Investigation of organic matter and biomarkers from Diepkloof Rock Shelter, South Africa: insights into Middle Stone Age site usage and palaeoclimate

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Abstract

Diepkloof Rock Shelter (DRS) represents a site of major interest for reconstructing early human behaviours during the Middle Stone Age (MSA). Rock shelters such as DRS also potentially preserve information concerning the environmental context for such behaviours. In this respect the organic matter composition of rock shelter sediments has rarely been investigated in detail,
particularly at the molecular level. Here, we used pyrolysis-gas chromatography/mass spectrometry (py-GC/MS) to systematically assess the organic matter composition of bulk sediments within the MSA and Later Stone Age (LSA) sequence at DRS. From this we sought to gain insights into site usage, taphonomy and burning practices. Additionally, we analyzed the chain length distribution of leaf-wax \( n \)-alkanes as well as their hydrogen and carbon isotopic compositions (\( \delta D_{\text{wax}} \) and \( \delta^{13}C_{\text{wax}} \)) to investigate their potential as hydroclimate and vegetation indicators. This constitutes the first leaf-wax isotopic data in a terrestrial context of this antiquity in South Africa.

Py-GC/MS shows a dichotomy between stratigraphic units (SUs) of high organic matter content, producing a range of pyrolysis products, including homologous series of long chain \( n \)-alkene/\( n \)-alkane doublets and alkyl-nitriles, and SUs of low organic matter content, dominated by aromatic, heterocyclic N and polycyclic aromatic hydrocarbon (PAH) pyrolysis products; typical molecular burning products. Several SUs of the Intermediate Howiesons Poort interval exhibit the latter composition, consistent with micromorphological evidence.

\( \delta^{13}C_{\text{wax}} \) remains stable throughout the MSA, but leaf-wax \( n \)-alkane chain length and \( \delta D_{\text{wax}} \) increase during the Late Howiesons Poort interval. Comparison with such patterns in modern plants in the region suggests this represents a shift towards the input of more arid-adapted vegetation into the shelter, driven either by aridification at the site locale or a change in selection practices. Our results suggest that these techniques have further potential in southern Africa and globally at sites where organic matter preservation is high.
Key words

Organic matter composition, py-GC/MS, $\delta^{13}$C_wax, $\delta$D_wax, PAHs, n-alkane chain length distribution, burning

1. Introduction

Diepkloof Rock Shelter (DRS), Western Cape Province, South Africa (Fig. 1) hosts a sequence spanning the pre-Still Bay to Howiesons Poort industries of the Middle Stone Age (MSA), and is overlain by Later Stone Age deposits (LSA; Porraz et al., 2013; Fig. 2a). The site has yielded a multitude of findings, including lithic artefacts (Porraz et al., 2013), charcoal remains (Cartwright, 2013; Miller et al., 2013), specific hafting residues (Charrié-Duhaut et al., 2013), ochre (Dayet et al., 2013) and faunal remains (Steele and Klein, 2013). Perhaps the most remarkable finding is the earliest evidence for engraved ostrich eggshell (EOES) during the Early Howiesons Poort interval (Texier et al., 2013), thought to represent a significant cultural and social development (Texier et al., 2010). Developing an environmental context for such cultural/social developments, both at DRS and beyond (e.g. Henshilwood et al., 2002) has, however, proved challenging in this locale and on the wider southern Cape (Chase, 2010), fundamentally reflecting the lack of contemporaneous terrestrial environmental archives (Carr et al., 2016b).

Faunal remains and stone tool assemblages from MSA sites often provide valuable archaeological and environmental insights. However, it has been noted that there is often relatively limited consideration of the organic material within many MSA deposits (Wadley, 2015). In cases where organic material has been directly analysed, striking insights have been provided, including identification
of bedding structures (Goldberg et al., 2009; Wadley, 2011) and specific
gеоchemical evidence for the use of chemical adhesives (Charrié-Duhaut et al.,
2013). Here we consider the molecular character of sedimentary organic matter
in an archaeological context both to support archaeological inference and to gain
insights into environmental change. We specifically aim to investigate questions
surrounding the degree of burning, the types of vegetation brought into the site
and evidence for past hydroclimatic change. We characterize the organic
composition of the sediments and assess the degree to which each stratigraphic
unit was burnt using pyrolysis-gas chromatography/mass spectrometry (py-
GC/MS), while vegetation type and hydroclimate are considered via the
distribution and isotopic composition of leaf-wax n-alkanes.

2. Diepkloof Rock Shelter background and setting

2.1 Setting and stratigraphy

DRS is located at ~120m altitude above the Verlorenvlei wetland about 14km
from the modern coastline. The rock shelter formed within a quartzitic sandstone
butte, and has a floor area of 200m². Based on stone tool assemblages, the
sedimentary sequence within the shelter has been ascribed to different techno-
cultural phases of the MSA (Porraz et al., 2013). From bottom to top the complete
sequence includes the Lower MSA, MSA 'Mike', pre-Still Bay, Still Bay, Early
Howiesons Poort, MSA 'Jack', Intermediate and Late Howiesons Poort and finally
the post-Howiesons Poort (Porraz et al., 2013); here we focus on the pre-Still Bay
to Late Howiesons Poort (Fig. 2). The sequence has been further divided into
Stratigraphic Units (SUs), which represent complexes of individual lenses and
beds (microfacies; Miller et al., 2013), given names ordered mainly alphabetically
from the top to the base.
Micromorphological analysis indicates that the sediments in the rockshelter comprise ash, charcoal and siliciclastic fragments, as well as bone, eggshell, and humified organic remains (Miller et al., 2013). The upper part of the section, corresponding to the Intermediate and Late Howiesons Poort, displays evidence for the raking out of hearths and the burning of bedding, suggesting more frequent or intensive site use (Miller et al., 2013).

In terms of palaeoclimate and palaeovegetation, charcoal remains indicate variability in the vegetation brought to the shelter between the Still Bay and Howiesons Poort (Cartwright, 2013). During the Still Bay, the charcoal assemblage comprises a range of both Afromontane forest and thicket taxa, while during the Howiesons Poort, vegetation indicates a wider range of taxa, including more thicket and shrubland woody taxa, implying a shift towards more arid conditions (Cartwright, 2013). Faunal remains have also yielded insights into the past vegetation of the region. Evidence for grazers, rare during the LSA, was taken to indicate that more grassy conditions prevailed during the MSA relative to the LSA (Steele and Klein, 2013), although in this context the exposed continental shelf, which was up to ~20km in extent during the period of MSA occupation (Porraz et al., 2013), may account for some changes in faunal assemblage.

Given that vegetation brought to the site was selected by the inhabitants and represents only a specific fraction of the vegetation surrounding the site, it is also plausible that the above changes in vegetation and faunal assemblage reflect changes in selection practises by the inhabitants. Nonetheless, it may be argued that on these long timescales, climate is the overarching control on the available...
vegetation. Either way, this represents an important aspect to bear in mind when interpreting our data.

2.2 Chronology of the DRS sequence

The LSA sequence at DRS is believed to span the last 1.8 ka (Parkington and Poggenpoel, 1987). For the MSA sequence, two different optically stimulated luminescence (OSL) chronologies have been proposed. The initial chronology from grid squares C6 and L6 within the shelter (Jacobs and Roberts, 2015; Jacobs et al., 2008) indicated that the Still Bay to Late Howiesons Poort industries span an age range of 73.6 ± 2.5 ka to 60.5 ± 1.9 ka. Later studies using both thermoluminescence and single grain OSL (Feathers, 2015; Tribolo et al., 2013; Tribolo et al., 2009) from grid squares M7, N7, L6 and M6 and P11-Q11 (for OB2-4) suggest that the Still Bay to Late Howiesons Poort spans an age range between 109 ± 10 ka to 52 ± 5 ka and tend to be clustered, with the Still Bay (109 ± 10 ka) producing a similar age to the Early Howiesons Poort (105 ± 10 ka to 109 ± 10 ka) and the Intermediate Howiesons Poort dated at 85 ± 9 ka to 77 ± 8 ka. The late Howiesons Poort is much younger (52 ± 5 ka), although this is taken from the back sector of the excavation (Tribolo et al., 2013). The disparities in these chronologies are yet to be resolved (Jacobs and Roberts 2015, Feathers 2015). As some dated samples were obtained from different grid squares of the site these differences may reflect some as yet undiscerned stratigraphic complexity at the site. As such, because our samples were taken closest to material analysed by Tribolo et al., (2013), we refer to their ages.
2.3 Climate and vegetation of the region

The locale around DRS comprises a mosaic of vegetation (Cartwright 2013). Briefly, steep rocky kloofs (ravines) provide shelter and retain enough soil moisture to permit growth of some occasional trees and mesic thicket taxa including small trees and shrubs. Going downslope from the shelter, crevices and large boulders retain enough moisture to permit growth of thicket, while further downslope, sandy soils favour the growth of asteraceous shrubs, seasonal bulbs, succulents and grasses.

DRS is positioned within the Lowland Fynbos biome, just south of the boundary with the Succulent Karoo biome (Fig. 1a). The Fynbos biome (comprising the Lowland and Montane Fynbos eco-regions), which extends to the southwest of DRS is a Mediterranean-type shrubland comprising sclerophyllous proteoid shrubs, small-leaved ericoid shrubs (notably from the Ericaceae family), Cape reeds (Restionaceae) and various geophytes from the Liliaceae and Iridaceae families (Cowling et al., 1997). The vegetation of the Fynbos biome is characterised by a general absence of trees and adaptation to summer drought. There are a small number of CAM species, but most plants use the C₃ pathway (Vogel et al., 1978). Some halophytic C₄ vegetation occurs on the banks of the Verlorenvlei wetland (Carr et al., 2015). DRS receives ~250 mm of precipitation per year, which is delivered mostly (70%) during austral winter. Regions south and west of DRS are less arid (Fig. 1b) and receive 200-500 mm of precipitation per year, delivered mainly (70-90%) during winter.

The Succulent Karoo biome (Fig. 1a) to the north of DRS is characterised by a generally hotter and more arid climate (Fig. 1b), particularly during the summer,
and the biome comprises more drought-adapted species such as leaf succulents and dwarf shrubs from the Aizoaceae, Crassulaceae and Euphorbiaceae families (Milton et al., 1997). Many species in the Succulent Karoo use CAM photosynthesis (Rundel et al., 1999) and are characterised by thick, waxy cuticles, dwarf succulence and shallow rooting systems. In the northern Succulent Karoo, mean annual rainfall is approximately 150-300 mm yr\(^{-1}\) (Hijmans et al., 2005), and seasonality is markedly reduced (~50% during the winter).

3. Background to the organic matter and molecular approach

3.1 Rockshelter organic matter composition

Micromorphological analyses suggest terrestrial plants represent a significant component of the organic material preserved in rockshelter sediments (Miller et al. 2013), along with burning products, be they derived originally from plants (Cartwright, 2013) or animal products (Goldberg et al., 2009; Miller et al., 2013). The major organic components of fresh vegetation include macromolecular lignin, cellulose and leaf cuticles (e.g. cutin macromolecule); the latter is also associated with the synthesis of soluble leaf waxes. While cellulose has a low preservation potential in the arid environments of southern Africa (Carr et al., 2010; 2013), sedimentary lignin monomers can be used to reconstruct past vegetation types (Goñi and Hedges, 1992), although their preservation can be variable (Thevenot et al., 2010). Leaf-wax lipids, particularly \(n\)-alkanes, tend to be relatively well preserved in a variety of sedimentary contexts and are preserved within soils throughout the study area (Carr et al., 2014).
Incomplete or variable combustion of organic matter, as would be anticipated in an archaeological context, generates a continuum of organic materials (Masiello, 2004), with more prolonged burning or higher temperatures producing organic matter increasingly dominated by PAHs, and other aromatic compounds characterised by the presence of more ring structures (e.g. Simoneit, 2002).

To assess the organic matter composition of DRS sediments we use py-GC/MS, which can be performed directly on sediments, without extraction. Pyrolysis thermally fragments macromolecules in an inert atmosphere, rendering large macromolecular compounds (such as cellulose and lignin) amenable to GC analysis (e.g. Sáiz-Jiménez and De Leeuw, 1986). Our aims are to compare the organic matter components preserved in the MSA (late Pleistocene) and LSA (late Holocene) sediments and to identify whether burning indicators (e.g. PAHs) relative to unburnt compounds (e.g. leaf waxes) change through the sequence and how this relates to other cultural/societal changes.

3.2 Leaf-wax $n$-alkanes

We also analysed leaf-wax $n$-alkanes, which are commonly utilized in palaeoenvironmental research, given their suitability for compound-specific hydrogen and carbon isotopic analysis (Eglinton and Eglinton, 2008). Leaf-wax derived $n$-alkanes are typically long-chain compounds, with a chain length distribution between about 25 and 33 carbon atoms ($C_{25-33}$) and a strong tendency for odd/even chain length preference (Eglinton and Hamilton, 1967).

The chain-length distribution of leaf-wax $n$-alkanes can provide information regarding vegetation type (e.g. Poynter et al., 1989; Vogts et al., 2009). In the Western Cape, the $n$-alkane distributions from the Fynbos biome are, on average,
distinct from those of the Succulent Karoo (Carr et al., 2014). Fynbos vegetation tends to be C_{31} and C_{29} dominated while Succulent Karoo vegetation tends to be dominated by n-alkanes of C_{31} and C_{33} chain length (Fig. 3a), which likely reflects the combined effects of a more arid climate and the associated transition to more drought-adapted plants within the Succulent Karoo biome. This feature of the chain length distribution is typically summarized (Carr et al., 2014; Schefuß et al., 2003) using the Norm31 index (C_{31}/C_{31}+C_{29}). Vegetation of the Lowland Fynbos biome is thus characterized by lower Norm31 values (mean of 0.57 ± 0.31, n=28) than the Succulent Karoo (mean of 0.84 ± 0.17; n=133; Fig. 1a; Carr et al., 2014; Herrmann et al., 2016).

Compared to soils and sedimentary environments, there are additional factors affecting leaf-wax preservation within an archaeological site. Laboratory and field burning experiments show that incomplete combustion of leaf waxes increases the proportion of shorter chain length and even-numbered n-alkanes due to fragmentation of the longer homologues, with greater fragmentation occurring with higher combustion temperatures (Eckmeier and Wiesenberg, 2009; Mallol et al., 2013; Wiesenberg et al., 2009). The n-alkane average chain length (ACL_{14-35}) of maize straw dropped from 30.2 to 25.8 when burnt at 300°C and to 17.4 at 500°C (Wiesenberg et al., 2009). The odd-over-even number preference of the waxes, summarised by the carbon preference index (CPI_{27-33}, where values around 1 indicate no odd-over-even preference), was reduced from 10.7 when unburnt, to 2.6 at 300°C and then 0.9 at 500°C (Eckmeier and Wiesenberg, 2009; Wiesenberg et al., 2009).
We aim to determine to what degree the leaf-wax chain-length distribution of DRS sediments reflects the primary vegetation versus combustion processes and whether the Norm31 index can elucidate past changes in vegetation input.

### 3.3 Leaf-wax isotopes (δD<sub>Wax</sub> and δ<sup>13</sup>C<sub>Wax</sub>)

δD<sub>Wax</sub> is commonly utilized as a palaeohydrological indicator. Precipitation is the ultimate source of hydrogen for leaf waxes and δD<sub>Wax</sub> typically records changes in precipitation δD (δD<sub>p</sub>; Sachse et al., 2012), which in turn reflects precipitation source and/or amount (Rozanski et al., 1993). Relative humidity and plant type exert secondary effects on δD<sub>Wax</sub> (Sachse et al., 2012).

The potential of δD<sub>Wax</sub> analysis in the Western Cape was demonstrated by Herrmann et al., (2017), who showed reasonably coherent changes in δD<sub>Wax</sub> with aridity for contemporary soils from across the sub-continent (Fig. 1b). Higher δD<sub>Wax</sub> in the Succulent Karoo biome likely reflects lower precipitation amounts and increased evapotranspiration associated with long dry summers. The Western Cape (broadly, winter rainfall zone), however, displays a complicated spatial pattern, possibly due to the effects of both summer and winter rainfall, the existence of microclimates and a diverse array of vegetation types in this mountainous region (Herrmann et al., 2017).

δ<sup>13</sup>C<sub>Wax</sub> is a function of photosynthetic pathway and aridity, and is commonly interpreted as a palaeovegetation indicator. C<sub>3</sub> plants from the Succulent Karoo exhibit mean δ<sup>13</sup>C<sub>Wax</sub> values of -34.2‰ ± 4‰ for the C<sub>31</sub> n-alkane (Boom et al., 2014). CAM plants from the Succulent Karoo display higher but also more variable values (a mean C<sub>31</sub> n-alkane δ<sup>13</sup>C<sub>Wax</sub> value of -22.7‰ ± 6‰), with
facultative CAM plants displaying a mean of -28.9‰ ± 3‰ (Boom et al., 2014).

C₄ grasses exhibit an average C₃₁ n-alkane δ¹³C<sub>wax</sub> value of -21.8‰ ± 2‰ (Rommerskirchen et al., 2006). The transect of southern African soils (Herrmann et al., 2016) displays an increase in δ¹³C<sub>wax</sub> in the Succulent Karoo to the NE of the study site.

The effect of burning or heating of n-alkanes might potentially affect δD<sub>wax</sub> and δ¹³C<sub>wax</sub> values. Bulk plant δ¹³C values display isotopic enrichment (~1 ‰) after burning (Poole et al., 2002), related to preferential loss of isotopically light components. Previous compound-specific work on this topic is, however, limited, although it has been shown that mid-chain length fatty acids from aerosols produced during burning exhibit both increased and decreased δ¹³C values, depending on the plant type (Ballentine et al., 1998), and thus reveal no systematic effect. It is thought that the mid-chain length compounds formed from chemical degradation during burning and the isotopic composition of the precursor molecules varies between plant types. This process is, however, unlikely to apply to long-chain leaf waxes such as the C₃₁ n-alkane, which likely represent the intact original compounds.

At DRS we aim to investigate whether the leaf-wax isotopic composition reflects the primary vegetation and hydroclimate signals or has been overprinted by burning processes. Moreover, we aim to elucidate how vegetation, hydroclimate and/or human selection practices have changed over time.
4. Methods

4.1 Sampling

Sediment samples were collected during the field season of 2013. Samples were taken from the standing section. Sediment on the exposed surface was scraped away, and the immediately underlying sediment scraped into glass vials using a metal spoon that was wiped clean between samples. Samples from the MSA levels were taken in grid square M7B, adjacent to the location of samples for micromorphological analysis reported by Miller et al., (2013). Thirty-one samples were taken in total, spanning SUs Lynn to Debbie (Fig. 2). This includes two samples from each of SUs Eve, Frans and Leo to assess the variability within individual SUs. LSA deposits were not preserved in this area of the site, so three LSA samples were taken where deposits of this age were exposed. LSA 1 came from the C6/C7 profile. LSA 2 was taken from the M5/M4 profile, in approximately the middle of the square. LSA 3 came from the E6/E5 profile. Most of the LSA deposits at Diepkloof occur as pits dug into the MSA layers. While every effort was made to ensure that the LSA samples consisted of pit infill, it is impossible to be certain that there is no admixture of MSA sediments.

4.2 Bulk parameters (%TC, bulk $\delta^{13}C_{TC}$, %TN and bulk $\delta^{15}N$)

In addition to the molecular indicators, we also analyzed bulk parameters. Bulk measurements of total carbon (%TC; including black carbon and organic carbon), bulk $\delta^{13}C_{TC}$, total nitrogen (%TN) and bulk $\delta^{15}N$ were determined at the University of Cape Town, after pre-treatment with 1M hydrochloric acid to remove carbonates. Samples were combusted at 1020°C in a Flash 2000 elemental analyser and the resultant gases analysed with a Delta V Plus isotope
ratio mass spectrometer (ThermoScientific, Germany). Duplicate analyses of homogeneous material yielded a typical precision of 0.2‰ for both carbon and nitrogen isotopic measurements.

4.3 Pyrolysis-Gas Chromatography/Mass Spectrometry (py-GC/MS)

For py-GC/MS we analysed a subset of twenty MSA samples and all three LSA samples. Py-GC/MS was performed using a CDS1000 pyroprobe interfaced with a Perkin Elmer Clarus 500 GC/MS system. 25-50 mg of dried sediment (not previously solvent extracted) was encapsulated in a quartz tube, rested in the pyrolysis interface (at 300°C for 3 min) to minimise the inclusion of evaporated compounds (Sáiz-Jiménez, 1994), and then pyrolysed at 610 °C for 15 s. Gas chromatography was carried out using a CP-Sil 5CB MS column (30 m × 0.25 mm × 0.32 μm). The GC temperature programme began at 40 °C (1.8 min), was ramped to a final temperature of 310 °C at 4 °C min⁻¹ and held for a further 20 min. Compounds within the pyrograms were identified based on their mass spectra and retention times (e.g. Fig. 5). Peak integrations were performed using the Turbo-Mass 5.2.0 software.

The relative proportion of each compound was determined using the summed integrations for all identified compounds (up to a total of 148) in each pyrogram (e.g. Carr et al., 2010b; Vancampenhout et al., 2008). Each compound was classified into one of eight categories (e.g. Kaal et al., 2007) comprising: 1) aliphatics (n-alkanes, n-alkenes, fatty acids); 2) nitrogen-containing compounds, dominated by alkyl nitriles, but also associated with 3) some heterocyclic aromatic moieties, such as (n-methyl) pyrole, pyridine, and quinoline; 4) aromatics (e.g. benzene, xylene and alkylbenzenes); 5) polycyclic aromatic
hydrocarbons (PAHs; (n-methyl) naphthalene, biphenyl, (n-methyl) fluorene, anthracene); 6) lignin pyrolysis products (known products of coniferyl, syringyl, and coumaryl moieties); 7) phenolic compounds (e.g. phenol and methyl phenols); 8) polysaccharide products (primarily furans and levoglucosan).

To provide further insight into the most probable macromolecular structures and precursor compounds, pyrolysis was performed on three samples (LSA 1, Logan and Ester) in the presence of tetramethylammonium hydroxide (TMAH) (Challinor, 2001; Del Rio and Hatcher, 1998). This procedure, known as thermally assisted hydrolysis and methylation, limits the degree of fragmentation during pyrolysis and is also capable of transmethylation of ester bonds; hence it depolymerizes important biopolymers such as cutin.

4.4 Leaf-wax extraction, purification and quantification

For leaf wax analysis, we extracted all thirty-one MSA samples. 2.6g to 5.8g of dried sediment were extracted using an DIONEX ASE350 accelerated solvent extractor at 100°C using a solvent mix of DCM:MeOH (2:1) for 5 minutes repeated 3 times. The apolar fraction containing n-alkanes was obtained by elution of the dried lipid extract with hexane over a silica gel column (mesh size 60) followed by subsequent elution with hexane over AgNO₃ to remove unsaturated compounds.

n-Alkanes were identified using GC-FID, by comparison of retention times with an external standard mix. Squalane internal standard added before extraction yielded variable extraction recoveries, likely due to adsorption onto the complex organic matrix. We quantified n-alkane amounts by comparison with an external standard. Based on repeated analyses of an external alkane standard the
quantification precision is <5%. We characterised the $n$-alkane distribution using standard parameters $\text{CPI}_{25-33}$, $\text{ACL}_{14-35}$ and Norm31 (following e.g. Carr et al., 2014, and references therein).

4.5 Leaf-wax isotopic analyses

$\delta^{13}\text{C}_{\text{wax}}$ was analysed using a ThermoFischer Scientific Trace Gas Chromatograph coupled to a Finnigan MAT 252 isotope ratio monitoring mass spectrometer (GC-IRMS) via a combustion interface operated at 1000°C. Isotope values were calibrated against external CO$_2$ reference gas and are reported in ‰ relative to VPDB. Samples were run in duplicate, with an average reproducibility of 0.1‰ for the $\text{C}_{31}$ $n$-alkane. Leaf-wax $n$-alkane $\delta_{\text{wax}}$ was measured using a ThermoFisher Scientific Trace GC coupled, via a pyrolysis reactor operated at 1420°C, to a ThermoFisher MAT 253 isotope ratio mass spectrometer. $\delta_{D}$ values were calibrated against external H$_2$ reference gas and are reported in ‰ relative to VSMOW. Samples were analysed in duplicate with an average reproducibility of 1‰ for the $\text{C}_{31}$ $n$-alkane. Repeated analysis of an external $n$-alkane standard between samples yielded a root-mean-squared accuracy of 2‰ and a standard deviation of on average 3‰. The H$_3$-factor, used to correct for the formation of H$_3^+$ in the ion source, had a mean of 6.0 and varied between 5.8 and 6.2 throughout the analyses. Isotopic measurements were not made on samples Fran, Base of Frans, Fred, Frank, Fox, Fiona, Governor, Jack, Jude, Julia, Kate, Leo2 and Lynn due to low leaf-wax content.
5. Results

5.1 Bulk parameters

%TC is highly variable throughout the DRS sequence, ranging from ~2% to 37% (Fig. 4a). Major spikes in %TC are seen in SUs Base of Frans, Fox, Fiona and Kenny. The high values of the bulk %TC are likely attributable to high contents of black carbon in the sediments, derived from combustion (Braadbaart et al., 2004; Braadbaart and Poole, 2008). However, %TC also incorporates organic carbon, which complicates the interpretation of %TC, but may explain its high variability.

Bulk $\delta^{13}$C$_{TC}$ displays relatively little change, but tends to be lower during the SUs of the Late Howiesons Poort, averaging -24‰, compared to the SUs of the Early Howiesons Poort, which average -23‰ (Fig. 4b). %TN is high (up to 5%) and co-varies with %TC (Fig. 4c). Bulk $\delta^{15}$N is very high, with values of > 20‰ throughout much of the record (Fig. 4d). Bulk $\delta^{15}$N values are highest, but also most variable during the Late Howiesons Poort.

5.2 py-GC/MS

5.2.1 py-GC/MS in the absence of TMAH

The relative proportion of aliphatic compounds in the DRS sequence varies between 0 to 69% of the integrated ion current. The main contributors to this class are homologous sequences of $n$-alkane/$n$-alkene doublets spanning the chain length range $C_8$-$C_{33}$ (Fig. 5a,b) Aliphatics are most prominent in samples LSA 1-3, and SUs Lynn, Logan, Keeno, Kerry, Joy, Jeff, John, Base of Eve, Ester and Eric (Fig. 6). The aliphatics include a high proportion of longer chain length $n$-alkanes, with an odd-over-even preference (Fig. 5a,b), which are most likely
leaf-waxes that were not evaporated in the pyrolysis unit prior to analysis or bound to the sediment.

A distinct feature of several DRS pyrolysates (e.g. SU Kim, Julia, Jack, Frank, Fred and Frans) is the presence of homologous sequences of alkyl-nitriles (up to C$_{22}$ and peaking at C$_{17}$ and C$_{15}$ in most cases (Fig. 5a,b), with the exception of Leo 1), which make up 0-29% of the integrated ion current and are also of highest abundance in LSA 1-3, and SU Lynn, Logan, Keeno, Kerry, Joy, Jeff, John, Base of Eve, Ester and Eric (Fig. 6).

Other nitrogen-containing compounds (i.e. excluding the alkyl-nitriles) include heterocyclic aromatic compounds, (methyl) pyrrole, acetonitrile, (methyl) pyridine, (methyl) indole, quinoline and (n-methyl) benzamide (Fig. 5c). The heterocyclic N-compounds are not typically diagnostic of particular source compounds but may be related to burning (Kaal and Rumpel, 2009). They make up 4-80% of the integrated ion current and are most abundant in Leo2, Leo1, Kim, Julia, Jack, Governor, Fiona, Frank, Fred, Base of Frans, Frans and Eve (Fig 6).

Aromatic compounds contribute 10 to 48% of the total ion current (Fig. 6). They are dominated by benzene and to a lesser extent toluene and styrene (Fig. 5c). Typically they are not diagnostic of particular source compounds, although have been observed to increase in pyrolysates of materials associated with high charring temperatures (Kaal et al., 2009; Kaal and Rumpel, 2009; Kaal et al., 2012).
PAHs comprise up to 11% of the total ion current. Their abundance is particularly high in SUs Governor, Fiona, Frank, Fred, and Base of Frans (Fig. 6). The main contributors are naphthalene and small amounts of biphenyl, fluorene-9-one, n-methyl naphthalenes and anthracene (Fig. 5c).

Lignin monomers are found only in the LSA samples, contributing 9-17% of the total ion current. They are particularly well-preserved within LSA 1 (Fig. 6), where we observe an extensive array of products from coniferyl and syringyl lignin structures. Their absence in the MSA is likely due to degradation (Goñi and Hedges, 1992). Phenolic compounds are only present in a few samples, contribute up to 12% and are dominated by phenol. Their presence in the LSA samples may partly reflect their derivation from lignin monomers (Vane and Abbot 1999), or possibly proteins and tannins. Polysaccharides are present (2%-5%) only in the LSA and are absent in the MSA.

5.2.2 py-GC/MS in the presence of TMAH

The three samples analysed in the presence of TMAH (LSA 1, Logan and Ester) are dominated by C_{14}-C_{20} Fatty Acid Methyl Esters (FAMEs), peaking at C_{16} and C_{18}, with subordinate but variable contributions from long chain (C_{24}-C_{32}) FAMEs (Fig. 5d-f). The FAMEs are most likely derived from bound carboxylic (fatty) acid moieties and thus potentially a major source of the homologous alkane/alkene doublets in the non-treated pyrolysates. The FAMES may, however, also be partly derived from polymers, such as cutin (Del Rio and Hatcher 1998). The homologous alkyl nitriles are present but much less abundant in the TMAH analyses (Fig. 5d-f).
LSA 1 (Fig. 5d) produced multiple methylated lignin-related structures (e.g. the methyl ester of 3,4,5 trimethoxy benzoic acid (syringyl derivative), \(m\)-anisic acid methyl ester (4-methoxy benzoic acid methyl ester; \(p\)-coumaryl derivative) and 4-methy veratrole (3,4 dimethoxy toluene; guaiacyl derivative) consistent with the untreated analyses. The 3,4,5 methyl ester of trimethoxy benzoic acid may, however, also be tannin derived. Other features are the presence of \(n\)-methyl benzamide, hippuric acid methyl ester, tetramethyl uric acid (1,3,7,9-Tetramethyluric acid), and caffeine (1,3,7-Trimethylpurine-2,6-dione; structure strongly related to tetramethyl uric acid). These compounds are atypical of soils/Quaternary sediments within the study region (Carr et al 2014; unpublished data) and in the case of the hippuric acid methyl ester have only previously been reported, to our knowledge, in the pyrolysates of both rock hyrax midden material (Carr et al., 2010a) and amberrat, the resinous excretion of packrat urine (Fezzy and Armitage, 2006). Hippuric acid is a known component of mammal urine (Bristow et al., 1992). Similarly, uric acid may be derived from bird guano (Bird et al., 2008).

5.3 Leaf-wax content and distribution

For the solvent-extracted leaf waxes, contents are highly variable; they exhibit a maximum of 18.2 \(\mu\)g g\(^{-1}\) dw (for the C\(_{31}\) \(n\)-alkane; Fig. 7) but are below the detection limit in SUs Jack, Governor, Fiona, Fox, Fred and Frans.

Leaf-wax CPI\(_{25-33}\) ranges between 1.9 and 16.3 (average = 9.6; Fig. 8). Leaf-wax ACL\(_{14-35}\) ranges between 25.7 and 31.0 (average = 29.4) (Fig. 8). Through the MSA, the ACL and CPI values display little overall trend, but SUs Leo2 and Debbie
display relatively low CPI, while SUs Leo2, Kate, Frank and Debbie display relatively low ACL (Fig. 8).

The leaf-wax distribution of several SUs (e.g. Keeno) closely resembles the average of modern Lowland Fynbos vegetation while other SUs (e.g. Eric) resemble the average distribution of modern Succulent Karoo vegetation (Fig. 3b; Carr et al., 2014). For LSA 1-3, Norm31 values range between 0.51 and 0.65 (Fig. 9b) and for the MSA values range between 0.54 and 0.83. For the SUs of the Still Bay to Intermediate Howiesons Poort, values averaged 0.61 ± 0.05, while for SUs of the Late Howiesons Poort values increase to, on average, 0.74 ± 0.05 (Fig. 9b).

5.4 Leaf-wax isotopes

For samples LSA 1-3, δ^{13}C_{wax} for the C_{31} n-alkane (the most abundant and most precisely measured homologue) ranges between -29.7\%\% ± 0.2\%\% and -30.4\%\% ± 0.2\%\%. and (Fig. 9a). For the SUs of the MSA, values exhibit a relatively small range between -29.9\%\% ± 0.1\%\% and -31.8\%\% ± 0.1\%\%. They are lowest in SUs Eve and Base of Eve (-31.8\%\% ± 0.1\%\%), during the Late Howiesons Poort.

For samples LSA 1-3, δD_{wax} (Fig. 9c) ranges between -130\%\% ± 1\%\% and -147\%\% ± 1\%\%. Through the MSA, δD_{wax} ranges between -140\%\% ± 1\%\% and -116\%\% ± 1\%\%. Values are generally lower (mean = -133\%\% ± 4\%\%) for the SUs of the Still Bay to Intermediate Howiesons Poort and higher (mean = -120\%\% ± 4\%\%) for SUs of the Late Howiesons Poort.
6. Discussion

6.1 py-GC/MS: organic matter composition

py-GC/MS shows a clear organic matter compositional dichotomy. LSA 1-3, and SUs Lynn, Logan, Keeno, Kerry, Joy, Jeff, John, Base of Eve, Ester and Eric are rich in organic material and yield a range of pyrolysis products, most notably homologous sequences of $n$-alkane/$n$-alkene doublets and alkyl nitriles (Fig. 5a,b). Other samples (Leo2, Leo1, Kim, Julia, Jack, Governor, Fiona, Frank, Fred, Base of Frans, Frans and Eve) yield fewer pyrolysis products, and are dominated by aromatics and heterocyclic N (Fig. 5c). This major difference is inferred to reflect samples relatively rich in less-altered plant material, versus those that have undergone extensive burning or degradation.

Typical examples of SUs with a richer organic matter composition are John and Jeff, which exhibit the highest relative proportion of homologous alkane/alkene (aliphatic) pyrolysis products (Fig. 6). These are interpreted to be derived from leaf cuticles, as revealed by the high abundance of long-chain FAMEs produced when the same samples are treated with TMAH (Fig. 5d-f), suggesting the presence of relatively fresh, unburnt plant derived organic matter (although note that more labile plant-derived OM such as lignin is not preserved in MSA SUs).

SUs exhibiting more burning include Leo 2, Kim, Julia, Jack, Governor, Fiona, Frank, Fred, Base of Frans, Frans and Eve (Fig. 6). These produce far higher proportions of aromatic, heterocyclic N, and PAH pyrolysis products, with low abundances of aliphatics and leaf waxes. PAHs are particularly high for SUs Governor to Base of Frans (Fig. 6), and these likely reflect the most intensely
heated samples (Kaal and Rumpel, 2009; Kaal et al., 2012). The pyrolysates show some commonalities with black carbon pyrolysates (Kaal et al., 2008), but are less diverse than pyrolysates of modern burned material (Kaal et al. 2009), likely due to degradation within the more ancient MSA sediments. Based on laboratory burning experiments, a number of ratios (benzene/toluene, napthalene/C1-napthalene) have been proposed as indicators of burning intensity (Kaal and Rumpel, 2009; Kaal et al., 2012). The absence of toluene and C1-napthalene in several SUs is likely due to incomplete preservation of these compounds. Nonetheless, several PAH, aromatic and heterocyclic-N pyrolysis products (Kaal and Rumpel 2009), are seen in the DRS pyrolysates (benzene, toluene, naphthalene, biphenyl, dibenzofuran and benzonitrile) and we take the summed integration of these as a summary indicator of black carbon and burning (Fig. 10a).

Although we often observe similarities in organic matter composition between adjacent SUs, we also note differences within individual SUs. For example, Eve and Base of Eve, and Leo 1 and Leo 2 display a different organic matter composition (Fig. 6). This highlights large differences in composition between individual depositional units (microfacies units) within each SU (Miller et al., 2013).

Another point of note is that LSA 2 is compositionally anomalous compared to LSA 1 and LSA 3 in terms of the py-GC/MS analyses (Fig. 6), leaf-wax distribution and isotopic analyses (Fig. 9). This might reflect some admixing of the MSA material into the LSA, which would account for the absence of lignin and
cellulose pyrolysis products in LSA 2, despite their conspicuous presence in LSA 1 and LSA 3.

6.2 Nitrogen containing compounds

Notable in the py-GC/MS data are the relatively high abundances of the nitrogen-containing compounds in some samples, notably the homologous sequences of alkyl nitriles. These are not observed in natural soils in the region, and the TN content of the DRS sediments (Fig. 4c), is also substantially higher than modern soils (Carr et al., 2013). Alkyl nitriles as pyrolysis products were previously observed to form from the fragmentation of aliphatic molecules (probably the C_{18} fatty acid; Fig 5e,f) during pyrolysis in the presence of ammonia and clay (Nierop and van Bergen, 2002). The source of ammonia at DRS may be related to the hippuric acid and uric acid pyrolysis products identified in the LSA py-GC/MS data. The latter is known to degrade to ammonia, explaining its absence in the MSA pyrolysates (Mizutani and Wada, 1985), while micromorphological analyses have previously identified a thick niter crust at the top of the sediments (Miller et al., 2013). Rock hyraxes were identified as a likely N source in the sediments (Miller et al., 2013) and the presence of benzamide, uric acid/hippuric acid (methylated forms) in the LSA pyrolysates is consistent with the composition of hyraceum, strongly pointing to urine contributions in two of the LSA samples (Carr et al., 2010a; Fezzy and Armitage, 2006). Guano, however, might be an additional source of N (Miller et al., 2013) and of the very high bulk δ^{15}N values of the DRS sediment (19-32‰; Fig. 4d), which are significantly higher than local vegetation (typically -4 to 5‰ (Sealy et al., 1987; Stock et al., 1995), soils (typically 7-10‰ in the Lowland Fynbos; Carr et al., unpublished data), and
hyraceum (typically 5-10‰; (Carr et al., 2016a)). The impact of guano on soil δ¹⁵N has been reported previously, with guano-fertilised plant δ¹⁵N experimentally enhanced by up to 20‰ relative to a control (Szpak et al., 2012), a magnitude consistent with the difference between DRS sediments and local plants/soils. Degradation of such N inputs to ammonia in the older MSA materials is therefore a plausible source of N for the production of the alkyl nitriles during pyrolysis.

### 6.3 Leaf-wax content and distribution as burning indicators

The content of extracted leaf waxes from the LSA samples (2.7 - 9.0 μg g⁻¹ dw) and MSA samples (0 - 18.2 μg g⁻¹ dw; for the C₃₁ n-alkane) are similar to contemporary Lowland Fynbos soils (0.4 - 5.6 μg g⁻¹ dw; Herrmann et al., 2016). The high content of leaf waxes in many SUs (Logan, Keeno, Joy, John, Ester, Eric; Fig. 7) is in line with the input of grasses to the shelter (Cartwright, 2013; Miller et al., 2013), presumably used for bedding, and supports the py-GC/MS evidence for leaf cuticle input in SUs John and Jeff. The high leaf-wax content attests to excellent preservation potential of these compounds within DRS, presumably due either to the aridity of the shelter, or possibly to the high proportion of black carbon, which may have inhibited degradation (Hernandez - Soriano et al., 2016). The high content of leaf waxes also argues against extensive heating of these SUs.

In contrast, the absence of leaf-wax n-alkanes in SUs Jack, Governor, Fiona, Fox, Fred and Frans (Fig. 7) is in line with more intensive burning or heating of these samples, as also inferred from the py-GC/MS: the pyrolysis products from these SUs being dominated by aromatics and PAHs (Fig. 6). In general, SUs without n-
alkanes generally show higher proportions of PAHs, heterocyclic N and aromatics in their pyrolysates, while those with high n-alkane abundances show lower PAH, heterocyclic N and aromatics (Fig. 10a,b), indicating a clear relation to heating.

Although waxes are present in SUs Leo2, Kate, Frank and Debbie, these SUs exhibit lower CPIs (1.9 to 5.9) and lower ACLs (25.7 to 27.6) compared to the unburnt straw and soils, which likely reflects moderate heating (Fig. 8). The ACL values of these samples are close to those of the 300°C burning experiments of Wiesenberget al., (2009), possibly indicating heating of these samples to similar temperatures (Fig. 8). The pyrolysates of Leo 2 and Frank are also dominated by heterocyclic N products and PAHs (Fig. 6). Although there are differences in character of the vegetation brought into DRS and the rye and maize used in the laboratory burns, these temperature estimates are not inconsistent with maximum temperatures measured beneath experimental fires using South African vegetation (~300 °C; Sievers and Wadley, 2008). We do not observe the increase in mid- and short-chain n-alkanes (Wiesenberget al., 2009), although this may reflect post-depositional degradation of these homologues (Cranwell, 1981).

Aside from SUs Leo2, Kate, Frank and Debbie, the remaining DRS MSA samples exhibit ACL values of 28.8 to 31.0, within the range of the unburnt straw samples (29.6 to 30.2) and the Succulent Karoo (30.0 ± 1.0) and Lowland Fynbos (28.8 ± 0.7) soils (Fig. 8; Carr et al., 2014), suggesting little burning. The CPI values of these DRS MSA samples are in some cases lower than soils and unburnt straw (Fig. 8), although given the high ACL values, this may reflect the sample's age.
rather than extensive heating. We note, however, that charcoal (Miller et al., 2013) and PAHs (Fig. 6) are present in the SUs with high ACL, suggesting that these SUs represent a mixture of mainly unheated plant material and some heated/burnt plant material.

Overall, our leaf wax data suggests that 1) some SUs (i.e. those lacking leaf waxes) contain plant material that was extensively heated/burnt; 2) other SUs (i.e. those with low ACL) contain plant material that was heated to 300°C or less; and 3) most SUs (i.e. those with ACL similar to unburnt straw) mainly contain plant material that was heated very little. Perhaps those of type 1 represent direct sampling of ashes or hearths, those of type 2 represent material that was positioned underneath active hearths, and type 3 represents unheated or only slightly heated plant material.

6.4 Organic markers compared to micromorphology

Micromorphological analyses (Miller et al., 2013) identified SUs John and Jeff (Lithostratigraphic Unit 3; Fig. 10) as containing a higher proportion of humified material relative to combustion features compared with other MSA SUs. Our data suggest high abundances of aliphatics, high leaf-wax content and low abundances of PAHs for these SUs, in line with the micromorphological findings (Fig. 10a,b).

In contrast, SUs Governor to Debbie (Lithostratigraphic Unit 4) contain a significantly higher proportion of charcoal and evidence for raking out of hearths and the removal of unburnt material (Miller et al., 2013). This agrees with the increased py-GC/MS indicators for black carbon (Fig. 10a) and decreased leaf-wax content (Fig. 10b). Moreover, SU Fred was reported to contain burnt
bedding (Miller et al., 2013) and here we observe the highest PAH proportion of
the whole dataset and high heterocyclic N content (Fig. 6). Overall, our findings
are therefore complementary to those of the micromorphology.

Changes in burning and site use intensity might be expected to go hand in hand
with indicators of human behavioural changes, such as the abundance of
engraved ostrich eggshell (EOES; Texier et al., 2013). The earliest evidence for
EOES at DRS is between SUs Julia to Jack, which display evidence for extensive
burning (Fig. 10a-c). Similarly, going up the sequence, EOES content begins to
increase at SU Governor and remains high for much of Lithostratigraphic Unit 4,
when we observe a high degree of burning (Fig. 10a-c). Thus, our burning data
support inferences of changes in site usage and human behaviour.

6.5 Vegetation-type inferences from Norm31
Norm31 for the LSA (0.56 ± 0.08) is highly comparable to modern Lowland
Fynbos soils close to DRS (0.57 ± 0.20; Fig. 9b). Although we note the large range
in values of modern vegetation, this similarity would support the use of Norm31
as past vegetation indicator.

Between the Still Bay and Intermediate Howiesons Poort, Norm31 averaged 0.60
± 0.05, while during the Late Howiesons Poort it increased to 0.74 ± 0.05 (Fig.
9b). This Norm31 increase implies more arid-adapted vegetation was being
brought into the shelter during the Late Howiesons Poort. This might reflect a
change in the collecting habits of the inhabitants (towards more arid adapted
vegetation) or a change in the climate conditions/ecology around the shelter
towards those resembling the modern Succulent Karoo biome, such as increased
summer aridity. Either way, a shift in the vegetation brought into the site appears to be in line with findings from charcoal remains, which suggest a shift to more dry-adapted thicket vegetation during the Howiesons Poort (Cartwright, 2013). It should be noted that the Late, Intermediate and Early Howiesons Poort were not differentiated in the charcoal study, and it is implied that the aridification began during the Early Howiesons Poort. Nonetheless, the author notes that the post-Howiesons Poort shows a continuing trend towards arid-tolerant thicket and shrubland.

6.6 δ^{13}C_{wax} and vegetation

The mean δ^{13}C_{wax} for the LSA (-29.8‰ ± 0.4‰; Fig. 9a) is slightly higher than soil samples from the Lowland Fynbos close to DRS (-32.3‰ ± 2‰; Herrmann et al., 2016; Fig. 9a). This might reflect the selection of certain plants by the inhabitants, perhaps for use as bedding or food. These values lie in between those of C_{3} vegetation (mean of -34.2‰ ± 4‰), and CAM (-22.7‰ ± 6‰; Boom et al., 2014) and C_{4} vegetation (-21.8‰ ± 2‰; Rommerskirchen et al., 2006), thus likely reflecting input of a range of taxa using different photosynthetic pathways.

Throughout the MSA, δ^{13}C_{wax} values exhibit little variation, varying between -29.9‰ ± 0.1‰ and -31.8‰ ± 0.1‰ (Fig. 9a). The bulk δ^{13}C_{TC} also displays limited change, of the order of 1‰ (Fig. 4b). Limited vegetation change is implied, in line with the stability of the Fynbos biome inferred elsewhere (Dupont et al., 2011). In light of the large range of values exhibited in the modern soils (Herrmann et al., 2016) and plant samples (Boom et al., 2014), the small variability in DRS may reflect averaging over the wide range of taxa that were
brought into the site through the MSA, evident in the charcoal assemblage (Cartwright, 2013). Furthermore, from the $\delta^{13}C_{\text{wax}}$ stability, we can rule out dominant input of the C$_4$ halophytic grasses into the shelter (Spartina maritima) that today grow on the margins of the Verlorenvlei Estuary, or of CAM plants that might be used as food (e.g. fruits of Carpobrotus edulis) or as kindling (e.g. large stems of plants such as Ruschia).

6.7 $\delta D_{\text{wax}}$ and hydroclimate

The LSA mean $\delta D_{\text{wax}}$ value of -141‰ ± 10‰ is in line with the contemporary soil samples from the DRS locale (mean of -143‰ ± 9‰; Herrmann et al., 2017), suggesting that sedimentary $\delta D_{\text{wax}}$ is representative of the mean $\delta D_{\text{wax}}$ of vegetation from the region surrounding the shelter.

Moreover, throughout the MSA and LSA, $\delta D_{\text{wax}}$ and $\delta^{13}C_{\text{wax}}$ values are within the range of modern plants from the wider region (Fig. 1b; 9c). This suggests that burning probably has a minor effect on $\delta D_{\text{wax}}$ and $\delta^{13}C_{\text{wax}}$. It seems that while severely burnt SUs (e.g. Governor, Fred, Frans) are devoid of leaf waxes, slightly heated SUs (e.g. Debbie) show comparable $\delta D_{\text{wax}}$ values to adjacent unheated SUs (Fig. 9a,c).

Modern soil samples display an increase in $n$-alkane $\delta D_{\text{wax}}$ to the NE of DRS (i.e. into the Succulent Karoo; Fig. 1b). This was interpreted (Herrmann et al., 2017) to reflect: a) an increase in $\delta D_p$ from SW to NE due to decreasing precipitation amount, and b) a decrease in relative humidity from SW to NE, inducing increased evapotranspirational isotopic enrichment of leaf and soil water. There may be an additional secondary effect on $\delta D_{\text{wax}}$ associated with c) different
hydrogen isotope fractionation of different plant types, with C\textsubscript{3} trees and shrubs and CAM plants tending to yield higher values than C\textsubscript{3} grasses (Feakins and Sessions, 2010; Sachse et al., 2012).

Between the Still Bay and Intermediate Howiesons Poort, δD\textsubscript{wax} was slightly higher than the present (average -133‰ ± 4‰), while during the Late Howiesons Poort (SUs Eve to Debbie) δD\textsubscript{wax} increased further (average -120‰ ± 4‰; Fig. 9c). The Late Howiesons Poort increase likely represents input of vegetation that has been subject to a) less precipitation or b) more evapotranspiration (more intense summer drought), and/or may reflect c) input of more shrub-like vegetation rather than grasses.

Input of more shrub-like vegetation during the Late Howiesons Poort would be consistent with the inference of a shift to arid-adapted vegetation during the Late Howiesons Poort from the Norm31 (Fig. 9b) and might be reflecting a shift in the inhabitants’ vegetation selection strategy. Such a change in inhabitants’ vegetation selection strategy during the Late Howiesons Poort would seem plausible given the other evidence for behavioural changes including the increased EOES (above Governor) and increased burning (Governor to Frans; Fig. 10). Leaf-wax content was, however, too low for analysis between Governor and Frans and so we cannot be certain that the δD\textsubscript{wax} changes were coeval with the site usage changes.

Alternatively, the δD\textsubscript{wax} variability may be reflecting hydroclimate changes. The above scenarios a, b and c would all broadly represent increased aridity during the Late Howiesons Poort. In support of hydroclimate rather than selection strategy as the control on δD\textsubscript{wax} we note that the global climate of MIS5 was...
more similar to MIS1 than to MIS3/4, in terms of ice volume and temperature. Based on the Tribolo et al., (2013) chronology, the $\delta D_{\text{wax}}$ and Norm31 both suggest that MIS5 (130-71ka) and MIS1 (12-0ka) were less arid, while MIS4 (71-57ka) and MIS3 (57-29ka), corresponding to the Late Howiesons Poort, were more arid (Fig. 9b,c). This might suggest that the $\delta D_{\text{wax}}$ and Norm31 changes at DRS were driven by aridity changes related to global climate. Nonetheless, we note that this reasoning relies on a chronology that at present is controversial.

7. Conclusions

We investigated the potential of organic matter preserved in the MSA sediments of Diepkloof Rock Shelter to understand site usage and past climate. Py-GC/MS revealed that while some samples contain a high abundance of relatively unaltered plant material, others were low in organic matter and are composed largely of aromatic, heterocyclic N and PAH pyrolysis products, indicative of higher burning intensity. The highest degree of burning is between SUs Governor and Frans, in line with micromorphological findings for increased charcoal content. By contrast, SUs John and Jeff display a higher abundance of humified organic matter. The high N content of the sediment is interpreted as reflecting inputs of hyrax urine/hyraceum and/or contributions from bird guano, consistent with the high bulk $\delta^{15}N$ values.

We found variable but often high contents of leaf waxes. Most samples display leaf-wax $n$-alkane distributions typical of modern plants in the region, suggesting heating temperatures $< 300^\circ\text{C}$. This is consistent with the correspondence between $\delta^{13}C_{\text{wax}}$ and $\delta D_{\text{wax}}$ from DRS and modern soils in the region. SUs from
the Late Howiesons Poort display longer n-alkane chain-length distributions and increased $\delta D_{\text{wax}}$ values compared to the Still Bay, Intermediate Howiesons Poort and the LSA. This likely represents a shift towards input of more arid-adapted vegetation during the Late Howiesons Poort, reflecting aridification, or a change in selection strategy of the inhabitants. Overall, these results underline the potential of these organic-geochemical methods to support and augment interpretations of site usage and environmental context of rock shelter occupations.
Fig. 1. Maps of biomes/eco-regions and aridity. a) Biomes and eco-regions in southwestern Africa (Rutherford et al., 2006). Circles indicate the Norm31 of n-alkanes from contemporary soils (Carr et al., 2014). b) Aridity index (Trabucco and Zomer, 2009), calculated as mean annual precipitation / mean annual potential evapotranspiration, where higher values represent less arid conditions.
Circles indicate the $\delta D_{\text{wax}}$ (‰ VSMOW) of the C$_{31}$ $n$-alkane from contemporary soils (Herrmann et al., 2017). Bathymetry shaded grey is 0-120m depth with contours every 20m.
**Fig. 2. Diepkloof Rock Shelter section.** Shown are the stratigraphic units (SUs), techno-cultural phases and the zone of high abundance of engraved ostrich eggshell (EOES). MSA samples analysed in this study were taken from square M7 and are marked as white circles on the right hand edge of the figure (figure modified from Texier et al., 2013).
Fig. 3. *n*-Alkane distribution in locally sourced plants and Diepkloof Rock Shelter sediments. a) Lowland Fynbos (n=28) and Succulent Karoo (n=133; Carr et al., 2014) plants. b) SU Keeno displays a Fynbos-like distribution (dominance of C\textsubscript{31} and C\textsubscript{29}), while SU Eric displays a Succulent Karoo-like distribution (dominance of C\textsubscript{31} and C\textsubscript{33}).
Fig. 4. Bulk parameters for the LSA and MSA sediments. **a)** Total carbon (%TC), **b)** Bulk δ\(^{13}\)C\(_{TC}\) (‰ VPDB), **c)** Total nitrogen (%TN), **d)** Bulk δ\(^{15}\)N (‰).

Values of %TN and bulk δ\(^{15}\)N from modern Lowland Fynbos soils close to DRS are shown (values are mean of samples SV2-SV5 which are located within about 30km of DRS; n=14; errors bars are one sigma; Carr et al. 2013 and unpublished data). Techno-cultural phases are marked above, along with the estimated ages (Tribolo et al., 2013).
Fig. 5. Pyrograms for selected samples showing the range of compounds identified by py-GC/MS. a)-c) Selected samples run in the absence of TMAH, d)-f) Selected samples run in the presence of TMAH.
Fig. 6. Relative proportion of compound classes in MSA ad LSA sediments derived from py-GC/MS analyses. Shown are measurements made in the absence of TMAH. Lithostratigraphic Units (LUs) as defined in Miller et al, (2013) are given above.
Fig. 7. Leaf-wax \( C_{31} \) \( n \)-alkane content from LSA and MSA sediments (\( \mu g \) g dw). Techno-cultural phases are marked above (Porraz et al., 2013) along with their age ranges (Tribolo et al., 2013). \( C_{31} \) \( n \)-alkane content for modern Lowland Fynbos soils is shown (values are mean of samples SV2-SV5, which are located within about 30km of DRS; n=6; error bars are one sigma; Carr et al., 2014; Herrmann et al., 2016).
Fig. 8. CPI$_{25-33}$ and ACL$_{14-35}$ from DRS sediments, laboratory burned straw and soils from the region. Black diamonds represent MSA sediments from DRS; blue and brown squares represent values at different temperatures from the burning experiments of maize and rye straw (Wiesenberg et al., 2009). Green and red circles represent mean values from the full dataset of Lowland Fynbos (n=15; error bars one sigma) and Succulent Karoo (n=53) soils (Carr et al., 2014). For the straw, CPI is for C$_{27-33}$. 
**Fig. 9. Vegetation and hydroclimate indicators from Diepkloof Rock Shelter**

**sediments. a)** $C_{31}$ n-alkane $\delta^{13}C_{wax}$ Error bars represent one sigma measurement precision. **b)** Norm31, (excluding samples Debbie, Frank, Kate, Leo2, which show evidence of heating). **c)** $C_{31}$ n-alkane $\delta D_{wax}$ Error bars represent one sigma measurement precision. $\delta^{13}C_{wax}$ Norm31 and $\delta D_{wax}$ values for modern soil samples are shown (mean of samples SV2-SV5, located within about 30km of DRS; $n=6$; error bars are one sigma; Herrmann et al., 2016, 2017).
Marine Isotope Stages (MIS) into which the SUs fall (based on the age model of Tribolo et al., 2013) are marked.
Fig. 10. Summary of burning indicators and EOES. a) Black carbon index, which is the sum of the relative proportion of benzene, toluene, naphthalene, biphenyl, dibenzofuran and benzonitrile (Kaal and Rumpel, 2009). b) C_{31} n-alkane content (note inverted axis), c) Number of engraved ostrich eggshells (EOES) within each SU (Texier et al., 2013). Lithostratigraphic Units (LUs) 2-4 are marked (Miller et al., 2013).
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Conflicts of interest

The authors declare that they have no conflict of interest.


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