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Holocene environmental history recorded in Lake Lyadhej-To sediments, Polar Urals, Russia

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Abstract

An 1180-cm long core recovered from Lake Lyadhej-To (68°15′ N, 65°45′ E, 150 m a.s.l.) at the NW rim of the Polar Urals Mountains reflects the Holocene environmental history from ca. 11,000 cal. yr BP. Pollen assemblages from the diamicton (ca. 11,000-10,700 cal. yr BP) are dominated by Pre-Quaternary spores and redeposited Pinaceae pollen, pointing to a high terrestrial input. Turbid and nutrient-poor conditions existed in the lake ca. 10,700-10,550 cal. yr BP. The chironomid-inferred reconstructions suggest that mean July temperature increased rapidly from 10.0 to 11.8 °C during this period. Sparse, treeless vegetation dominated on the disturbed and denuded soils in the catchment area. A distinct dominance of planktonic diatoms ca. 10,500-8800 cal. yr BP points to the lowest lake-ice coverage, the longest growing season and the highest bioproductivity during the lake history. Birch forest with some shrub alder grew around the lake reflecting the warmest climate conditions during the Holocene. Mean July temperature was likely 11-13 °C and annual precipitation-400-500 mm. The period ca. 8800-5500 cal. yr BP is characterized by a gradual deterioration of environmental conditions in the lake and lake catchment. The pollen- and chironomid-inferred temperatures reflect a warm period (ca. 6500-6000 cal. BP) with a mean July temperature at least 1–2 °C higher than today. Birch forests disappeared from the lake vicinity after 6000 cal. yr BP. The vegetation in the Lyadhej-To region became similar to the modern one. Shrub (Betula nana, Salix) and herb tundra have dominated the lake catchment since ca. 5500 cal. yr BP. All proxies suggest rather harsh environmental conditions. Diatom assemblages reflect relatively short growing seasons and a longer persistence of lake-ice ca. 5500-2500 cal. yr BP. Pollen-based climate reconstructions suggest significant cooling between ca. 5500 and 3500 cal. yr BP with a mean July temperature 8-10 °C and annual precipitation-300-400 mm. The bioproductivity in the lake remained low after 2500 cal. yr BP, but biogeochemical proxies reflect a higher terrestrial influx. Changes in the diatom content may indicate warmer water temperatures and a reduced

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ice cover on the lake. However, chironomid-based reconstructions reflect a period with minimal temperatures during the lake history.

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1. Introduction

Despite increased palaeoenvironmental studies in the northeast part of the European Arctic over the last decade, relatively little is known about the Holocene environmental changes at the NW rim of the Polar Urals (Fig. 1). Only a few poorly radiocarbon-dated pollen records from nearby regions were published before 1995 (Surova, 1967; Surova et al., 1975; Nikiforova, 1980, 1982; Bolikhovskaya et al., 1988; Veinbergs et al., 1995). Although several new and partly well ¹⁴C dated pollen, diatom, macrofossils and insects records from the adjacent regions were published during the last years (Andreev et al., 1998, 2001; Serebryanny et al., 1998; Koshkarova et al., 1999; Andreev and Klimanov, 2000; Kaakinen and Eronen, 2000; Panova and Jankovska, 2000; Oksanen et al., 2001; Väliranta et al., 2001; Kultti et al., 2003; Panova et al., 2003; Paus et al., 2003; Sarmaja-Korjonen et al., 2003), the environmental history of the NW rim of the Polar Urals is still poorly known.

The southward extent of the Barents-Kara Ice Sheet during the Late Pleistocene has been a matter of discussion for a long time. Detailed studies of terrestrial sections recovered in the areas west of the Ural Mountains showed that maximum ice-sheet extension occurred during the Early and Middle Weichselian and that the region was ice-free during the Late Weichselian (e.g., Mangerud et al., 2001). The most recent studies suggest a continental shelf position of the ice-sheet margin during the Last Glacial Maximum (LGM) and, consequently, an ice-free northern mainland including the NW rim of the Polar Urals (e.g., Mangerud et al., 2002; Hubberten et al., 2004 and references therein).

An ESF funded project "Eurasian Ice Sheets" focusing on the Late Pleistocene glacial and climatic history of the Eurasian Arctic was initiated in order to establish a regional chronology of palaeoenvironmental fluctuations since the LGM. A lake-sediment coring was conducted on the Lake Lyadhej-To within this project. The lake is situated at the hypothetical margin of the Middle Weichselian Barents-Kara Ice Sheet (the so-called Halmer Moraine, Mangerud et al., 2001) and was suggested as an excellent long-term archive of environmental changes in the region since the Middle Weichselian. However, the first investigations of the lake cores (Wischer et al., 2001) demonstrated that lake sediments recorded only the Holocene environmental changes. Diatom and preliminary pollen records were published by Cremer et al. (2004). This paper focuses on new environmental and quantitative climatic reconstructions based on radiocarbondated pollen, chironomid, diatom and biogeochemical records from Lake Lyadhej-To. The applied palaeoecological approaches and quantitative climate reconstruction techniques have not been previously combined into a multiproxy study of an anthropogenically not-disturbed lake in the northeast part of the European Arctic.

2. Study area

Lake Lyadhej-To is situated at the NW rim of the Polar Urals (68°15′ N, 65°45′ E, 150 m a.s.l., Fig. 1a). Numerous small and shallow thermokarst/glaciokarst lakes surround the lake, which is ca. 2.5 km long and 1.5 km wide with a maximum depth of 26 m (Fig. 1b). A hummocky landscape around the lake was probably formed during the disintegration of the ice sheet. Laminated fine sands in kame sediments nearby the lake were OSL dated to 90 ka (Henriksen et al., 2003). Potentially, the lake is well situated for archiving continuous sedimentary records since the last glaciation. Geomorphological evidence for a presumably Early- to Middle Weichselian Barents-Kara Ice Sheet margin was found ca. 25 km to the south of the studied lake (Astakhov et al., 1999).



Fig. 1. (A) Map of the southern Kara Sea and Bolshezemelskaya Tundra region, showing the location of Lake Lyadhej-To. Light shading depicts elevations of 100–200 m, and dark grey shading shows elevations >200 m. *—this study. The previously studied sections are: 1—Veinbergs et al., (1995); 2—Kaakinen and Eronen (2000), Väliranta et al. (2001); 3—Bolikhovskaya et al. (1988), Andreev and Klimanov (2000); 4—Andreev et al. (2001); 5— Andreev et al. (1998), Serebryanny et al. (1998); 6—Oksanen et al. (2001); 7—Surova (1967), Surova et al. (1975); 8—Panova and Jankovska (2000), Panova et al. (2003); 9—Koshkarova et al. (1999); 10—Kultti et al. (2003). (B) Bathymetry and coring sites in the Lake Lyadhej-To area.

The modern lake consists of a southern and a northern basin, which are up to 26 and 21 m deep, respectively. Main inflows are three rivulets in the south, whereas a minor inflow and outflow are situated in the north of the lake (Fig. 1b). The lake has a shallow littoral zone. Only in the south is there a steep slope with a height of approximately 15 m (Hermichen et al., 2000).

Mean July temperature $(T_{\rm VII})$ in the area is about 8 °C, mean January temperature is about -20 to -22 $^{\circ}$ C, and mean annual temperature is about -10 $^{\circ}$ C. The total annual precipitation is about 400-600 mm, with 50% of the precipitation occurring during the summer (Atlas Arktiki, 1985). Lake Lyadhej-To is situated within shrub-herb tundra. Shrubs and semishrubs such as Betula nana, Salix phylicifolia, S. lapponicum, S. lanata, S. glauca, Vaccinium vitisidaea, V. uliginosum, Ledum palustre, Empetrum hermaphroditum, Rubus chamaemorus, Drvas octopetala, herbs such as Alopecurus alpinus, Poa abbreviata, Oxyria digyna, Carex stans, C. rotundifolia, Eriophorum medium, and mosses such as Aulacomnium turgidum, Drepanocladus uniciatus, Calliergon sarmentosum and Hylocomium splendens dominate the vegetation. Soils in the area are tundra-gley and peaty-gley (histosols and inceptisols) with an activelayer thickness of ca. 40-50 cm (Atlas Arktiki, 1985).

3. Methods

Coring of the lake sediments was performed from 1.9 m thick ice in April 1999 using a tripod with hand-operated winches (Hermichen et al., 2000). Sediment coring was conducted at three locations PG1436, PG1437 and PG1438 (Fig. 1b). A light gravity corer was applied for the sampling of soft near-surface sediments (maximum core length of 55 cm). Longer sediment cores were obtained with a piston corer. A manually operated hammer (20 kg) helped the penetration of the corer. A detailed description of the coring technique is given by Melles et al. (1994). Material from the longest 1180 cm sediment core, PG 1437, collected from the northern basin, was used for the pollen, diatom and chironomid studies. Samples for radiocarbon dating were taken from the PG 1437 core in ca. 100 cm intervals. A total of 14 radiocarbon AMS dates on picked non-identified macrofossils and 6 dates on dispersed organic carbon in bulk till samples were measured in Leibniz Laboratory, Kiel (Table 1).

The total organic carbon content (TOC) was measured with a Metalyt-CS-1000-S apparatus (ELTRA Corp.), whereas the total sulphur (TS) and total carbon

Table 1			
Radiocarbon ages (14C yr BP) are calibrated into	calendar years (cal. y	r BP)

	Depth, cm (Drive No)	Dated material	¹⁴ C ages, yr BP	Calibrated ages, cal. yr BP	Laboratory No KIA
1	9 (1437-1)	Non-identified macrofossils	690 ± 30	620 ± 55	10,040
2	99 (1437-2)	Non-identified macrofossils	2460 ± 40	2550 ± 200	8915
3	201 (1437-2)	Non-identified macrofossils	5135 ± 60	5870 ± 125	10,041
4	299 (1437-3)	Non-identified macrofossils	6730 ± 70	7580 ± 105	8916
5	399 (1437-3)	Non-identified macrofossils	8550 ± 100	9520 ± 190	8920
6	501 (1437-4)	Non-identified macrofossils	9230 ± 90	$10,450 \pm 230$	8917
7	597 (1437-4)	Non-identified macrofossils	$10,780 \pm 140*$	$12,750 \pm 390*$	12,131
8	653 (1437-4)	Non-identified macrofossils	$11,230 \pm 150*$	$13,340 \pm 450*$	8759
9	671 (1437-4)	Non-identified macrofossils	$14,\!210\pm90*$	$17,060 \pm 510*$	8760
10	718 (1437-5)	Shrub twig	$9600\pm60*$	$10,940 \pm 235*$	8761
11	735 (1437-5)	Non-identified macrofossils	$10,940 \pm 90*$	$12,910 \pm 255*$	12,132
12	794 (1437-5)	Non-identified macrofossils	$11,850 \pm 80*$	$14,370 \pm 865*$	12,133
13	795 (1437-5)	Total organic carbon	$32,310 \pm 500*$		12,776
14	911 (1437-5)	Total organic carbon	$36,060 \pm 800*$		12,780
15	994 (1437-5)	Non-identified macrofossils	$9880\pm50*$	$11,370 \pm 180*$	12,134
16	995 (1437-6)	Total organic carbon	$27,260 \pm 270*$		12,777
17	1035 (1437-6)	Moss remains	9490 ± 60	$10,830 \pm 265$	12,135
18	1147 (1437-6)	Total organic carbon	$38,\!690\pm\!270*$		12,778
19	1151 (1437-6)	Total organic carbon	$38,920 \pm 630*$		12,136
20	1155 (1437-6)	Total organic carbon	$34,\!190\pm570*$		12,779
21	11 (1438-1)	Non-identified macrofossils	710 ± 30	630 ± 60	12,137
22	101 (1438-1)	Non-identified macrofossils	3112 ± 40	3330 ± 114	10,043
23	201 (1438-1)	Non-identified macrofossils	3660 ± 60	3970 ± 185	10,044
24	301 (1438-2)	Non-identified macrofossils	7160 ± 230	7990 ± 410	10,045
25	399 (1438-2)	Non-identified macrofossils	8760 ± 70	9850 ± 300	10,046
26	501 (1438-2)	Non-identified macrofossils	$9820 \pm 150*$	$11,240 \pm 100$	8925
27	633 (1438-3)	Non-identified macrofossils	$12,430 \pm 70*$	9820 ± 150	12,138
28	759 (1438-3)	Non-identified macrofossils	$20,260 \pm 280*$		12,139
29	844 (1438-4)	Non-identified macrofossils	$12,370 \pm 570 *$	$14,810 \pm 690$	12,140
30	921 (1438-4)	Non-identified macrofossils	9725 ± 50	$11,060 \pm 170$	12,141
31	28 (1401-1)	Total organic carbon	4090 ± 50		6629
32	41 (1401-1)	Total organic carbon	5750 ± 40		6630
33	18 (1402-1)	Total organic carbon	$3370 \pm 40*$		6631
34	41 (1402-1)	Total organic carbon	2990 ± 40		6632
35	35 (1406-1)	Total organic carbon	5250 ± 40		6633

Used calibration method: CALIB 4.3, Method I, intercept ages, errors at 2σ probability (Stuiver et al., 1998). Ages assumed as "too old" are marked with *.

(TC) contents were analyzed with a CHNS-932 determinator (LECO Corp.). The calcium carbonate (CaCO₃) percentages were calculated based on the carbonate content (difference between TC and TOC) and the atomic weights of the elements.

A standard HF technique was used for pollen preparation (Berglund and Ralska-Jasiveczowa, 1986). At least 200 pollen grains were counted in every sample. The identification of pollen was mainly based on Kupriyanova and Aleshina (1972, 1978), Punt et al. (1988, 1995, 2003), Punt and Blackmore (1995) and Reille (1992, 1995, 1998). The relative frequency of arboreal and non-arboreal pollen taxa was calculated based on the sum of terrestrial pollen taxa. Calculation of spore percentages was based on the sum of pollen and spores. We assumed that Tertiary spores and indeterminable, poor-preserved and mineralized Pinaceae are obviously redeposited taxa. Their relative abundances were based on the sum of pollen and redeposited taxa. The percentage of algae was based on the sum of pollen and algae.

Diatom slides were prepared using 0.2–1.5 g of freeze-dried bulk sediment that was treated subsequently with hydrogen peroxide, hydrochloric acid

and nitric acid in order to remove all organic and carbonate components (Cremer et al., 2001). Slides were prepared using the sedimentation tray method described by Battarbee (1973), and the high refraction mounting medium Naphrax[®] was used to mount the cover-glasses on slides. Generally, a minimum of 500 diatom valves was counted. The identification of diatom species was mainly based on Krammer and Lange-Bertalot (1991, 1999a,b, 2000). For details concerning the applied diatom taxonomy, see also Cremer et al. (2004).

Chironomid analysis was carried out on 60 samples, with roughly 10 cm sampling intervals. Because the chironomid head capsules could be easily be destroyed by KOH treatment (Walker, 2001), the sediments were neither KOH-treated nor sieved prior to sorting. The sediments of each sample were sorted in a Bogorov counting tray under a dissecting microscope (magnification \times 25). Chironomid remains were picked out and mounted on glass slides in glycerol for microscopic identification. Whole chironomid head capsules and fragments containing greater than half of the mentum were counted as one head capsule. Split fragments of chironomid head capsules that included half the mentum were common among Orthocladiinae. These fragments were counted as one half. At least 50 chironomid head capsules were counted and identified in each sample. Several studies have demonstrated that this sample size provides representative counts for environmental inference analyses (Heiri and Lotter, 2001; Larocque, 2001; Quinlan and Smol, 2001).

Identifications of the chironomid head capsules were primarily based on Wiederholm (1983). Identifications of the chironomid remains to a more precise taxonomic level were carried out using the descriptions for some genera (viz., Hofmann (1971) for Chironomus; Sæther (1975) for Heterotrissocladius; Wiederholm (1983) for Corynocera, Microtendipes, and Psectrocladius; Makarchenko and Makarchenko (1999) for Corynoneura and Parakiefferiella). The chironomid head capsules of Corynocera and Tanytarsus with a surface tooth forming a large plate on the mandible were identified as Corynocera oliveritype when the mandibles were present. Otherwise, they were grouped as Tanytarsus indet. Micropsectra radialis-type and Micropsectra insignilobus-type were separated based on the presence of a short antennal pedestal and a strongly reduced post-occipital plate associated with the *M. radialis*-type specimens (Heiri et al., 2004). Two different *Sergentia* taxa were identified using the descriptions in Pankratova (1983) and Makarchenko and Makarchenko (1999): *Sergentia coracina*-type with only two apical teeth on the premandible, and *Sergentia longiventris*type with two apical and two inner accessory teeth on the premandible. Most chironomid taxa could be identified to the generic or specific level, but in some cases, a larger taxonomic grouping was necessary (e.g., *Cricotopus/Orthocladius, Heterotrissocladius brundini/ H. maeaeri, Limnophyes/Paralimnophyes*). Zones were delimited by significant changes in chironomid assemblages using visual inspection.

The Tilia/TiliaGraph software (Grimm, 1991) was used for the calculation of percentages and for drawing of the diagrams.

The best modern analogue (BMA) method (Guiot, 1990) has been used to reconstruct climate from the pollen record. The method uses a chord distance to determine the similarity between each analyzed pollen spectrum and each spectrum in the modern pollen data-set. PPPBase software (Guiot and Goeury, 1996) facilitates calculations and selection of the best analogues. In the present study, the BMA approach has been used with the modern pollen data-set including 1110 surface pollen spectra from northern Eurasia (Andreev et al., 2003, 2004). These data mainly came from the compilation of Tarasov et al. (1998). For the present study, we also compiled more than 200 additional spectra from the Russian Arctic (Bolikhovskaya and Bolikhovskii, 1994; Edwards et al., 2000; Lozhkin et al., 2001; Pisaric et al., 2001; Solovieva et al., 2005 in press). A total of 77 arboreal and non-arboreal pollen taxa were included in the analysis. Modern climate variables at the sampling sites have been calculated from the updated version of the Leemans and Cramer (1991) climate database (W. Cramer, pers. com.).

The quality of the analogues is measured by the chord distance, i.e. the Euclidean distance of the logarithmically transformed taxa percentages. The ten modern spectra most similar to each fossil spectrum were selected as the best analogues. This number is chosen experimentally (Tarasov et al., 2002). All reconstructed climate variables are estimated from the present climate corresponding to those modern spectra

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and each climatic parameter is expressed as the mean weighted value of the ten values that are selected as analogues for the fossil spectra. An analogue spectrum with the greatest similarity to a given fossil spectrum has greater impact on the mean value calculation (Guiot and Goeury, 1996). The lower and the upper deviations are defined by the min and max values of the farthest analogues, respectively.

The quantitative transfer function developed from a 100-lakes calibration data-set in northern Sweden (Larocque et al., 2001) was applied to the chironomid record from Lake Lyadhej-To to develop a quantitative estimate of $T_{\rm VII}$ changes during the Holocene. In addition, some taxonomic revisions in the function were applied (e.g., Constempellina brevicosta should be replaced by Stempellinella/Zavrelia; E. Grahn, pers. com.). The function was developed using weighted averaging partial least squares (WA-PLS) regression (ter Braak and Juggins, 1993) with two components. The transfer function yielded a root mean square error of prediction (RMSEP, jack-knifed) of 1.13 °C, a coefficient of determination (r^2 , jack-knifed) of 0.65, and mean and maximum bias of 0.025 and 2.1 °C, respectively (see Larocque et al., 2001, for more details).

As a result of the different taxonomic resolution between the modern calibration set and the fossil assemblages, the taxonomy of the fossil assemblages was harmonized with the modern calibration sets before the $T_{\rm VII}$ reconstruction (e.g., *Ablabesmyia* and other Pentaneurini were treated as Pentaneurini indet.; *Parakiefferiella bathophila*-type and *Parakiefferiella triquetra* (Pankratova, 1970) as *Parakiefferiella bathophila*-type). After taxonomic harmonization, the fossil data were screened first by excluding all taxa that did not have at least two occurrences with a minimum relative abundance of 2%.

The program WAPLS 1.51 (S. Juggins and C.J.F. ter Braak, unpublished program) was used to perform the $T_{\rm VII}$ reconstructions based on the fossil chironomid assemblages and to calculate sample-specific prediction errors (SSPE). SSPE values were estimated by Monte Carlo simulation (500 runs) following Birks (1995). To stabilize variances among taxa, percentage data were transformed using the natural logarithm $(\ln[x+1])$ prior to reconstructions.

Although, chironomids have been used to develop models for reconstructing air temperatures in NW Europe (e.g., Lotter et al., 1997; Olander et al., 1999; Brooks and Birks, 2000; Larocque et al., 2001), there is no the chironomid training set for NE Europe yet. However, the model developed by Larocque et al. (2001) for northern Sweden have been chosen for our study because it have been developed for a climatically rather similar region and the chironomid fauna used in the Sweden calibration set is also quite similar to the Lake Lyadhej-To one. This model has already been used for temperature reconstructions in northern regions of Russia such as the Laptev Sea region (Andreev et al., 2004) and the Kola Peninsula (Ilyashuk et al., 2005 in press) and we have found that the chironomid-inferred $T_{\rm VII}$ values are comparable with temperatures inferred from other palaeoecological proxies. Two reconstruction diagnostic statistics were calculated to evaluate the potential reliability of the chironomid-inferred $T_{\rm VII}$ reconstructions. First, the percentage of the fossil assemblages consisting of chironomid taxa absent from the modern calibration set was used to estimate how well each fossil assemblage is represented in the modern calibration set (Birks, 1998). Second, goodness-of-fit measures derived from a canonical correspondence analysis (CCA) of the modern and fossil data with the environmental variable of interest (e.g., $T_{\rm VII}$) as the sole constraining variable were used to assess the fit of the fossil assemblages to the environmental variable of interest (Birks et al., 1990). CCA was accomplished using the program CANOCO for Windows version 4.0 (ter Braak and Šmilauer, 1998). The reliability of the chironomid-inferred $T_{\rm VII}$ values was assessed by comparing the squared residual distances of fossil assemblages to $T_{\rm VII}$, when run as passive samples in a CCA of the modern calibration assemblages constrained to $T_{\rm VII}$. Fossil samples with a low squared residual distance from the $T_{\rm VII}$ axis have a 'good' fit to T_{VII} . According to Birks et al. (1990) any fossil samples with a squared residual distance equal to, or larger than, the squared residual distance of the extreme 10% or 5% of the modern calibration set samples are considered to have a 'poor' or 'very poor' fit, respectively, to $T_{\rm VII}$. However, following Bigler et al. (2002), the criterion of 'fit' was used as a guide to whether fossil assemblages contain abundances of taxa with relatively weak or strong relationships to the variable being reconstructed, since fossil assemblages with a poor 'fit' may provide accurate estimates of an environmental variable, and assemblages with good 'fit' may not always provide accurate estimates.

A locally weighted regression smoothing (LOESS; Cleveland et al., 1993) with a span of 0.15 was used to help to visualize the major trend in the quantitative reconstructions.

4. Results and interpretations

4.1. Lithostratigraphy

The basal 488 cm of the PG 1437 core are composed of highly consolidated greyish diamicton with gravel, separated by a thin silty peat interlayer at the 1038-1030 cm depth (Fig. 2). Rare plant remains occur in the upper diamicton layer (1030-697 cm). The diamicton is overlain by stratified to laminated clayey gyttja. Grain size distribution (Fig. 2) in the basal 50 cm of the limnic strata (697-643 cm) reflects a high terrigenous input (up to 2% of sand), whereas the lithology of the overlying strata points to low sedimentation rates. The black-coloured clayish gyttja (643-149 cm) contains almost no sand. The upper 149 cm of the profile consist of dark-brown to black silty gyttja with some sandy bands (up to 1.2 cm thick). A higher amount of coarse-grained sand in the uppermost metre was caused by an increase of terrigenous input.

To determine the source area of the diamicton/ flow till in the lake, its geochemical signatures were compared with till reference. Geochemical and chronological analyses on this core undoubtedly showed that the basal till originated from Weichselian Barents-Kara Ice Sheet samples (Wischer et al., 2001).

4.2. Chronology

In total, 20 samples from the core PG 1437 were ¹⁴C dated (Table 1, Fig. 2). Although the plant remains were expected to provide reliable dates, the ages from the consolidated diamicton are not in a chronological order. This reflects the reworked character of the dated material which is obviously too old compared to the age of the thin peat layer and the age of the plant remains from 9.94 m depth. We believe that the youngest date is the most reliable, as there is

no evidence of possible contamination of the peat by younger organic material.

The ¹⁴C ages from the transition zone between the diamicton and the clayey gyttja (ca. 800–600 cm) reflect a high terrigenous input and point to the reworked character of the dated material. Therefore, they were not used for the core chronology. However, these dates reflect a very high accumulation rate during the initial phase of the lake basin formation between ca. 10,900 and 10,700 cal. yr BP. The sedimentation of allochthonous material started about 10,700 cal. yr BP. After ca. 10,550 cal. yr BP, sedimentation slowed and stabilized according to the core chronology (Fig. 2).

The 14 C ages obtained from the PG 1438 core (southern basin) are very similar to the PG 1437 ages from similar depths (Table 1) that point to similar lake development stages in both basins. The ages from the short cores (PG 1401, PG 1402 and PG 1406) collected in the small shallow lakes in the Lake Lyadhej-To vicinity show that sedimentation rate in these small lakes during the late Holocene was ca. 3–4 times slower than in Lake Lyadhej-To (Table 1).

4.3. Biogeochemical records

The total organic carbon (TOC), $\delta^{13}C_{org}$, N, and S contents were estimated for the core (Fig. 3). The lacustrine sediments can be subdivided into five biogeochemical units. Unit 1, the initial stage of the lake (ca. 700–645 cm) is characterized by high amounts of terrigenous input. The low TOC/N ratios point to input of minerogenous nitrogen. $\delta^{13}C_{org}$ values have a narrow range, around -26%. This is similar to $\delta^{13}C_{org}$ values (-26.6% to -24.3%) from terrestrial plant material from the Arctic Siberia (Gundelwein, 1998). In contrast, fresh-water plankton generally has depleted $\delta^{13}C_{org}$ values of $-30 \pm 3\%$ (Ariztegui and McKenzie, 1995). Thus, $\delta^{13}C_{org}$ values indicate a high input of terrestrial plant remains. The bioproductivity in this initial lake was very low.

Unit 2 (645–295 cm) consists of lake sediments with the highest TOC, N and S contents, reflecting the period that the lake shows maximum bioproduction. Light $\delta^{13}C_{org}$ values also point to a lacustrine source (phytoplankton) of the organic matter and suggest rather high lake bioproductivity.



Fig. 2. Lithology and chronology of the 1437 core. 1-diamicton, 2-peat lens, 3-plant remains, 4-laminated clayey gyttja. 5-stratified silty gyttja.

The sediments from Unit 3 (295–220 cm) are characterized by decreases in TOC, N and S values, that together with a gradual increase of $\delta^{13}C_{org}$ values and a decrease in carbonate content to almost zero point to a decrease of bioproductivity in the lake.

Low TOC, N and S contents and the absence of authigenic carbonate in the sediments of Unit 4

(220–90 cm) and Unit 5 (90–0 cm) reflect low bioproductivity and deteriorating conditions in the lake. Fluctuating TOC/TN ratios in Unit 5 and high contents of $\delta^{13}C_{org}$ show that the terrestrial organic matter supply during the sedimentation of Unit 5 was slightly higher than during the sedimentation of Unit 4.



Fig. 3. Selected geochemical parameters from the core.

4.4. Pollen

The reworked flow till sediments contain few pollen grains, mostly reworked Pre-Quaternary spores and badly preserved indeterminable coniferous pollen. *Equisetum* spores and Cyperaceae pollen dominate in the peat layer (1034–1035 cm depth).

Generally, the lake sediments are rich in pollen and palynomorphs (Fig. 4). However, the sediments at the 700–650 cm depth (pollen zone I, PZ-I) have a very low pollen concentration and contain numerous indeterminable coniferous pollen. The rare Cyperaceae, Poaceae, and *Betula* sect. *Nanae* pollen suggest sparse, treeless vegetation. Large amounts of *Equisetum* spores, pollen of Cichoriaceae, *Artemisia* and the presence of *Encalypta* spores point to disturbed and denuded soils in the catchment area. The upper 650 cm of the lake sediments contain numerous wellpreserved pollen and spores and have a high pollen concentration. The pollen concentration is highest in PZ-II (650-500 cm). Redeposited coniferous pollen almost disappears from the pollen spectra at the bottom of this zone. Pollen of Betula (especially sect. Albae) dominated. Alnus fruticosa has a maximum in this zone. PZ-III (500-375 cm) is characterized by large amounts of Betula pollen and a gradual increase of long-distance transported Picea obovata. Total pollen concentration significantly decreases in this zone. PZ-IV (375-205 cm) is notable for an increase in Betula sect. Nanae, Cyperaceae and a further increase of long-distance transported coniferous (Pinus sylvestris, P. sibirica and Picea obovata) pollen contents, while Betula sect. Albae pollen percentages and total pollen concentration are reduced. PZ-V (205-0 cm) is characterized by a further increase of Cyperaceae, Poaceae and other herbs. Pollen of typical tundra taxa (Ericales, Polygonum viviparum, Epilobium, Polemonium) have



maxima in this zone, while total pollen concentration is the lowest here.

4.5. Diatoms

A total of 153 diatom taxa from 42 genera were identified in the core (Cremer et al., 2004). Achnanthes (20 taxa), Fragilaria (17 taxa, including Pseudostaurosira, Staurosira and Staurosirella) and Navicula (19 taxa) are the most diverse genera. Diatom assemblages, however, are generally dominated by a few plankton species belonging to the genera Aulacoseira and Stephanodiscus and by small Staurosira and Staurosirella species. The diatom diagram (Fig. 5) is visually subdivided into seven biostratigraphical units, which are briefly described in chronological order.

Unit A (669–646 cm) is characterized by the presence of *Paralia siberica*, a taxon that is known only from Paleocene and Eocene deposits. Its occurrence indicates a relatively high input of redeposited material into the lake basin. The nearly complete absence of autochthonous plankton diatoms at the same time shows that there was no significant pelagic bioproductivity in the lake.

Unit B (646–396 cm) shows the highest diatom valve concentrations $(2-5 \times 10^9 \text{ valves per gram sediment})$ and is dominated by *Stephanodiscus* taxa (*S. hantzschii, S. minutulus, S. parvus*). Three other species, *Aulacoseira islandica, Staurosira construens* and *Staurosirella pinnata* are of minor importance. Towards the end of Unit B, the significance of these species gradually decreases, whereas the relative abundance of *A. islandica* increases.

The diatom assemblage of Unit C (396–345 cm) consists mainly of *A. islandica, Staurosira construens, Staurosirella pinnata* and the *Stephanodiscus* group. Compared to the previous unit, the latter group occurs with distinctly lower relative abundances. The unit has also the highest concentration of *Cyclotella ocellata* in the whole sequence. The total diatom abundance is lower than 2×10^9 valves per gram of freeze-dried sediment.

Unit D (345–260 cm) is characterized by a further decrease of total diatom concentration and the contents of *Stephanodiscus* group. The dominating diatom species in the unit is *Aulacoseira subarctica*, whereas *S. construens* and *S. pinnata* are of secondary

importance. *Achnanthes* spp. gradually increase in relative abundance in this unit.

Unit E (260–93 cm) represents the longest period of relative stability in terms of the composition of the diatom community. The diatom assemblage is dominated by the periphytic species *S. construens* and *S. pinnata*, and *Achnanthes* spp. Planktic diatoms generally play a minor role in this unit. The total diatom abundance has lowest values in this unit (below 1×10^9 values per gram sediment).

A. subarctica dominates Unit F (93–0 cm), whereas the abundances of *S. construens, S. pinnata* and *Achnanthes* spp. are slightly reduced. The abundance of *Cyclotella tripartita* increases in the upper part of the unit. The total diatom valve concentration is slightly higher than in the previous unit. Diatom assemblages of the uppermost sediments (ca. 350–0 cal. yr BP) are similar to the Unit E ones: planktic diatoms are of minor importance and *S. construens, S. pinnata* and *Achnanthes* spp. dominate.

4.6. Chironomids

In total, 59 chironomid taxa were identified in the core. Three distinct assemblage zones: CZ-I, CZ-II, and CZ-III, were distinguished based on the changes in the chironomid stratigraphy (Fig. 6). The first chironomid zone (CZ-I; 696-649 cm) corresponds to the initial phase of the lake basin formation. The lowest concentration of chironomid head capsules $(3-8 \text{ capsules } g^{-1})$ characterizes this zone. It is worthy of note that Ceratopogonidae (Dasvheleatype) head capsules were found only in the deepest sample (694-696 cm). CZ-1 is dominated by Heterotrissocladius subpilosus, H. brundini/H. maeaeri, and Abiskomyia. All these taxa have been established as cold-temperature indicators (Olander et al., 1999; Korhola et al., 2000; Larocque et al., 2001). Near the top of this zone, Micropsectra insignilobus-type increases up to 12% and Sergentia coracina-type up to 24%. Both taxa are characterized by a broader range of thermal tolerance (Olander et al., 1999; Larocque et al., 2001).

CZ-II (649–335 cm) is associated with warm-temperature indicator taxa (*Cladotanytarsus mancus*type, *Microtendipes pedellus*-type, *Dicrotendipes*, *Parakiefferiella bathophila*-type, *Chironomus plumosus*-type) and taxa with a broad range of thermal





tolerances (*S. coracina*-type, *Cricotopus/Orthocladius, Paratanytarsus, Tanytarsus, Psectrocladius (P.) sordidellus*-type, *Corynocera ambigua*) according to the different training sets (Lotter et al., 1997; Walker et al., 1997; Olander et al., 1999; Brooks and Birks, 2001; Larocque et al., 2001). In the lower part of the zone, the chironomid head-capsule concentration persists at low values (20–46 capsules g⁻¹), whereas in the upper part of the zone it increases and reaches 67– 151 capsules g⁻¹.

In CZ-III (335-0 cm), all warm-temperature indicator taxa become minor components of the chironomid assemblages. The zone is characterized by a high abundance of taxa with a broad range of thermal tolerances (S. coracina-type, Cricotopus/Orthocladius, Tanytarsus, Paratanytarsus) and cold-temperature indicators (Micropsectra radialis-type, Abiskomyia, Heterotrissocladius brundini/H. maeaeri). Other cold-temperature indicator taxa such as Paracladius (Lotter et al., 1997; Walker et al., 1997), Constempellina brevicosta (Seppä et al., 2002), Mesocricotopus thienemanni (Walker et al., 1997; Olander et al., 1999), Paracladopelma (Lotter et al., 1997), and C. oliveri-type (Olander et al., 1999) become common. The chironomid head-capsule concentration gradually decreases up to 27–90 capsules g^{-1} .

5. Quantitative climate reconstructions

5.1. Pollen-based climate reconstructions

The BMA method has been applied only to the pollen spectra from the upper 6.5 m of the core, because the lowest 0.5 m of the lake record contain high amounts of redeposited pollen and spores. Reconstructed mean July temperature (T_{VII}) and annual sum of the day temperatures above 5 °C-base (the so-called sum of growing-degree-days with temperatures above 5 °C, GDD5) show similar changes (Fig. 7a), suggesting summers warmer than present within the period 10,500-7500 cal. yr BP. Sharp climate oscillations towards cooler and dryer conditions are reconstructed from single pollen assemblages dated to ca 10,600 and ca 10,400 cal. yr BP, respectively. In both cases it corresponds to a decrease in Betula sect. Albae pollen percentages and in total pollen concentration. However, whether these short-term changes are primarily driven by climate or by other non-climatic factors (e.g. rapid sedimentation) is not clear. Thus, we avoid further interpretation of the reconstruction results at these levels. Significant coolings occurred ca. 7000, between 5500–3500 and after 1500 cal. yr BP. During the early Holocene climatic optimum, $T_{\rm VII}$ was likely 12–13 °C, GDD5—400–600 °C day and annual precipitation (*P*)—400–500 mm. During the cold phases, $T_{\rm VII}$ most probably fluctuated between 8 and 10 °C, GDD5 between 100–300 °C day and *P*—between 300 and 400 mm. The topmost pollen assemblage likely reflects warming of the twentieth century.

5.2. Chironomid-inferred T_{VII} reconstructions

The initial number of chironomid taxa recorded in the fossil assemblages (59 taxa) has been reduced up to 37 taxa after the taxonomic harmonization and the first screening. 28 fossil taxa from these 37 are present in the modern calibration data-set. Nine fossil taxa fit to the screening criteria, but those not present in the calibration set only comprise 0-15% of the total fossil assemblages in any sample. Six samples from the core between 177 and 67 cm (ca. 5100-1800 cal. yr BP) are an exception, as they contain higher proportions (18.3-23.1%) of taxa which are absent in the calibration set. As derived from CCA with $T_{\rm VII}$ as the sole constraining predictor environmental variable, the squared residual distances of thirty samples (mainly between 650 and 270 cm; Fig. 7b) are low and do not fall within the extreme 10% of the modern squared residual distances. Eighteen and twelve samples (mainly from the basal part and from upper 270 cm of the core, Fig. 7b) have 'poor' and 'very poor' fits, respectively, to the reconstructed $T_{\rm VII}$ values. That suggests that the chironomid-based reconstructions before 10,650 cal. yr BP and after 7000 cal. yr BP are relatively problematic. The reconstructions before 10,650 cal. yr BP and after 2500 cal. yr BP may be particularly problematic, as the samples from these intervals have only 'poor' or 'very poor' fits to $T_{\rm VII}$. $T_{\rm VII}$ reconstructed for the 7000–0 cal. yr BP interval are probably overestimated due to the high proportion of cold-adapted taxa such as Paracladius, C. brevicosta and M. thienemanni, because these taxa are absent in the calibration set and, therefore, could not be used for the $T_{\rm VII}$ reconstructions. However, since smoothed temperature values may improve 'poor fit'





situations and provide a more reliable temperature estimate (Heiri et al., 2003), we use the smoothed trend of the $T_{\rm VII}$ reconstruction (Fig. 7b) as a basis for palaeoclimatic inferences.

The smoothed temperatures suggest that, shortly following the onset of lacustrine sedimentation at ca. 10,700–10,550 cal. yr BP, $T_{\rm VII}$ increased rapidly from 10.0 to 11.8 °C. Later, during ca. 10,550–9400 cal. yr BP, there was a period of relatively high $T_{\rm VII}$ (11.0–11.6 °C). Between ca. 9400 and 6800 cal. yr BP $T_{\rm VII}$ decreased gradually to 9.5 °C, followed by an increase to relatively high values (9.8 °C at ca. 6300–6100 cal. yr BP). Later, $T_{\rm VII}$ decreased gradually to ca. 8.5–9.0 °C, representing a period of minimum inferred temperatures during the lake history. In the uppermost sample of the core, the chironomid-inferred $T_{\rm VII}$ is 8.2 °C that is consistent with modern meteorological data ($T_{\rm VII}$ ca. 8.0 °C) from the region.

6. Discussion: palaeoenvironmental reconstructions

The age of deposition of the lowest diamicton layer cannot be exactly determined. The bulk organic carbon ¹⁴C ages of 39-34 kyr BP only confirm the Middle Weichselian age of the bulk organic carbon in the diamicton. However, OSL dates from the samples collected from laminated fine sands in the kame sediments nearby the lake support an age of about 90 ka for the moraine deposits in the area (Henriksen et al., 2003). Glacial striae, erratics and form of the endmoraines show that the last ice-flow was from the Kara Sea. Geochemical and chronological analyses on the diamicton in the core also show that it may originate only from the Weichselian Barents-Kara Ice Sheet (Wischer et al., 2001). There is very few primary pollen and no diatoms or chironomids in the diamicton. Thus, the environmental conditions during the sedimentation of the lowest diamicton layer could not be reconstructed.

We suggest the following model for deposition. Dead ice blocks (remnants of the Early Weichselian Barents-Kara Ice Sheet) started to melt at the beginning of the Holocene, ca. 11,500–11,000 cal. yr BP forming the initial lake basin. Buried ice blocks in the present Quaternary sediments near the lake still remain and have been recovered during a reconnaissance coring by Vorkuta Geological Survey in the area (Bol'shiyanov, pers. com.). Thus, the lowest diamicton layer, 1185–1035 cm, is most likely reworked flow till of the Weichselian Barents-Kara Ice Sheet. The thin peat layer overlying the lowest diamicton suggests that the initial lake basin was probably well drained. Alternatively, melting of buried ice blocks in the Lake Lyadhej-To area was stopped or greatly slowed down ca. 10,900 cal. yr BP and processes of peat accumulation on the drained lake basin bottom began. Numerous *Equisetum* spores and rare Cyperaceae pollen in the peat layer may reflect a rather severe environment with denuded soils and pioneer vegetation around the lake basin during this time.

The second diamicton layer above the peat is also interpreted as reworked flow till sediments of the Barents-Kara Ice Sheet according to its composition, but it also contains rather numerous remains of terrestrial plants of younger ages (Table 1, Fig. 2), pointing to the higher input of younger non-till material in the upper diamicton layer. Thus, this layer is a mixture of reworked till and some younger, late Glacial and early Holocene sediments. There is too little primary pollen in the diamicton to reconstruct the environmental conditions during the sedimentation. The low TOC/N ratios in the upper 0.5 m of the diamicton point to input of minerogenous nitrogen, while $\delta^{13}C_{org.}$ values indicate the input of organic matter from terrestrial plants.

6.1. Ca. 10,700–10,550 cal. yr BP

All proxies indicate that sedimentation in the initial lake was with a high input of diamicton material containing reworked shells of Paleocene/Eocene taxon, Paralia sibirica, and redeposited Pinaceae pollen. The terrigenous input slowed at the end of this short episode. Pelagic bioproductivity in the lake was very low. The nearly complete absence of autochthonous planktic diatoms and low TOC content point to turbid and nutrient-poor lake conditions. A low abundance of chironomids characterizes the period. The dominance of lacustrine taxa (Abiskomyia, H. subpilosus, H. brundini/H. maeaeri,) in the chironomid assemblage confirms the onset of lacustrine conditions at ca. 10,700 cal. BP. The occurrence of Ceratopogonidae (Dasyhelea-type) remains at 694-696 cm may reflect swampy semi-aquatic habitats along the lake shoreline in this time, as aquatic and semi-aquatic species of Ceratopogonidae are common in transitional zones between aquatic and terrestrial habitats. This is particularly true for Dasyhelea (Szadziewski et al., 1997; Glukhova and Brodskaya, 1999). Coldtemperature chironomid taxa were rapidly replaced by warm-temperature ones at about 10,650 cal. BP. The chironomid-inferred reconstructions suggest that $T_{\rm VII}$ increased rapidly to 11.8 °C between ca. 10,700 and 10,550 cal. BP (Fig. 7b). Summer temperatures were at least 2.5–3.0 °C higher than today at the end of this period. However, pollen-based reconstructions show the warmest climate conditions slightly later. This difference may be connected with some delay (ca. 50–150 cal. yr) of vegetation response to a rapidly changed climate, while chironomids assemblages probably changed in few years. Rare Cyperaceae, Poaceae and Betula sect. Nanae pollen suggest sparse, treeless vegetation around the lake. Large amounts of Equisetum spores, pollen of Cichoriaceae, Artemisia and the presence of *Encalypta* spores may also indicate disturbed and denuded soils in the catchment area.

6.2. Ca. 10,550-8800 cal. yr BP

Biogeochemical proxies point to the lake period with maximum bioproduction (highest TOC, N, and S contents). Light $\delta^{13}C_{org}$ values also point to the lacustrine (phytoplankton) source of the organic matter. The diatom, chironomid and pollen concentrations have their highest values. A distinct dominance of planktic diatoms reflects the most favourable conditions for diatoms ca. 10,500–8800 cal. yr BP (Fig. 5, see also Cremer et al., 2004). This interval is characterized by the longest growing season, the lowest lake-ice coverage and the highest diatom productivity during the lake history.

The highest abundances of littoral chironomid taxa (*C. mancus*-type, *M. pedellus*-type, *Psectrocladius* (*P.) sordidellus*-type, *Dicrotendipes, Tanytarsus, Cricotopus/Orthocladius, C. ambigua*) probably also reflect the high bioproductivity in the littoral zone of the lake in response to higher summer temperatures.

Betula (especially sect. *Albae*) pollen dominated the spectra. Influx of *A. fruticosa* pollen has a maximum in this period. Probably, birch forest with some shrub alder was growing in the lake catchment at this time. Pollen, macrofossil and insect records from the adjacent areas also reflect that tree birch dominated the vegetation in what is now treeless tundra north-west and north-east from the Lake Lyadhej-To (Surova et al., 1975; Veinbergs et al., 1995; Andreev et al., 1998, 2001; Koshkarova et al., 1999; Kaakinen and Eronen, 2000; Panova and Jankovska, 2000; Oksanen et al., 2001; Väliranta et al., 2001; Panova et al., 2003).

Pollen-based reconstructions of $T_{\rm VII}$ and GDD5 suggest warmest climate conditions during this period (Fig. 7a). The chironomid-inferred temperatures also show the highest value (Fig. 7b). This period is undoubtedly the warmest postglacial episode and marks the Holocene climatic optimum in the Arctic Eurasia (e.g. Velichko et al., 1997; MacDonald et al., 2000; Andreev et al., 2001, 2003, 2004).

6.3. Ca. 8800-5500 cal. yr BP

This period is characterized by a gradual deterioration of environmental conditions in the lake and the lake catchment vicinity. Biogeochemical proxies show a decrease of TOC, N and S values, that together with a gradual increase of terrestrial $\delta^{13}C_{org}$ input point to a gradual decrease of bioproductivity in the lake. Lower concentrations of diatom valves suggest a lower diatom productivity in the lake (Fig. 5, Cremer et al., 2004). The abundance of Stephanodiscus decreased and A. islandica was partly replaced by A. subarctica, probably pointing to a slight tendency towards acidification of the lake. A. subarctica is an acidophilous diatom, indicating a pH below 7 (van Dam et al., 1994). The increased relative abundance of Achnanthes spp. and the contemporaneous decrease of planktonic diatoms ca. 7000 cal. yr BP (Fig. 5) might indicate an increased availability of benthic (e.g. epilithic, epipsammic, epipelic, epiphytic) habitats in the lake, possibly combined with an extended lake-ice cover in summers. This might have led to the relative enrichment of benthic diatoms in the sedimentary record. A longer lasting ice-cover during summers would have favoured the occurrence of benthic and aerophilic diatoms in a relatively narrow and shallow moat of the lake and in the lake's catchment (Smol, 1988). This is also evidenced by the distinctly reduced accumulation (total productivity) of diatom valves on the lake bottom (Fig. 5).

The gradual replacement from warm-temperature chironomid taxa to cold-temperature ones as well as the decrease of total chironomid concentrations also reflect a gradual cooling. The chironomid-inferred temperatures suggest that the gradual decrease of $T_{\rm VII}$ lasted until ca. 6800 cal. BP, followed by a short period of the middle-Holocene warming with $T_{\rm VII}$ at least 1°C higher than today.

An increase in *Betula* sect. *Nanae*, Cyperaceae, further increases of long-distance transported pollen (*P. sylvestris, P. sibirica, Picea obovata, Corylus, Larix*) and significantly reduced total pollen concentrations also point to a deterioration in climatic conditions. Probably, birch forests completely disappeared from the lake vicinity after 6000 cal. yr BP and shrub tundra with *Betula nana* and *Salix* started to dominate the vegetation. Pollen-based reconstructions suggest that climate conditions up to the end of this period were still relatively warm (Fig. 7a).

Palaeoenvironmental records from the adjacent areas also reflect similar vegetation changes and climate deterioration at about this time (Surova et al., 1975; Veinbergs et al., 1995; Andreev et al., 1998, 2001; Serebryanny et al., 1998; Koshkarova et al., 1999; Panova and Jankovska, 2000; Oksanen et al., 2001; Paus et al., 2003; Väliranta et al., 2001).

6.4. Ca. 5500-2500 cal. yr BP

Low TOC, N and S contents and the absence of authigenic carbonate in the sediments reflect low bioproductivity in the lake, pointing to rather cold environmental conditions in this period. The diatom record reflects the interval with the lowest accumulation of diatom valves (particularly planktonic diatoms) during the Holocene (Fig. 5), evidencing cooler summers with longer lasting lake-ice cover and low diatom productivity. The open-water habitats were probably restricted to a relatively narrow moat (Smol, 1988). Small benthic diatoms (*S. construens, S. pinnata, Achnanthes* spp.) were favoured under such climate conditions (Fig. 5).

The relatively cold summers and poor trophic conditions in the lake during this period are also indicated by the occurrence of the cold-temperature chironomid taxa (*Abiskomyia, Paracladius, H. subpilosus, M. radialis*-type), which prefer ultra-oligotrophic conditions (Sæther, 1979). Modern chironomid assemblages were established by the end of the period, with the disappearance of the warm-temperature indicator *M. pedellus*-type.

The vegetation in the region became similar to the modern one. Shrub (*B. nana, Salix*) and herb tundra dominated around the lake since ca. 5500 cal. yr BP. Palaeoenvironmental data from adjacent regions (Surova et al., 1975; Andreev et al., 2001; Oksanen et al., 2001; Kultti et al., 2003; Sarmaja-Korjonen et al., 2003) show similar changes occurring at the Atlantic–Subboreal boundary. Reconstructed $T_{\rm VII}$ and GDD5 suggest significant cooling between ca. 5500 and 3500 cal. yr BP, but with summers warmer than present ca. 3500–2500 cal. yr BP. During the cold phase, $T_{\rm VII}$ most probably was between 8–10 °C, GDD5 was between 100–300 °C, and annual precipitation was between 300 and 400 mm.

6.5. Ca. 2500 cal. yr BP-present day

Generally, the bioproductivity in the lake was low during this time, but fluctuating TOC/TN ratios and slightly higher $\partial^{13}C_{org}$ content reflect a higher terrestrial organic matter influx (Fig. 3). The distinctly increased abundance of A. subarctica (Fig. 5) points to ameliorated climatic conditions during this time. The lake was likely ice-free during summers leading to a significant growth of planktonic diatom taxa and higher accumulation of diatom valves on the lake bottom. The acidophilous nature of A. subarctica (van Dam et al., 1994) possibly also indicates a moderate decrease in lake-water pH, which could have been caused by an increased influx of humic acids from the lake catchment. It also confirms a higher terrestrial nutrient supply. A similar shift from small fragilarioid diatom taxa to planktonic Aulacoseira ones was also described in a lake-sediment core from the western Taymyr Peninsula (Laing and Smol, 2003). Laing and Smol (2003) interpreted the peaks of Aulacoseira taxa in the core as indicators of warmer climatic conditions, which may have led to wind-induced mixing of the lake, higher input of humic substances and increased precipitation.

The pollen record reflects a dominance of the tundra vegetation, corresponding well with pollen data from adjacent regions (e.g. Andreev et al., 2001; Oksanen et al., 2001; Kultti et al., 2003). Pollen-based reconstructions of $T_{\rm VII}$ and GDD5 suggest a

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warming ca. 2000–1500 cal. yr BP and a cooling occurred after 1500 cal. yr BP.

The chironomid assemblages reflect a period of minimum $T_{\rm VII}$ during the lake history. However, chironomid inferences after 2500 cal. yr BP may not be reliable, as the fossil assemblages reveal a 'poor' or 'very poor' fit to $T_{\rm VII}$.

7. Conclusions

The radiocarbon-dated pollen, chironomid, diatom and biogeochemical records as well as results of quantitative climate reconstruction techniques show that Lake Lyadhej-To sediments are an excellent palaeoenvironmental archive since the beginning of the Holocene.

Dead ice blocks (remnants of the ice sheet) started to melt at the beginning of the Holocene, which formed the initial lake basin. A lower diamicton layer recovered in the lake is reworked flow till of the Early Weichselian Ice Sheet according to its composition. A second diamicton layer is a mixture of reworked till and younger, late Glacial/early Holocene sediments. Turbid and nutrient-poor lake conditions existed in the lake ca. 10,700–10,550 cal. yr BP. Summer temperatures were at least 2.5–3.0 °C higher than today. However, sparse and treeless vegetation dominated on the disturbed and denuded soils in the lake-catchment area.

The period ca. 10,500–8800 cal. yr BP is noticeable for the lowest lake-ice coverage and the highest bioproductivity during the lake history. Birch forest with some shrub alder grew around the lake reflecting the warmest environmental conditions during the Holocene.

The period ca. 8800–5500 cal. yr BP is characterized by a gradual deterioration of environmental conditions in the lake and its catchment. Birch forests disappeared from the lake catchment after 6000 cal. yr BP. Low shrub and herb tundra similar to modern vegetation dominated around the lake since ca. 5500 cal. yr BP. All proxies point to rather harsh environmental conditions, relatively short growing seasons and a longer lake-ice cover ca. 5500–2500 cal. yr BP.

The bioproductivity in the lake remained low after 2500 cal. yr BP, but terrestrial influx was higher.

Changes in diatom content indicate slightly warmer water temperatures and reduced ice cover on the lake.

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