 1. **Introduction**

63 The East Asian summer monsoon (EASM) plays a major role in the global climate
64 system (Wang, 2009). In mid-latitude and southern Asia, ecosystems, rain-fed agriculture and
65 economic prosperity critically depend on the amount and distribution of monsoonal
66 precipitation (Yasuda and Shinde, 2004). Therefore, detailed knowledge of the monsoon
67 system variability is essential for understanding global climate processes and is of societal and
68 economic interest, particularly with regard to existing uncertainties in future rainfall
69 projections (Stocker et al., 2013).

70 A large number of palaeoenvironmental records have already been generated to better
71 understand the spatio-temporal variability and control mechanisms of the Asian monsoon (e.g.
72 Wang et al., 2010; Cao et al., 2013; Ran and Feng, 2013; An, 2014; Yang et al., 2014). In
73 general, these studies primarily invoke local or regional moisture changes as most indicative
74 of variations in monsoon strength and large-scale circulation patterns. Particularly, oxygen
75 isotope records from speleothems in S/E China have substantially influenced palaeo-monsoon
76 research as they are well dated and widely considered to be high-resolution summer monsoon
77 proxies (e.g., Wang et al., 2005; Liu et al., 2014). The basic idea of orbitally forced insolation
78 change as the main driver of the Asian summer monsoon intensity over the Holocene has been
79 supported by stalagmite oxygen isotopic values roughly tracking the precession cycle (e.g.
80 Wang et al., 2005). Likewise, investigations on vegetation response to climate changes appear
81 to corroborate humid Early to Mid-Holocene and drier conditions during the Late Holocene,
82 suggesting a similar moisture evolution across the monsoon-influenced regions of China
83 (Zhao et al., 2009a; Zhang et al., 2011; Ran and Feng, 2013).

84 However, other studies point to much more variability of the summer monsoon in space
85 and time. In particular, towards its northern margin, proxy records reveal region-specific
86 palaeoenvironmental changes, suggesting a complex interplay between the Indian summer
87 monsoon (ISM), the EASM and other major climatic factors, including topography and
88 vegetation (Hu et al., 2003; Maher and Hu, 2006; An et al., 2006; Zhao and Yu, 2012; Ran
89 and Feng, 2013).

90 To reveal coherent spatio-temporal patterns of climate evolution in monsoonal Asia and
91 adjacent regions, available proxy data were used for summarizing compilations, over-regional
92 correlations, for constructing ‘monsoon/moisture indices’ and data-model comparisons (An,
93 2000; Ren and Beug, 2002; Morrill et al., 2003; An et al., 2006; Herzschuh, 2006; Chen et al.,
94 2008; Zhao et al., 2009a,b; Cai et al., 2010; Wang et al., 2010; Kleinen et al., 2011; Zhao and
95 Yu, 2012; Cao et al., 2013, Dallmayer et al., 2013; Leipe et al., 2014; Yang et al., 2014).
96 However, the regional behaviour of the summer monsoon and its over-regional linkages is far
97 from being well understood. This is reflected in ongoing debates regarding (i) the regional
98 impact of the major atmospheric circulation systems controlling moisture distribution patterns
99 in China (e.g. Clemens et al., 2010; An et al., 2012; Ran and Feng, 2013), (ii) the phase
100 relationships between these systems (e.g. He et al., 2004; Zhao et al., 2009a; Wang et al.,
101 2010; Cai et al., 2010; Clemens et al., 2010; Zhang et al., 2011; An et al., 2012; Ran and
102 Feng, 2013; Li et al., 2014; Yang et al., 2014), and (iii) the role of other factors, including
103 ocean-atmosphere interactions, solar activity, and high-low-latitude interactions, on the
104 regional climate (e.g. An, 2000; Wang and Qian, 2009; Caley et al., 2014; Jin et al., 2014).
105 With the aim to decipher the continental-scale monsoon dynamics new statistical approaches
106 were developed (e.g. Clemens et al., 2010; Rehfeld et al., 2012; Donges et al., 2015).
107 However, precisely dated high-resolution palaeoenvironmental records are still insufficient
108 (Zhao et al., 2009a,b; Zhang et al., 2011; Donges et al., 2015; Chen et al., 2015). For NE
109 China, which is located in a key geographical position at the northern periphery of the EASM,

110 between the semi-arid regions of northern China and the Pacific Ocean, wealthy evidence of
111 Holocene vegetation and climate changes has become available in recent years (e.g. Hong et
112 al., 2001; Ren, 2007; Jiang et al., 2008; Makohonienko et al., 2008; Chen et al., 2015).
113 Annually laminated sediments recovered from maar lakes of the Longgang Volcanic Field
114 (LVF, Fig. 1C) offer excellent opportunities for detailed palaeoenvironmental reconstructions
115 with a temporal resolution of few years to several decades and an excellent time control far
116 back into the last glacial (Mingram et al., 2004; Schettler et al., 2006; Stebich et al., 2007,
117 2009; Chu et al., 2011, 2014; You and Liu, 2012; Li et al., 2013; Zhu et al., 2013; Xu et al.,
118 2014). However, interpretation results presented in these publications are not always
119 consistent. Considering multiproxy evidence (pollen and geochemical data), You and Liu
120 (2012) reported an increasing Holocene temperature trend from 11,400 cal. yr BP and
121 “optimum climate conditions” between 4200 and 1670 cal. yr BP, while Chu et al. (2014)
122 identified an increasing lake level from 9000-4000 cal. yr BP and a stably high lake level
123 afterwards. On the other hand, evidence of eight severe drought periods during the past 6000
124 cal. yr BP were derived from the $\delta^{13}\text{C}$ time-series of peat cellulose recovered from the nearby
125 Hani peat (Hong et al., 2001). Multidecadal to multicentennial-scale cold/warm fluctuations
126 were deduced from pollen data for the past 5300 cal. yr BP (Xu et al., 2014), from alkenone
127 based temperature reconstructions for the past 1600 cal. yr BP (Chu et al., 2011), and from
128 multi-proxy analysis for the entire Holocene (You et al., 2012). However, the reconstructed
129 shifts and short-term events appear not always synchronous and yield different cyclicity
130 patterns. The previous findings from NE China imply that during the Holocene both rainfall
131 and temperature play a substantial and most probably changing role in shaping regional
132 climate and vegetation pattern. In addition, different sensitivity of each proxy to the air
133 temperature and precipitation changes possibly affect interpretations and may lead to vague or
134 inconsistent conclusions regarding changes in the monsoon system (Ren and Zhang, 1998;
135 Schettler, 2011; Stebich et al., 2011; Ran and Feng, 2013).

136 In this paper, we present a new high-resolution palynological record from the Holocene
137 sedimentary section of Sihailongwan Maar Lake (SHL), NE China. A robust reconstruction of
138 vegetation and climate dynamics, at first is based on a detailed palaeoecological discussion of
139 the pollen assemblages. To facilitate a more reliable separation of the recorded temperature
140 and moisture changes, we conducted biome and quantitative climate reconstructions and
141 power spectrum analyses. The biome reconstruction reveals dominant vegetation surrounding
142 the study site through time and provides an excellent opportunity to cross-validate the
143 quantitatively reconstructed climate variables. Finally, we critically discuss the reconstructed
144 temperature and precipitation trends derived from the SHL pollen record in comparison with
145 other palaeoclimate records and possible forcing mechanisms.

146

147 2. **Regional settings**

148 Lake Sihailongwan (42°17' N, 126°36' E) is an extant maar lake within the Longgang
149 Volcanic Field situated in the Changbai Mountains region, Jilin Province, NE China (Fig.
150 1A). The nearly circular lake is located at 797 m a.s.l., has a maximum water depth of
151 approximately 50 m and a diameter of 720 m. The lake surface area (ca. 0.4 km²) and its
152 relatively small catchment (ca. 0.7 km²) are appropriate for recording mainly a regional signal
153 in the pollen record (Prentice, 1985). The crater's walls rise up to 121 m above the current
154 lake level. The lake is mainly fed by summer rainfall, in conjunction with associated
155 groundwater inflow, and does not have inflowing or outflowing streams (Schettler et al.,
156 2006). The study region is characterized by a sub-humid, temperate climate that is mainly
157 controlled by the EASM (Wang and Lin, 2002). At the closest meteorological station at
158 Jingyu town (ca. 20 km NE of the lake), the mean annual temperature (Tann) averages at
159 2.5°C, with a mean coldest month (January) temperature (Mtco) of -18.1°C and mean
160 warmest month (July) temperature (Mtw) of 20.7 °C. The mean annual precipitation (Pann)
161 is 775 mm, with up to 71% of it falling from May to August (Table 1; Schettler et al., 2006;

162 Chu et al., 2011). The interannual variability of the summer rainfall is relatively large, co-
163 influenced by the mid-latitude and tropical circulation dynamics (Lee et al., 2005; Shen et al.,
164 2011).

165 The earliest Neolithic archaeological sites recorded in Liaoning and the Liao River
166 regions, NE China, date back to ca. 7500 cal. yr BP (Wagner et al., 2013 and references
167 therein) or even earlier and represent Xinlongwa pottery culture largely sustained on hunting,
168 fishing and gathering (Liu and Chen, 2012; Wagner and Tarasov, 2014). The gradual
169 transition to farming began in the Changbai region approximately 5000 cal. yr BP, whereas
170 scattered wood-cutting tools were found in this region from 4000 cal. yr BP. At
171 approximately 2000 years ago, crop cultivation is estimated to have reached 50% of the local
172 economy, while a number of wall fortresses were built in this area (Jia, 2005). There is
173 documentary evidence of a territorial expansion of the Tang Dynasty, including farming
174 activities, in the study region approximately 1300 years ago (Jiang et al., 2008 and references
175 within). Nevertheless, the land in the Changbai Mountains region was assumed to be
176 relatively pristine before the Qing Dynasty (1616-1912 AD) because natural vegetation was
177 well preserved by the emperors as traditional Manchurian land and imperial hunting ground in
178 the early Qing Dynasty (Zhang, 2000).

179 The study area belongs to the modern temperate conifer-hardwood forest zone (Fig.
180 1B), representing one of the main preserved woodland areas in China today. Major
181 constituents of the species-rich natural forests include *Quercus mongolica*, *Tilia mandshurica*,
182 *T. amurensis*, *Acer mono*, *Fraxinus mandshurica*, *Juglans mandshurica*, *Carpinus cordata*,
183 *Phellodendron amurensis*, *Maackia amurensis*, *Pinus koraiensis*, *P. densiflora*, *Abies*
184 *nephrolepis*, and *Picea jezoensis* (Qian et al., 2003). The current knowledge of modern forest
185 vegetation in NE China is based on numerous botanical and ecophysiological studies (Qian et
186 al., 2003; Krestov et al., 2006; Wang et al., 2006; Yu et al., 2011, 2013; Zhang et al., 2014).
187 Ecological investigations of recent vegetation distribution and tree species with respect to

188 climate indicate that temperature and precipitation during the growing season and potential
189 evapotranspiration are key factors responsible for the spatial differentiation of modern
190 vegetation in NE China (Jiang et al., 2008; Wang et al., 2009, Zhang et al., 2014, Zheng et al.,
191 2014; Li et al., 2015). Large-scale analysis of the modern pollen distribution and its
192 quantitative relationship with vegetation and climate in China and E Asia demonstrate that
193 hydrological variables are more important than temperature-related variables in determining
194 the pollen assemblage composition in NE China (Li et al., 2015). However, the bioclimatic
195 tolerance of regional forest trees given by Fang et al. (2009) show significant overlap, which
196 requires a critical discussion of palaeoclimatic implications.

197 Forests, surrounding SHL, were cut down completely during the 1970s. Since then, a
198 largely undisturbed succession has taken place, yielding recent canopy coverage of 80–90%.
199 Pioneer species as *Betula costata*, *B. platyphylla*, *Populus davidiana* and *P. ussuriensis* are
200 dominant. Other temperate trees are still young, mainly occurring in the shrub layer together
201 with typical shrubs, including species of *Euonymus*, *Philadelphus*, *Actinidia*, *Syringa*,
202 *Lespedeza*, *Sorbaria* and *Lindera*. On the upper slopes of the crater, conifers (*Abies*
203 *nephrolepis*, *Picea jezoensis*, *Pinus koraiensis*, *P. massoniana*) are more abundant.

204

205 3. **Material and Methodology**

206 3.1. *Sediment recovery and dating*

207 Several sediment cores up to 39 m long were recovered from the SHL at three adjacent
208 drilling sites in 2001 using a high-precision piston coring system (Mingram et al., 2007).
209 Overlapping sediment sequences were used to define a continuous composite profile which is
210 almost completely seasonally laminated (Schettler et al., 2006). The varves are of mixed
211 organogenic/minerogenic composition, with diatom frustules representing the dominant
212 biogenic silica contributor to the sediment (Mingram et al., 2004). Analyses of sediment
213 microfacies and varve counting are based on 10-cm-long, overlapping petrographic thin-
214 sections, which were prepared by applying the freeze-drying method after Merkt (1971).
215 Varve counts uncertainties were addressed by multiplying with a correction factor of 1.0622,
216 which was derived from a linear regression function between the original varve ages and 40
217 calibrated AMS ^{14}C dates of terrestrial plant remains. Radiocarbon ages within the range of
218 INTCAL09 for the Holocene and the younger part of the Late-glacial are listed in Schettler et
219 al. (2006). Radiocarbon datings of the older part (prior to ca. 15,000 cal. yr BP) and the age-
220 depth model are discussed in full detail in Stebich et al. (2009). All ages are given in
221 calibrated years before present (cal. yr BP).

222

223 3.2. *Pollen analysis*

224 Pollen samples were taken volumetrically from the composite profile at 2-cm intervals,
225 beginning at a composite depth of 18 cm (150 cal. yr BP) down to 4.37 m (12,000 cal. yr BP),
226 thus providing an average temporal resolution of ca. 55 years. *Lycopodium* spores were added
227 to each sample to calculate pollen concentrations. Preparation of pollen samples involved
228 treatment with HCl, KOH, HF and hot acetolysis mixture, following standard methods
229 described by Berglund and Ralska-Rasiewiczowa (1986). Sample residues were stained with
230 safranine and mounted in glycerine. A minimum of 535 pollen grains (620 pollen grains in
231 average) of terrestrial plant taxa were counted for each sample. Pollen grains of wetland and
232 water plants as well as any type of non-pollen palynomorphs (NPP: spores, algae, zoological

233 remains) are excluded from the pollen sum. Palynomorph identification was carried out with
234 the aid of palynological reference collections of the Senckenberg Research station for
235 Quaternary Palaeontology and of Frank Schlütz, supported by pollen atlases (Beug, 2004; Li,
236 2011; Wang et al., 1995). The work of van Geel and Aptroot (2006) provided detailed
237 information for identification of fungi spores.

238

239 3.3. *Biome reconstruction*

240 The commonly accepted biome reconstruction technique (Prentice et al., 1996) was
241 used to identify major vegetation units based on the assignment of pollen taxa to plant
242 functional types (PFTs) and to biomes, taking into account the modern ecology, bioclimatic
243 tolerances and geographical distribution of the pollen-producing plants. Concept and the
244 procedure of the biomization technique are described in Prentice et al. (1996) and Prentice
245 and Webb (1998). The method has been successfully tested with surface pollen data from
246 eastern Eurasia (Yu et al., 2000; Mokhova et al., 2009; Chen et al., 2010; Tarasov et al., 2013;
247 Ni et al., 2014). Assignment of the identified pollen taxa in the SHL record to one or more
248 PFTs follows the regional biomization schemes given by Yu et al. (2000) and Chen et al.
249 (2010) for China and Mokhova et al. (2009) for the Russian Far East. As suggested by
250 Prentice et al. (1996), a universal threshold of 0.5% was applied to all terrestrial pollen taxa of
251 the SHL record to minimize possible noise due to long-distance transport, redeposition of
252 exotic pollen grains or misidentification of rare pollen taxa. Affinity scores of each potential
253 biome were then calculated for each fossil pollen spectrum and biome with the highest score
254 was assigned to the respective spectrum (see Prentice et al., 1996 for detail explanation of the
255 method). All calculations were performed using the PPPBase software developed by Guiot
256 and Goeury (1996). Bioclimatic limits of PFTs and related biomes are used to interpret the
257 results of pollen-based biome reconstruction in terms of past climate features (Prentice et al.,
258 1992; Harrison et al., 2010). Basically, this method allows identifying only the biome that has

259 the highest affinity with the studied pollen assemblage at a certain time, but not the
260 reconstruction of transitional vegetation types. Nevertheless, we also include subordinate
261 biome scores in the interpretation to recover this information to some extent and to support
262 palaeoclimatic interpretations (Tarasov et al., 2013). Additional information concerning the
263 vegetation cover (i.e. landscape openness) was obtained by calculating the difference between
264 the maximum forest biome score and the maximum open biome score for the analysed pollen
265 assemblages (Tarasov et al., 2013).

266

267 **3.4. Climate reconstruction**

268 Quantitative climate reconstructions were performed using weighted-averaging partial
269 least squares (WA-PLS) regression (ter Braak and Juggins, 1993) with two components. WA-
270 PLS has been shown to be a robust method for obtaining transfer functions that copes well
271 with noisy datasets with autocorrelation and large environmental gradients (ter Braak and
272 Juggins, 1993; Birks, 1998; Telford and Birks, 2009). The calibration model was established
273 by Cao et al. (2014) using modern pollen samples from 2559 sites in Mongolia and China,
274 and monthly climate data (i.e. Tann, Mtco, MtwA and Pann) was derived from meteorological
275 observations. The calibration data set covers a large precipitation and temperature range, and
276 encloses modern values at the SHL site in its midst (Table 1). Additionally, we have checked
277 that the closest modern analogues of the fossil data are all within the modern calibration set.
278 The WA-PLS2 model showed robustness against spatial autocorrelation, tested by deleting
279 modern pollen samples at random and close to the cross-validation site (Cao et al., 2014).

280 Reconstructions for the SHL fossil pollen record were performed using the open-source
281 software R (*rioja* package; Juggins, 2012). Model performance was evaluated using the
282 package *palaeoSig* (Telford, 2012). The function *randomTF* in the software package *paleoSig*
283 performs a constrained ordination on the fossil data using reconstructed climate variables.
284 This yields the proportion of explained variance of the individual reconstructions. In our case,

285 these are 40 and 35 % for Mtwā and Pann, respectively. In a second step, transfer functions
286 are developed based on random data, in order to evaluate how much variance is explained by
287 such transfer functions. This yields a null distribution of explained variances, and based on
288 this null distribution, critical values can be defined, and p-values computed. The computed p-
289 values are 0.02 for Mtwā (i.e. the reconstruction of Mtwā explains more variance than 98% of
290 the random transfer functions) and 0.12 for Pann (i.e. it is better than 88% of random transfer
291 functions), whereas the Mtco and Tann p-values explain less variance than that of the Mtwā
292 and are strongly collinear with it. Because the precipitation reconstruction explains less
293 variance than the reconstructed temperatures, it should be treated with more caution.

294 3.5. *Spectral analysis*

295 Power spectra for the reconstructed climatic variables (Pann, Mtwā) and for the most
296 indicative tree pollen taxa (*Pinus*, *Betula*, *Juglans* and *Quercus*) were computed to investigate
297 the frequency domain distribution of the signal and potential periodicities. All time series
298 were square-root-transformed and then detrended using a 2000-year timescale Gaussian
299 kernel highpass filter prior to the analysis. The data series were interpolated to the tenfold
300 sampling rate and then lowpass-filtered to the original sampling timescale. They were then
301 interpolated to a regular mean spacing of 60.5 years to prevent aliasing of high-frequency
302 variability in the spectrum. We then computed the power spectra using the well-known
303 multitaper method (Thomson, 1990) with three windows. Because the skewness of the
304 sampling rate distribution is close to zero, the effect of time series irregularity on the spectrum
305 is low (Rehfeld et al., 2011; Rehfeld and Kurths, 2014). Continuous locally white noise
306 background spectra were obtained by robustly smoothing the multitaper spectrum with a 21-
307 point running median, tapering down to 11 points at the edges. Local confidence levels were
308 estimated from this background using the 90% critical values of a Chi-Squared distribution
309 with six degrees of freedom (Mann and Lees, 1996).

311 4. **Results and discussion**

312 4.1. *Pollen pattern and regional vegetation development*

313 In total, 120 pollen and spore taxa and 31 non-pollen palynomorph (NPP) types were
314 distinguished in the Holocene SHL section. Most arboreal pollen taxa (AP) occur with values
315 of at least 0.5% and are present throughout the whole sequence. Except for *Artemisia* and
316 Chenopodiaceae, non-arboreal pollen (NAP) taxa occur scattered or in small quantities,
317 ranging between 0 and 0.5%. Excluding *Botryococcus* algae, NPP are detected in trace
318 amounts. Total pollen concentration is extremely high, ranging from ca. 60,000 to 2.9 million
319 grains per cm³ sediment, with a mean of approximately 500,000 grains per cm³.

320 Beginning with the late Younger Dryas (YD) period, the pollen diagram covers the
321 period between 12,000–150 cal. yr BP (Fig. 2). The diagram has been simplified to include
322 only most conclusive taxa, and it overlaps with sections presented in Mingram et al. (2004)
323 and Stebich et al. (2009). The Holocene sequence was visually divided into four pollen
324 assemblage zones (SHL-H1 to SHL-H4) based on major changes in pollen assemblage
325 composition and ecological and climatic characteristics of the dominant taxa. Similar to
326 today's regional forest vegetation, the percentage values of main tree pollen taxa in the SHL
327 core sediment — *Pinus haploxylon*-type (*Pinus koraiensis*), *Picea+Abies+Larix*, *Betula*,
328 *Ulmus*, *Fraxinus*, *Quercus*, *Juglans*, *Carpinus*, and *Tilia* — indicate polydominant forest
329 vegetation in the study area of NE China during almost the entire Holocene. Changes in
330 pollen percentages reflect a development from open Late-glacial woodland to mesophytic
331 deciduous forest and, finally, to the present mixed conifer and broadleaf deciduous forest
332 vegetation.

333 4.1.1. Establishment of broadleaved deciduous forests (SHL-H 1: 11,650 – 10,700 cal. yr
334 BP)

335 During the final stage of the Younger Dryas, the region near SHL was occupied by
336 boreal woodland with occasional elements of (cool-)temperate forest (Stebich et al., 2009).

337 During the first millennium of the Holocene (11,650-10,700 cal. yr BP), the boreal vegetation
338 was successively replaced by species-rich broadleaf deciduous forests, representing a
339 transitional stage. The interglacial vegetation succession begins with an increase in *Betula* and
340 a stepwise reduction in cold-tolerant conifers (*Picea+Abies+Larix*), followed by a
341 progressive increase in *Ulmus* and *Fraxinus* and a substantial decline of *Betula* at
342 approximately 11,250 cal. yr BP. The latter change marks the final transformation of the Late-
343 glacial open vegetation into the Holocene interglacial forest-dominated landscape.
344 Contemporaneously, other deciduous taxa become successively more common or reach their
345 empirical limit (i.e. *Quercus*, *Juglans*, *Tilia*, *Vitis*, and *Viburnum*). The frequencies of most
346 herbaceous taxa (i.e. *Artemisia*, Poaceae, Cyperaceae, *Thalictrum*, and *Sanguisorba*
347 *officinalis*) gradually decline, indicating a progressive increase in forest cover density and a
348 reduction in open habitats/forest gaps as a result of shading by spreading trees. It is likely that
349 the initial Holocene vegetation development was somewhat protracted by interspecific
350 competition with established conifers and *Betula* trees and the delayed immigration of some
351 warm-loving tree species. Nevertheless, the vegetation development implies that growing
352 conditions had already become favourable for establishing temperate trees at 11,650 cal. yr
353 BP (Stebich et al., 2009), clearly reflecting a trend towards relatively warm and moist climate
354 conditions during the first millennium of the Holocene.

355

356 4.1.2. Establishment and dynamics of oak- and walnut-rich forests (SHL-H2: 10,700–7800 357 cal. yr BP)

358 At approximately 10,700 cal. yr BP, the dynamic spread of thermophilous *Juglans* and a
359 more gradual increase of *Quercus* at the expense of *Ulmus* and *Fraxinus* mark a shift in the
360 vegetation composition to oak- and walnut-rich temperate broadleaf deciduous forests. Other
361 temperate broadleaf deciduous trees and shrubs, such as *Tilia*, *Carpinus* and *Corylus*, become
362 slightly more abundant. Boreal conifers virtually disappear from the study region as indicated

363 by only scattered occurrences of conifer pollen (i.e. *Haploxylon*-type, *Picea*, *Abies*, *Larix*) and
364 the absence of their stomata from the sediment. At approximately 9750 cal. yr BP, the
365 increase of *Quercus* combined with the decline of *Betula* possibly indicates a vegetation
366 succession from birch-rich pioneer woods to oak forests. Later on, step-wise increase in the
367 *Quercus* pollen percentages indicates further spread of oaks in the study area at approximately
368 9100 and 8100 cal. yr BP, each time following a short-term *Juglans* maximum. The Early
369 Holocene series of rapid fluctuations in tree pollen abundances ends with a marked decline in
370 *Juglans* pollen percentages shortly after 8200 cal. yr BP. This decline is followed by a sharp
371 increase in *Quercus* and, afterwards, in *Ulmus* and *Fraxinus* percentages.

372 The modern temperate broadleaf deciduous forests in NE China mainly comprise
373 various species, including *Quercus*, *Juglans*, *Ulmus*, *Tilia*, *Carpinus*, *Acer*, *Corylus*, *Populus*,
374 *Betula* and some *Pinus*. These species grow south of the mixed conifer-hardwood forests
375 under a (warm-) temperate climate (Ren and Beug, 2002). Conifers are restricted in NE China
376 to colder conditions of higher elevations and/or higher latitudes (Liu, 1997; Qian et al., 2003).
377 Thus, their virtual absence in the Early Holocene pollen assemblages points to climatic
378 conditions warmer than today. The spread of dense forests in the study region since the Early
379 Holocene is supported by low pollen contribution of steppe and meadow elements (e.g.
380 *Artemisia*, Chenopodiaceae, *Thalictrum*, Poaceae, and Cyperaceae). Accordingly, an annual
381 precipitation exceeding 500 mm can be supposed for the SHL region. At present, the two
382 most common oak species in the region, *Quercus mongolica* and *Q. dentata*, are forming
383 mixed mesophytic forests (Cui et al., 2002; Qian et al., 2003). In fact, both oak species can
384 tolerate a wide range of habitat conditions and are able to adapt to cold and drought climates
385 (Cui et al., 2002; Qian et al., 2003; Fang et al., 2009; Šrůtek et al., 2003). The recently
386 widespread *Quercus mongolica* is a canopy species extensively growing on shady slopes (Cui
387 et al., 2002). *Juglans mandshurica* occurs in NE China at lower elevations, in valleys, along
388 rivers, and on gentle slopes with deep, well-drained soils (Qian et al., 2003). The fast-growing

389 walnut tree is less drought tolerant than the above mentioned oak species (Cui et al., 2002;
390 Fang et al., 2009). We therefore hypothesise that the increasing *Quercus*/stagnating *Juglans*
391 proportions indicate drought stress on the forest vegetation during the Early Holocene. The
392 contemporaneous decreasing trend in *Artemisia* may reflect a progressive spreading of forest
393 vegetation into the west-adjacent steppe region, where patches of mixed pine and broadleaved
394 forests became established during a mild, but relative dry climate between 10,250 and 7900
395 cal. yr BP (Xu et al., 2010). In addition, short excursions in the *Juglans* and *Quercus* pollen
396 point to recurrent spells of diminished monsoon intensity.

397

398 4.1.3. Spreading of *Pinus koraiensis* (SHL-H3: 7800–5200 cal. yr BP)

399 The beginning of the Middle Holocene interval is marked by a rapid increase of *Juglans*
400 with maximum pollen percentage values at 7800 cal. yr BP. Because *Juglans* tends to be
401 underrepresented in the pollen assemblages from lake sediments, values of 15-25% indicate a
402 temporary dominance of walnut in the regional forests (Beer et al., 2007). In addition,
403 *Carpinus* trees become slightly more common, possibly filling forest gaps and shading out the
404 lianas of wild wine species (*Vitis* type pollen) but remaining a subordinate forest element until
405 recent times. According to Wang et al. (2006), the distribution of *Carpinus cordata* is less
406 climatically controlled, while competition seems to be a more important ecological factor for
407 this species. The overall frequencies of herb pollen reach their lowest Holocene values,
408 indicating maximum forest coverage and increasing wetness.

409 From about 6600 cal. yr BP, the steady increase of the *Pinus haploxyton*-type implies
410 the immigration of *Pinus koraiensis*, a recently widespread tree in the study region at
411 elevations between 740-1450 m a.s.l. This species occurs in late stages of forest succession
412 (Qian et al., 2003; Yu et al., 2011) and represents a characteristic species of the modern
413 broadleaf and needle-leaf mixed forests of NE China. Attributing the high values of the
414 *Haploxyton*-type pollen to *Pinus pumila*, the only other pine of that pollen type in NE China,

415 seems unlikely. *Pinus pumila* in this part of Asia represent a subalpine shrub growing above
416 1700 m a.s.l., together with grasses and herbs (Zhu et al., 2003). Thus, the remaining low
417 NAP percentages and high values of mesophytic trees argue against the establishment of such
418 an open vegetation type near the study site. Several studies are characterizing *Pinus*
419 *koraiensis* as a species with a relatively narrow ecological capacity for moisture adaptation
420 (Wei et al., 1995; Chen and Li, 2005; Yu et al., 2013). It grows on well-drained soils, but low
421 precipitation has been identified as an important limiting factor, especially at its southern
422 geographic and lower altitudinal limits (Wang et al., 2004; Yu et al., 2013 for discussion and
423 references). Considering the elevation of SHL and its location near the southern limit of the
424 Korean pine distribution area, the immigration of *Pinus koraiensis* implies that sufficiently
425 humid conditions persisted during the Mid-Holocene.

426

427 4.1.4. Establishment and dynamics of the recent mixed coniferous hardwood forests (SHL – 428 H4: 5200–150 cal. yr BP)

429 An increase in *Pinus haploxylon*-type pollen to more than 25% documents a substantial
430 spread of *Pinus koraiensis* at approximately 5200 cal. yr BP. Since then, the mesophytic
431 broadleaf deciduous forests with *Juglans* and *Quercus* never again dominated in the regional
432 vegetation cover, while *Pinus koraiensis* likely became one of the most common tree species
433 in the SHL region. Later, the spreading of birch forests and *Artemisia* steppes most likely
434 implies a shift to drier conditions. Beginning at 3500 cal. yr BP, *Artemisia* percentages
435 fluctuate between 10% and 20%. Such values likely yield a remote signal of *Artemisia* steppes
436 (Beer et al., 2007) and may reveal a substitution of forests by *Artemisia* steppes in dry
437 habitats, particularly in the forest-steppe ecotone west of the SHL region under increasingly
438 dry climate conditions. The rapid increase in birch pollen percentages points to decreasing
439 forest density and/or drier conditions in the study region. The currently common *Betula*
440 *platyphylla* and *B. dahurica* are drought tolerant and shade intolerant tree species, which are

441 mainly found as pioneer trees on sunny slopes (Chen and Li, 2005). The other common birch
442 species, *Betula costata*, has moderate drought and shade tolerance. The spreading of birch at
443 the expense of pine may thus reflect drier conditions and/or substantial ecosystem
444 disturbances. From 2900 cal. yr BP, cold tolerant conifer taxa started to become more
445 frequent forest elements, indicating climate cooling. Concomitantly, role of broadleaf trees
446 such as *Ulmus*, *Fraxinus*, and *Juglans* further decrease, while birches as well as steppe
447 elements such as *Artemisia*, *Thalictrum*, and Chenopodiaceae show increase. Palynological
448 evidences of local water and wetland vegetation (e.g. *Alisma*, *Equisetum*, *Hippuris*,
449 *Myriophyllum*, *Sphagnum*, *Batrachium*, *Lysimachia*, *Parnassia*, *Persicaria maculosa*, and
450 *Potamogeton* types) are very sparse or missing. Approximately 950 years ago, *Fraxinus*
451 retreated again, while cold-tolerant conifers further expanded in the SHL region, pointing to a
452 continued cooling trend with possibly shorter growing period. Forests were, if at all, only
453 slightly replaced by herbaceous vegetation types and human-induced changes cannot be
454 traced. However, sporadically occurring pollen grains of *Xanthium strumarium* type may
455 indicate an anthropogenic introduction of this annual weedy species at 2100 cal. yr BP (Chen
456 and Hind, 2011). First occurrence of *Xanthium strumarium* pollen coincides with
457 archaeological evidence of intensified farming activities between 2000 and 1800 cal. yr BP
458 (Jia, 2005). This may have taken place in conjunction with fires and modest grazing, as
459 evidenced by more frequent occurrence of burnt Poaceae phytoliths (not shown), *Pteridium*
460 spores and coprophilous fungi (*Sporormiella*, *Cercophora*, and *Sordaria* types). Slightly
461 higher Chenopodiaceae percentage values might also be related to minor human disturbances.

462

463 4.2 Biomes, landscape openness and reconstructed climate variables

464 During the past 12,000 years, either the cool mixed forest biome (COMX) or temperate
465 deciduous forest biome (TEDE) attain highest affinity scores based on the pollen
466 assemblages, while taiga (TAIG), cool coniferous forests (COCO) and steppe (STEP) gain

467 only subordinate biome scores (Fig. 3). A summary of dominant plant types and climatic
468 requirements of the calculated SHL biome scores is presented in Table 2. Biomization results
469 show that at the end of the Younger Dryas, COMX was the dominant vegetation type in the
470 SHL region. COMX consists of boreal and temperate conifers mixed with temperate broadleaf
471 trees and shrubs. It occurs in climates with moderately cold winters (-2 to -15°C), including
472 sufficient heat accumulation during the growing season for broadleaf deciduous trees and
473 sufficient precipitation amounts for boreal conifers (Prentice et al., 1992). Nevertheless, (cool-
474)temperate trees may also grow under lower winter temperatures (up to -26 °C; Mokhova et
475 al., 2009) if sufficient snow cover is protecting them. The affinity scores of cool coniferous
476 forests (COCO) are slightly lower during the last phase of the Younger Dryas at SHL,
477 corroborating a substantial presence of boreal trees in the vegetation. In addition, the
478 calculated scores of TAIG and STEP and the maximal landscape openness imply mixed
479 regional vegetation cover with drought- and cold-tolerant trees and herbaceous communities
480 playing a considerable role. Correspondingly, Mtwā with ca. 15-16°C and Pann with ca. 300-
481 400 mm were reconstructed, indicating rather weak EASM (Fig. 3).

482 During the subsequent interval (11,650 to 10,700 cal. yr BP), COMX remained the
483 dominant biome. However, substantial changes in the biome scores are found, i.e. the
484 decrease in STEP, followed by a sudden decrease in TAIG and increase in TEDE.
485 Contemporaneously, denser forest coverage progressively develops. This major vegetation
486 change is clearly reflected in the reconstructed climate variables, indicating a warmer than
487 today Mtwā, whereas precipitation only moderately increases during this time.

488 Between 10,700 and 5200 cal. yr BP, the TEDE biome is reconstructed as dominant
489 vegetation type. The dominant TEDE constituents are temperate summergreen, cool-
490 temperate conifer and boreal summergreen trees. This biome typically indicates mean winter
491 temperatures higher than -2°C and fairly high summer temperatures, but it can also occur in
492 areas with colder winters (down to -15°C, as in contemporary NE China), where conditions

493 are too dry for boreal evergreen conifers (Prentice et al., 1992). Considering the modern M_{tco}
494 of -18°C in the study region and the low Early Holocene winter insolation, insufficient
495 moisture availability for boreal evergreen conifers appears to be the main cause of the TEDE
496 biome dominance. Affinity scores of the cold and drought tolerant TAIG and STEP biomes
497 progressively decrease to minimum values, whereas forest coverage reaches its highest
498 density during the Middle Holocene (8000–3500 cal. yr BP). Between 6000 and 5000 cal. yr
499 BP, the COMX biome successively replace the TEDE biome, marking a long-term transition
500 to modern vegetation and climate conditions. Because COMX contains temperate broadleaf
501 trees and shrubs mixed with boreal and temperate conifers, the reconstructed regional
502 vegetation trend suggests successively increasing effective moisture during the Early and
503 Middle Holocene. After 3500 cal. yr BP, the reconstructed biomes and landscape openness
504 indicate a pronounced environmental shift. At that time, increasing affinity scores of cold and
505 drought-tolerant biomes (TAIG, STEP) and declining TEDE scores imply a significant
506 summer monsoon weakening and probably lower winter temperatures.

507 In line with the calculated biome affinity scores, the reconstructed climate variables
508 show a constantly high M_{twa} (about 5°C higher than today) between 11,250 and 3500 cal. yr
509 BP and increasing P_{ann} values until the Middle Holocene. Starting at 3500 cal. yr BP,
510 reconstructed M_{twa} and P_{ann} values decrease to recent levels. Although COMX remains the
511 dominant vegetation type during the Late Holocene, short-term fluctuations in biome scores
512 and reconstructed climate variables corroborate increased climate variability. The
513 reconstructed climate changes also led to a substantial decrease in regional forest coverage, as
514 suggested by the biome-derived estimation of landscape openness and higher frequencies of
515 *Pteridium aquilinum* spores. While reconstructed Late Holocene precipitation values fluctuate
516 around modern mean P_{ann} value, reconstructed M_{twa} ranges slightly above the modern mean
517 value. Tao et al. (2010) simulated increased Mid-Holocene summer temperatures 2-3°C
518 higher than the pre-industrial value for N and NE China. For the Mid-Holocene thermal

519 optimum, existing proxy-based temperature reconstructions from China reveal 1-4°C
520 (regionally even >4°C) higher annual/seasonal surface air temperatures than during the pre-
521 industrial period (Shi et al., 1993; Tang et al., 2000; He et al., 2004; Ljungqvist, 2011), thus
522 supporting our reconstruction derived from the SHL record.

523

524 4.3. Periodic multi-centennial oscillation pattern of pollen and climate variables

525 The SHL pollen assemblages exhibit fluctuations implying centennial-scale climate
526 variations superimposed on the gradual Holocene vegetation and climate trends discussed
527 above. During the Early Holocene, short-term *Juglans* maxima appear, whereas substantial
528 decreases in *Pinus haploxylon* pollen percentages, coupled with percentage maximums of
529 drought-tolerant *Quercus*, *Betula* and *Artemisia*, indicate noticeable changes in composition
530 and structure of *Pinus koraiensis* mixed forests during the Late Holocene. Because substantial
531 human impact seems rather unlikely in the region before 1300 cal. yr BP, the vegetation
532 changes are most likely related to natural environmental changes. Several studies demonstrate
533 that insufficient rainfall and soil water stress can be considered as key limiting factors for
534 *Juglans mandshurica* and *Pinus koraiensis* growth (Zhao et al., 1991; Wang et al., 2004; Fang
535 et al., 2009; Yu et al., 2011, 2013) in the study region, despite the relatively humid character
536 of the modern climate. Minimum temperatures in winter could likewise be responsible for
537 decreasing *Juglans* values during the Early Holocene (Zhao et al., 1991).

538 Spectral analyses performed on reconstructed Pann and Mtwā and on most indicative
539 tree pollen taxa percentages reveal a distinct and significant periodicity of 550-600 years for
540 temperature, precipitation (Fig. 4A), and for *Pinus* and *Betula* time series during the past
541 10,000 years. When slightly shifted towards longer periods, the peak is also consistently
542 detected for variations in *Quercus* and *Juglans*. Although, several spectral peaks resemble
543 those of known solar cycles, they do not necessarily imply a mechanistic link between
544 vegetation dynamics and solar activity. Rather, non-linear signal transfer seems to be the main

545 reason for individual cyclic changes in the percentage value of each pollen taxon. Beyond
546 climate forcing, other mechanisms, such as fire, competition and natural forest regeneration
547 cycles may generate different quasi-periodic forest composition changes at decadal to
548 millennial time scales (Green et al., 1981). Only the shared periodicity of 550-600 years,
549 which is apparent in most of the pollen taxa curves and in reconstructed climate variables,
550 suggests an underlying climate forcing.

551 A 550-600-year cycle has been noted previously from other Holocene palaeoclimate
552 records of the Asian monsoon region, e.g. the Heshang HS4 and Dongge DA stalagmites
553 (Cosford et al., 2008; Liu et al., 2012) and plant cellulose from peat deposits in NE China
554 (Hong et al., 2001), whereas Xu et al. (2014) reported a 500-year periodicity for the pollen
555 record from Xiaolongwan. In addition, cycles of 400-600 years have been observed in the
556 NW Pacific, while the N Atlantic record of sediment colour and slope sediments of the Great
557 Bahama Bank also yield periodicities centred at 550 years and 500-600 years, respectively
558 (Chapman and Shackleton, 2000; Roth and Reijmer, 2005; Gorbarenko et al., 2014). This
559 500-600-year oscillation is argued to reflect the dynamics of atmospheric and oceanic
560 processes, which might be amplified by solar output (Neff et al., 2001; Roth and Reijmer,
561 2005; Liu et al., 2008; Gorbarenko et al., 2014).

562 Motivated by the fact that different pollen taxa exhibiting high-frequency shifts in their
563 relative values during the Early and Late Holocene, we split the time series at 5000 cal. yr BP
564 for subsequent analyses of 0-5000 cal. yr BP and 5-10,000 cal. yr BP periods (Figs. 4B, C).
565 As a result, an approximately 500-year periodicity appears for the reconstructed Early
566 Holocene temperature, while a corresponding frequency is missing in the precipitation
567 reconstruction. Conversely, precipitation reveals a significant 500-550-years periodicity
568 during the Late Holocene, whereas a corresponding feature is lacking for the temperature
569 reconstruction. It therefore appears that the NE China region may have gradually shifted from
570 a primarily temperature-controlled vegetation development during the warm Early Holocene

571 to a predominantly monsoonal-rainfall-controlled vegetation change during the humid Late
572 Holocene.

573

574 4.4. *Sihailongwan climate changes in the context of East Asian terrestrial palaeomonsoon*
575 *records*

576 Comparison of reconstructed climate variables from SHL with stalagmite records from
577 S and E China shows a close match between the Mtwā long-term trend in NE China and the
578 precession-driven changes in the cave oxygen isotopes, while the precipitation curve from NE
579 China displays a different pattern (Figs. 5). At the beginning of the Holocene, stalagmite
580 oxygen isotopes and the SHL Mtwā reveal a marked shift, indicating a contemporaneous
581 transition from a glacial to interglacial climate in both regions. However, our pollen-based
582 Pann reconstruction exhibits a less-pronounced increase at approximately 11,250 cal. yr BP,
583 suggesting a modest shift towards increased summer monsoon-associated rainfall at SHL.
584 Likewise, the subsequent precipitation trend at SHL does not follow the classical concept of
585 an early to Mid-Holocene precipitation maximum in the realm of the EASM but reveals long-
586 term increasing rainfall up to a maximum value centred at 4000 cal. yr BP. Thereafter,
587 temperature and precipitation reconstructions imply a gradual weakening of the EASM
588 activity in NE China, while the effective moisture remains at a relatively high level probably
589 due to decreasing Late Holocene temperatures. These results largely correspond to the steady
590 increase of effective rainfall in NE China during the past 9000 years derived from lipid
591 biomarkers of neighbouring Xiaolongwan Maar Lake (Chu et al., 2014), substantiating the
592 regional nature of this palaeoclimate pattern. Furthermore, low frequency of peatland initiation
593 during the Early Holocene and highest swamp formation rates between 4200 and 800 yr BP
594 (Xing et al., 2015) are consistent with our reconstructed Holocene moisture evolution in NE
595 China. Similar to SHL vegetation and climate development patterns are also recorded in other
596 nearby palaeoecological archives for the second half of the Holocene (e.g., Jinchuan Peat:

597 Makohonienko et al., 2008; Jingpo Lake: Chen et al., 2015). In particular, the close similarity
598 between the pollen records from SHL and Xiaolongwan (Xu et al., 2014) confirms the
599 regional-scale nature of multi-centennial changes during the past 5000 years, despite some
600 inconsistencies in the timing of centennial events recorded in both archives. A long-term
601 increasing Holocene precipitation trend is also evident in several pollen-based rainfall
602 reconstructions from the eastern Tibetan Plateau (Wang et al., 2014). Although an Early
603 Holocene moisture shift at approximately 11,250 cal. yr BP is missing from most proxy
604 records from N China (e.g., Hulun Lake: Wen et al., 2010; Daihai Lake: Xu et al., 2010;
605 Luanhaizi Lake: Wang et al., 2014; Gonghai Lake: Chen et al. 2015), there are basic
606 similarities between the reconstructed precipitation and moisture evolution at SHL and that
607 from (semi-)arid regions of northern/central China and interior Asia, i.e. Mid-Holocene
608 humidity maximum and drier conditions afterwards (Fig. 5).

609 The validity of speleothem oxygen isotope records as proxy for summer monsoon
610 intensity is still a matter of debate (Caley et al., 2014). Whereas Liu et al. (2014) claim that
611 $\delta^{18}\text{O}$ records represent the intensity of the EASM system, a study of Yang et al. (2014) reveals
612 that rainfall variability in the ISM region primarily controls the isotopic composition of
613 Chinese cave stalagmites. A pollen based reconstruction of ISM precipitation from NW China
614 (Xingyun Lake: Chen et al. 2014) widely parallels the stalagmite $\delta^{18}\text{O}$ trend and supports the
615 hypothesis published by Yang et al. (2014). In this respect, the different trends observed in the
616 rainfall records from NE China and in the oxygen isotopic composition derived from the
617 Dongge stalagmites argue for an asynchrony in the ISM and the extratropical EASM
618 evolution. Nevertheless, Caley et al. (2014) doubt the validity of Asian speleothem oxygen
619 isotopes to represent summer monsoon strength due to the complex influences modulating the
620 monsoonal precipitation pattern and the $\delta^{18}\text{O}$ composition in cave stalagmites.

621 Using additional $\delta^{18}\text{O}$ -independent proxy data (including pollen), Ran and Feng (2013)
622 provide regionally-averaged moisture indices, which reveal a bell-shaped Holocene humidity

623 maximum in northern China (including NE China) between 9500 and 5000 cal. yr BP and a
624 plateau-shaped moisture optimum in S China between 11,000 and 4000 cal. yr BP. Based on
625 the different curve patterns they infer that the EASM strength had gradually transgressed
626 northward during the Early Holocene and gradually regressed southward during the Late
627 Holocene. However, the Holocene moisture trend reported by the recent studies in NE China
628 (Chu et al., 2014; Xing et al., 2015; Chen et al., 2015; this study) does not support the
629 reconstruction by Ran and Feng (2013). Moreover, our pollen-based vegetation and climate
630 reconstructions and the spectral analysis results, strongly suggest that monsoonal precipitation
631 and insolation-driven temperature changes co-determine the environmental dynamics in NE
632 China. This may explain present inconsistencies among available data sets in NE China and
633 beyond and call for critical (re)-assessment of proxies used to infer changes in monsoon
634 strength and in large scale circulation processes. Given the rather dry climate in arid Central
635 Asia, N and NE China during the Early Holocene, some authors (An et al., 2012; Zhao and
636 Yu, 2012) hypothesized that the climate near the modern monsoon margin was co-controlled
637 by strong and/or dry westerlies, restricting the northward movement of the subtropical
638 monsoon rainfall belt during this time. Zhao and Yu (2012) explained such strong westerly
639 influence by the extant ice sheets in N America and N Eurasia and low sea-surface
640 temperatures (SSTs) in the N Atlantic Ocean responsible for low evaporation and reduced
641 water transport to the Eurasian continent. However, SSTs registered in various North Atlantic
642 records show an Early Holocene maximum, challenging this hypothesis. Instead, Chen et al.
643 (2008) suppose that the mid-latitude westerlies could have been enhanced through a large
644 meridional temperature gradient during the Early Holocene. In contrast, Jin et al. (2012)
645 attribute Early Holocene aridity in Central Asia to a reduction of moisture advection brought
646 by weak westerly winds and decreased upstream evaporation, which are primarily related to
647 winter conditions. Independent evidence of enhanced influence from the Asian interior, at
648 least during the winter/spring seasons, is derived from maximum remote dust accumulation

649 rates recorded in the SHL sediments between 11,000 and 8200 cal. yr BP (Zhu et al., 2013).
650 Following Zhu et al. (2013), the increased Early Holocene dust transport into the SHL region
651 could result from increased insolation-driven seasonality with lower winter and higher
652 summer temperatures in arid and semi-arid mid-latitude regions of China and Mongolia as
653 well as from increased meridional temperature gradients. As a result, a high frequency of cold
654 air surges and enhanced cyclone activity occur in these regions promoting springtime dust
655 storms in NE China.

656 The absence of dust layers in the SHL sediment after 8000 kyr BP may reflect a basic
657 change in the atmospheric circulation and/or increasing vegetation coverage in the dust source
658 region at that time. The moist Middle Holocene at SHL coincides with the humidity
659 maximum along the northern margin of the EASM and in arid Central Asia (Chen et al., 2008;
660 Wen et al., 2010; Xu et al., 2010; Zhao and You, 2012), indicating the northernmost Holocene
661 impact of the EASM in the Asian mid-latitudes at that time. The climate optimum was
662 followed by moderate cooling starting in NE China at approximately 3500 cal. yr BP, when
663 similar to modern vegetation and climate conditions became established (Fig. 5). The cooling
664 and drying trends are reconstructed in the entire EASM domain, thus, different precipitation
665 trends reported for N/NE and S China are no longer obvious. We interpret this change as
666 regime shift associated with a significant monsoon weakening, during which the northern
667 limit of the summer monsoon moved to the south and the effective rainfall substantially
668 decreased.

669

670 4.5. *Sihailongwan climate changes in the light of Pacific Ocean influences*

671 In addition to the insolation-driven thermal land-sea contrast and the position and
672 strength of Northern Hemisphere westerlies, changes in the coupled atmosphere-Pacific
673 Ocean system are considered key factors influencing the seasonal migration of the subtropical
674 monsoonal precipitation front as well as the regional rainfall distribution within China (Ding

675 and Chan, 2005). In particular, prevalent blocking highs over Eurasia, spring arctic sea ice
676 and shifts in the W Pacific subtropical high (WPSH; Fig. 1) are known to favour abundant
677 rainfall in NE China (Gao et al., 2014; Guo et al., 2014). Chu et al. (2014) discussed a
678 correlation between rainfall in NE China and the strength of the blocking Okhotsk High,
679 comparing their $\delta^{13}\text{C}_{27-31}$ N-alkane pattern with an alkenone-based SST reconstruction from
680 the mixed water region off Sanriku, in the NW Pacific (Minoshima et al., 2007). Although
681 such a teleconnection is known from recent climate observations (Shen et al. 2011), we
682 cannot find explicit evidence of changes in the Okhotsk High and related monsoon changes in
683 NE China during the Holocene in the SHL records.

684 Nevertheless, several similarities between reconstructed SHL rainfall trends and proxy
685 records from the Pacific Ocean realm corroborate a major role of the Pacific Ocean in
686 regulating EASM rainfall (Fig. 6). Similar to reconstructed precipitation patterns in NE China,
687 the relative abundance of sea-ice-related diatoms from the W Okhotsk Sea show long-term
688 Early to Middle Holocene increase yielding in a maximum at approximately 4000 cal. yr BP,
689 and decreasing values afterwards (Fig. 6). According to Guo et al. (2014), today's lower-than
690 average spring sea ice in the Arctic is associated with higher precipitation amounts in
691 southern EASM region and less rainfall in the northern EASM region, and vice versa. Thus,
692 observed Holocene precipitation trends in S China *versus* NE China and the presumed sea ice
693 extent in the Okhotsk Sea (Harada et al., 2014) provide support for such driving mechanism
694 throughout the Holocene. However, given the complex spatio-temporal variability pattern of
695 proxy records from marine environments, particularly within the Pacific Arctic, shortcomings
696 still exist in dating uncertainties and data interpretation (Max et al., 2012; Juggins, 2013;
697 Harada et al., 2014). Uncovering this high-low-latitude climate linkage remains a significant
698 challenge and should be additionally tested by palaeoclimate simulations.

699 In addition to sea ice extent, SSTs reconstructed from Mg/Ca ratios from the northern
700 East China Sea also exhibit obvious parallels with reconstructed Holocene precipitation

701 amounts at SHL (Fig. 6; Kubota et al., 2010, 2015). Even taking into account the
702 chronological limitations of the marine record, both data sets show a quasi-simultaneous shift
703 towards a stronger EASM at the beginning of the Holocene and a similar trend afterwards.
704 However, the reconstructed high SHL Mtwa and high SSTs compared with moderately
705 increasing Early Holocene rainfall suggest that the SHL region may be co-influenced by
706 insolation increase during summer, or even by dry westerlies, while the monsoonal
707 precipitation increase is not able to compensate the enhanced evaporation. Considering the
708 recent linkages between SSTs in the subtropical W Pacific, the W_{PSH} and the moisture
709 transport from oceans to inland regions, it is likely that the shift of SSTs in the NW Pacific at
710 the beginning of the Holocene induced a north-/westward displacement of the W_{PSH}.
711 Consequently, the monsoon precipitation extended to NE China and caused the initial
712 Holocene rainfall increase (Liu et al., 2008; Shen et al., 2011; Deng et al., 2014; Yang et al.,
713 2014). Analogously, the subsequent millennial-scale rainfall trend in NE China follows
714 variations in the subtropical W Pacific.

715

716 4.6. *Conclusions*

717 In this paper we present a new detailed palynological data set covering the Holocene
718 part of the annually laminated sediments from Sihailongwan Maar Lake, NE China.
719 Conventional interpretation of the SHL pollen assemblages is complemented by the results of
720 quantitative biome and climate reconstructions and power spectrum analysis. The
721 reconstructed climate variables are then validated statistically and by comparison with the
722 regional and extra-regional records.

723 The pollen-based biome reconstruction indicates that the study region was covered by
724 COMX and TEDE forests during the past 12,000 cal. yr BP. According to bioclimatic limits
725 of reconstructed biomes, significant shifts in affinity scores represent changes in regional
726 thermal and hydrological conditions, in agreement with reconstructed climate variables. Prior

727 to the Holocene onset, the M_{twa} and P_{ann} values were ca. 6-7°C and 300-400 mm lower than
728 today, suggesting rather weak EASM activity. A constantly high summer temperature is
729 reconstructed between 10,700 and 3500 cal. yr BP, while precipitation slowly increases
730 during the Early and Mid-Holocene towards its maximum at approximately 4000 cal. yr BP.
731 Since 3500 cal. yr BP, M_{twa} and P_{ann} decrease to recent levels, while effective humidity
732 remains high, and unstable environmental conditions are reconstructed. A distinct and
733 statistically significant periodicity of 550-600 years has been identified for reconstructed
734 climate variables during the last 10,000 years. From different power spectra patterns of
735 reconstructed M_{twa} and P_{ann} during the first and second half of the Holocene, we infer a shift
736 in main driving factors influencing vegetation and/or climate evolution and a partial
737 decoupling of temperature and rainfall in NE China. These results are largely consistent with
738 other data from NE China.

739 Comparisons with other proxy records from the EASM monsoon domain reveal that the
740 reconstructed SHL climate development differs from the Holocene moisture evolution
741 recorded in $\delta^{18}\text{O}$ records from E and S China stalagmites and in mid-latitude arid regions of
742 northern China. The reconstructed SHL precipitation points towards a continuous northward
743 advance of the EASM during the Early and Middle Holocene, whereas a clear insolation-
744 related trend of monsoon intensity during the Holocene is missing for NE China. In the Early
745 Holocene, prevailing dry westerlies may have co-influenced the climate in NE China. On the
746 other hand, we have found strong similarities between the Holocene moisture development in
747 NE China and palaeoclimate proxies from the NW Pacific Ocean, which reflect close
748 coupling of the atmosphere-Pacific Ocean system. In future data syntheses and modelling
749 studies, NE China should therefore be regarded as separate climate region. Moreover,
750 asynchronous temperatures and precipitation trends in NE China demonstrate that proxy data
751 at least from extratropical monsoon regions could be affected by both variables and may, if
752 considered separately, not necessarily reflect summer monsoon intensity. Our new

753 comprehensive data set from SHL is relevant for data-model comparisons, which in turn may
754 help decipher spatio-temporal patterns and driving forces of climate evolution in monsoonal
755 Asia and adjacent regions.

756

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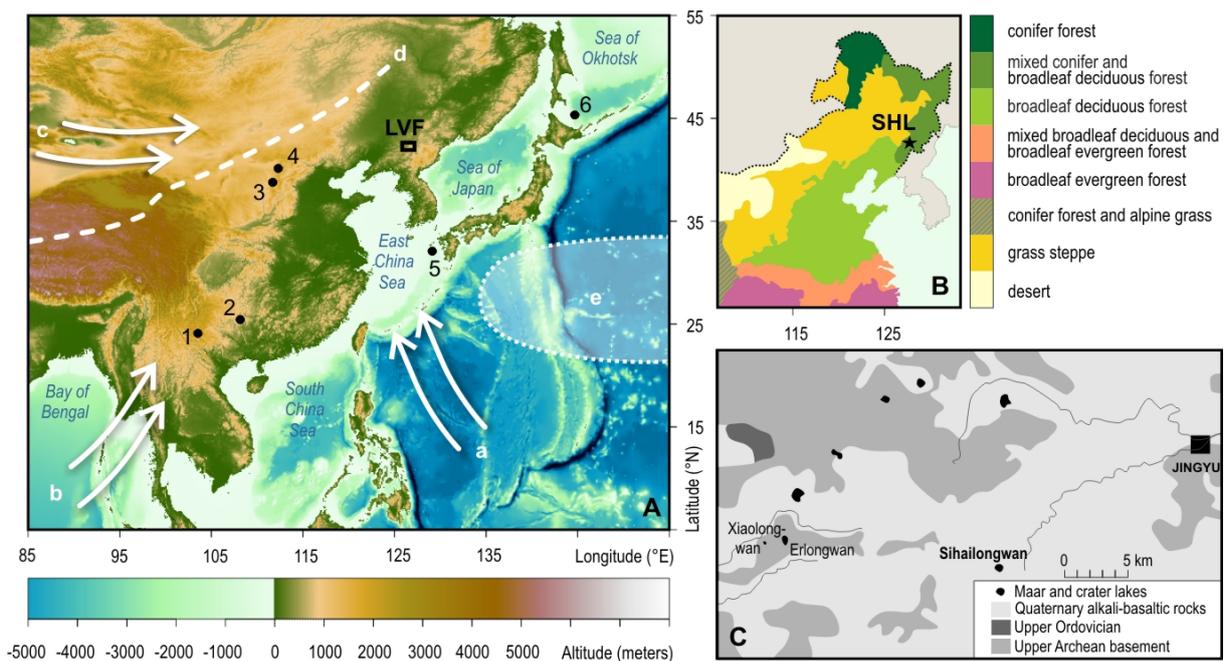
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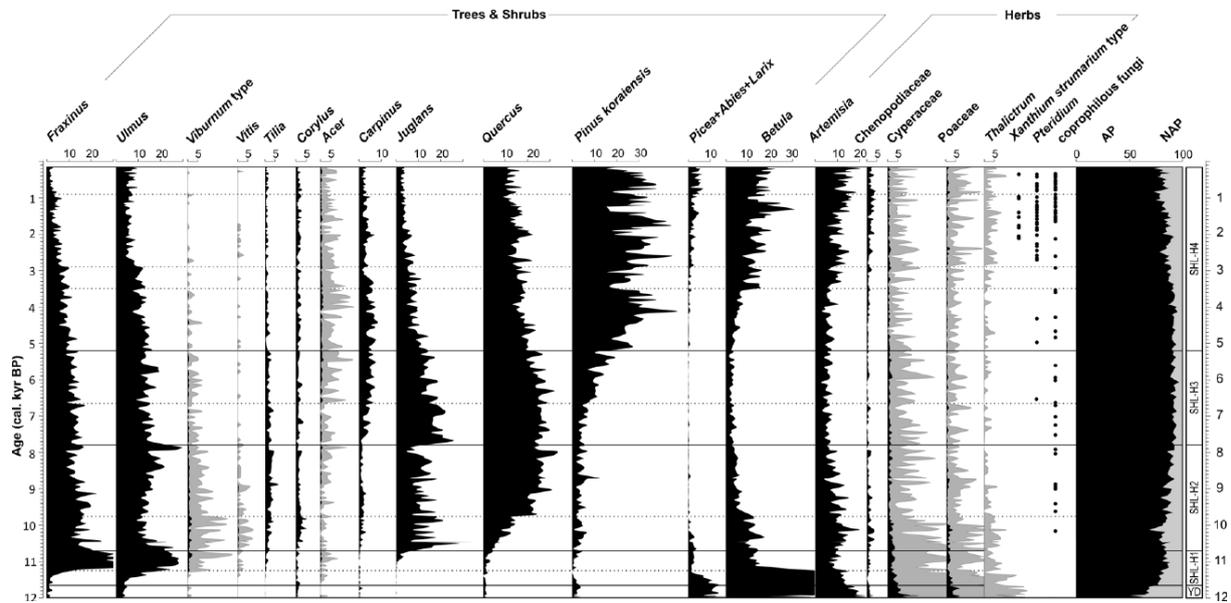
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1169 **Fig. 1.** (A) Map of the study area showing the study region Longgang Volcanic field (LVF),
 1170 key records discussed in the text and shown in Figs. 5 and 6, respectively: (1) Xingyun Lake;
 1171 (2) Dongge Cave; (3) Gonghai Lake; (4) Daihai Lake; (5) East China Sea, core Ky07-04-01,
 1172 (6) Sea of Okhotsk, core Gh00-1200; and main circulation systems: (a) East Asian Summer
 1173 Monsoon, (b) Indian Summer Monsoon, (c) Westerlies. The white dashed line (d) represents
 1174 the limit of the modern summer monsoon (after Gao, 1962). The white-shaded area (e) marks

1175 the Western Pacific Subtropical High. (B) Natural vegetation of north-eastern China (source:
1176 <http://www.zonu.com/detail4-en/2011-07-22-14101/Natural-vegetation-of-China-1967.html>).

1177 (C) Main geological units and lakes of the Longgag Volcanic Field.

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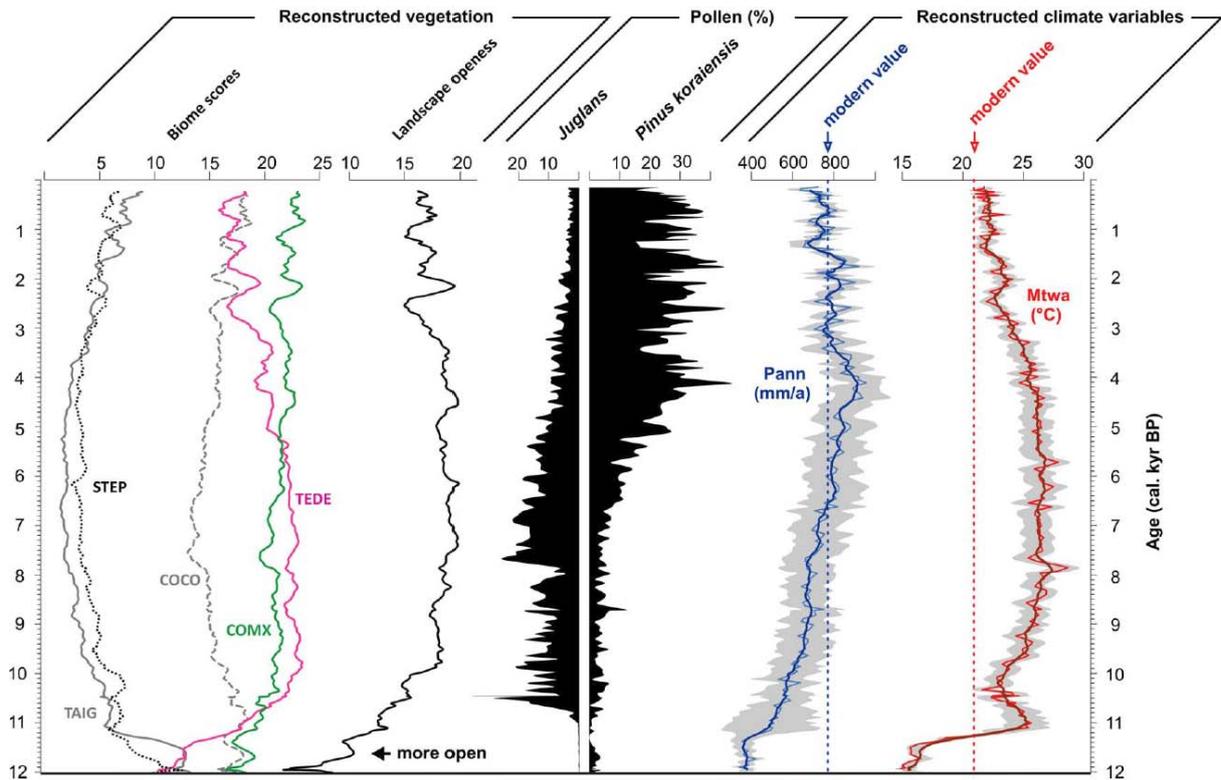


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1180 **Fig. 2.** Simplified pollen percentage diagram of Lake Sihailongwan (this study) plotted
1181 against the chronology presented in Schettler et al. (2006) and Stebich et al. (2009).

1182 Exaggeration ($\times 10$) is indicated by grey shading. Pollen analysts: F. Schlütz and M. Stebich.

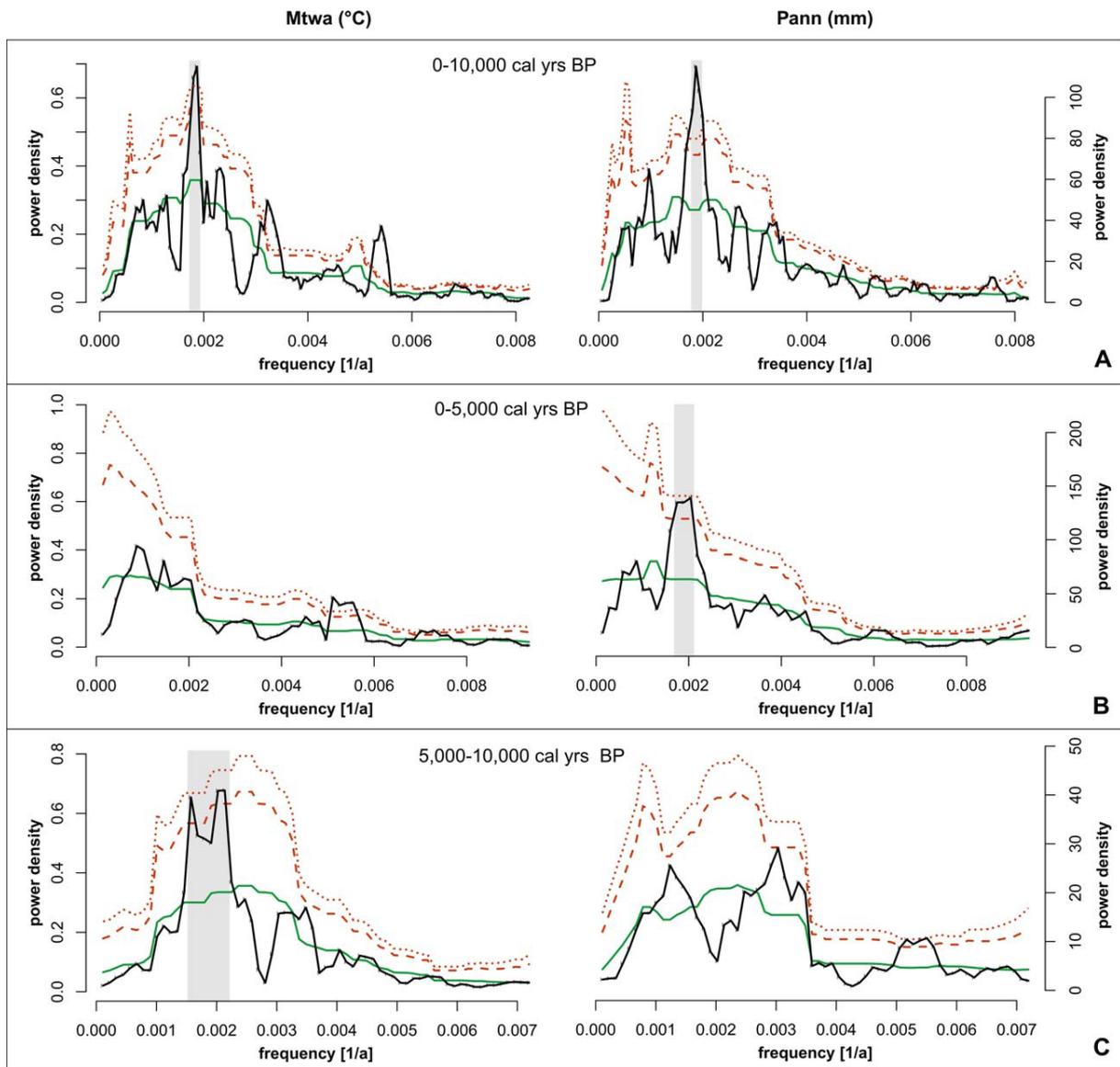
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1185 **Fig. 3.** Biome scores, selected pollen percentages, and climate variables of the Holocene SHL
 1186 sequence. Biome scores are presented as 5-point moving averages, while their climatic
 1187 interpretations are summarized in Table 1. The depicted Mtwa and Pann climate variables
 1188 include 5-point moving averages (thick lines) and 2-sigma confidence intervals (grey
 1189 shadow). Calculated biome scores, selected pollen taxa percentages, and pollen-derived
 1190 climate variables of the Holocene SHL sequence. Biome scores are presented as 5-point
 1191 moving averages, while their climatic interpretations are summarized in Table 1. The depicted
 1192 Mtwa and Pann climate variables include 5-point moving averages (thick lines) and 2-sigma
 1193 confidence intervals (grey shadow).

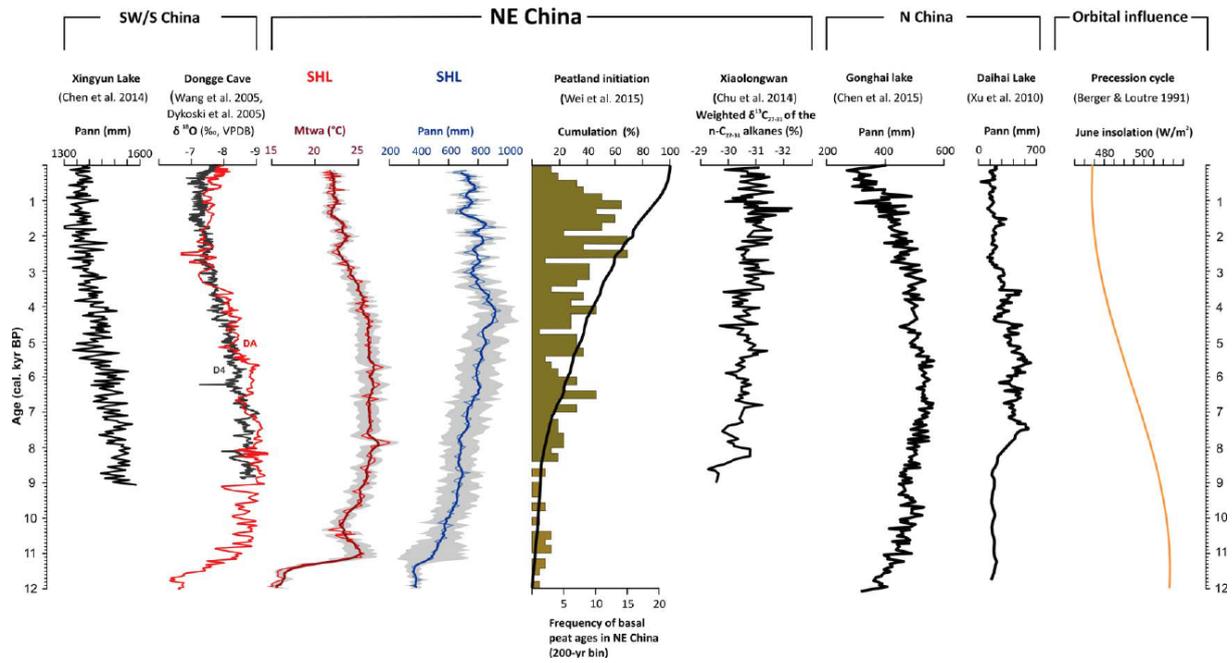
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1196 **Fig. 4.** Power spectra density estimates for reconstructed Mtwa and Pann (black lines) show a
 1197 distinct peak around the frequency of 500^{-1} years when taken over the time period from 0 to
 1198 10,000 cal. yr BP (A). The power in this band vanishes for Mtwa during the past 5,000 years
 1199 (B) and for Pann between 5000 to 10,000 cal. yr BP (C). Dashed and dotted lines (red) denote
 1200 the 90% (99%) confidence interval based on the background spectrum (green) which based on
 1201 a χ^2 distribution with six degrees of freedom.

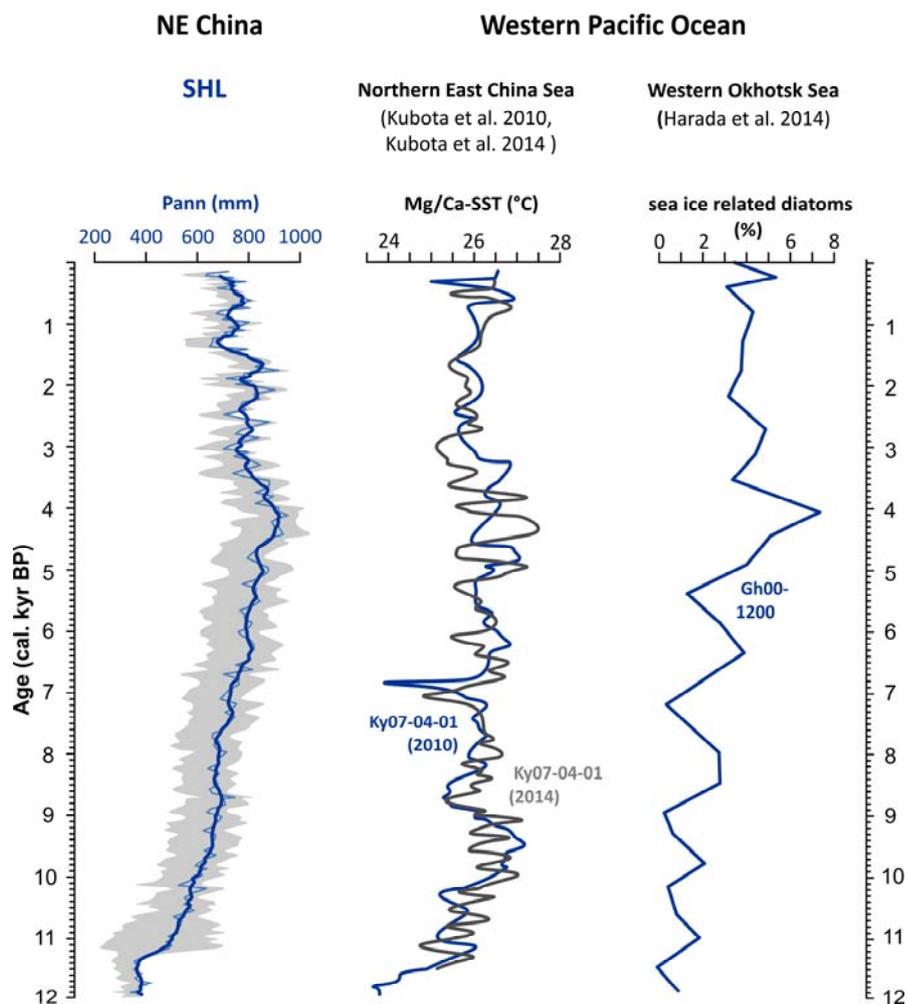
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1204 **Fig. 5.** The SHL pollen-derived climate variables (this study) along with the selected proxy
 1205 records from SW/S and N China, and summer insolation curve. Locations of the records are
 1206 given in Fig. 1.

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 1209 **Fig. 6.**
 1210 The SHL pollen-derived climate variables (this study) along with selected proxy records from
 1211 the Western Pacific Ocean. Locations of the records are given in Fig. 1.

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 1215 **Tab. 1.** Summary of climate ranges covered by the modern calibration data (Cao et al., 2014)
 1216 set in comparison to the corresponding modern values at the Sihailongwan Lake.

	Modern calibration data set		Sihailongwan
	Minimum	Maximum	
Pann (mm)	35	2091	775
Tann (°C)	-12.1	25.8	2.5
Mtco (°C)	-33.8	21.7	-18.1
Mtwa (°C)	0.3	29.8	20.7

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1221 **Tab. 2.** Summary of the dominant plant types and of climatic requirements of the calculated

1222 SHL biome scores (abbreviations see text, GDD=growing degree days)

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	Biome name and abbreviation	Dominant Plant functional types	Climatic requirements (Prentice et al. 1992, Mokhova et al. 2009)
TEDE	Temperate deciduous forests	Temperate summergreen Cool-temperate conifer Boreal summergreen	Cool winters (-2 to 0°C) and areas with colder winters (down to max. -15°C) where conditions are too dry for boreal evergreen conifers; high (>1200) GDD requirement, which indirectly excludes TEDE from regions with a very low seasonal temperature range
COMX	Cool mixed forests	Temperate summergreen Cool-temperate conifer Boreal summergreen Boreal evergreen conifer	Occurring poleward of the TEDE in climates with moderately cold winters (mean Mtco from -2°C to -15°C to -26°C); high (>1200) GDD requirement and sufficient precipitation for boreal evergreen conifers (>75%)
COCO	Cool coniferous forests	Cool-temperate conifer Boreal summergreen Boreal evergreen conifer	Mtco of -15 to -19°C separating the winter temperature tolerances of temperate summergreens and cool-temperate conifers; can also occur in climates with milder winters (-2 to -15°C), where the growing season is not warm enough for temperate deciduous trees (GDD <1200);
TAIG	Taiga	Boreal summergreen Boreal evergreen conifer	Cold winters (-19°C to -35°C) extending to somewhat warmer winters in maritime climates with GDD <900 and precipitation meeting >75% of demand
STEP	Steppe	Cool grass and shrub	Summers cooler than 22°C, precipitation meeting 28-65% of demand

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