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In vitro protein synthesis capacities in a cold stenothermal and a temperate eurythermal pectinid

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Abstract The translational system was isolated from the gills of the Antarctic scallop *Adamussium colbecki* (Smith) and the European scallop *Aequipecten opercularis* (Linnaeus) for in vitro protein synthesis capacities ($\mu\text{g protein mg FW}^{-1} \text{ day}^{-1}$) and the translational capacities of RNA ($k_{\text{RNA in vitro}}$ mg protein mg RNA $^{-1} \text{ day}^{-1}$). In vitro protein synthesis capacity in the cold-adapted pectinid at 0 °C was similar to the one found in the temperate scallop at 25 °C. These findings might reflect cold compensated rates in *Adamussium colbecki*, partly explainable by high tissue levels of RNA. Cold-compensated in vitro protein synthesis capacities may further result from increments in the translational capacity of RNA. The thermal sensitivity of the translation machinery was slightly different in the two species, with significantly lower levels of Arrhenius activation energies E_a and Q_{10} in *Adamussium colbecki* in the temperature range 0–15 °C. Reduced protein synthesis and translational capacities were found in vitro in gills of long-term aquarium-maintained *Adamussium colbecki* and were accounted for by a loss of protein synthesis machinery, i.e. a reduction in RNA levels, as well as a decrease in the amount of protein synthesized per milligram of RNA (RNA translational capacity, $k_{\text{RNA in vitro}}$). Such changes may involve food uptake or mirror metabolic depression strategies, like those occurring during winter. Consequences of high in vitro RNA translational capacities found in the permanently cold-adapted species are discussed in the context of seasonal food availability and growth rates at high latitudes.

Keywords Protein synthesis · Translational capacity · Translational efficiency · Cold adaptation · Pectinids

Abbreviations DPM disintegrations per minute · DTT dithiothreitol · E_a Arrhenius activation energy · k_s fractional protein synthesis rate · $k_{\text{RNA in vivo}}$ translational efficiency · $k_{\text{RNA in vitro}}$ translational capacity · PCA perchloric acid · Phe phenylalanine · PLA phospho-L-arginine · PSU practical salinity units · RNase ribonuclease · TCA trichloroacetic acid

Introduction

Psychrophiles have successfully colonized the year-round cold waters of Antarctica and are able to grow efficiently at sub-zero temperatures. Nonetheless, mean annual growth rates are low compared to temperate ectotherms (Brey and Clarke 1993). A vast array of structural and physiological adjustments is required to counteract the reduction in chemical reaction rates due to low temperature and to ensure matching of the processes of energy production and consumption including those of growth, muscular activity and reproduction. One major component of basal processes is protein turnover (Hawkins 1991). Protein synthesis balances routine protein degradation with a significant net production during growth and, otherwise, comprises a significant fraction of maintenance metabolism in terms of protein turnover. Protein synthesis is energetically expensive, regardless of temperature (Storch and Pörtner 2003). Thus, the regulation of protein turnover and synthesis rates is of utmost importance especially in cold-adapted ectotherms at low rates of oxygen consumption and, consequently, low energy turnover.

Whole body protein synthesis has been shown to reach similar maximum rates in cold-adapted species compared to their temperate congeners (Whiteley et al. 1996; Marsh et al. 2001; Fraser et al. 2002). Whole body

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protein synthesis is a summation of synthesis rates in various tissues, which differ widely in protein turnover and metabolic rate. In fish and a few invertebrates examined to date, gills are among those tissues with very high turnover rates and low protein retention efficiencies, whereas muscle is characterized by low turnover rates and high protein retention efficiencies (Houlihan et al. 1986; Houlihan 1991).

Recent work suggests that ectotherms living at low temperatures maintain considerably elevated tissue RNA:protein ratios due to increased RNA levels. Such high ratios in cold-adapted ectotherms have been interpreted to compensate for a cold-induced reduction in RNA translational efficiency in vivo ($k_{\text{RNA in vivo}}$) (Whiteley et al. 1996; Robertson et al. 2001; Fraser et al. 2002). In Antarctic sea urchin embryos, elevated levels of mRNA and whole-cell RNA were suggested to enable their high protein turnover rates, equivalent to those in temperate zone sea urchin embryos (Marsh et al. 2001). These suggestions also imply that in vivo translational efficiency, defined as in vivo protein synthesis per unit RNA ($k_{\text{RNA in vivo}}$), is reduced because of the temperature-induced reduction in individual biochemical processes involved in protein synthesis. In this context, it is of interest whether synthesis and maintenance of higher RNA levels to counteract the negative effect of cold temperatures on translational activity result in higher costs of protein synthesis. Alternatively, an increased RNA content in cold-adapted ectotherms may just be the result of low RNA turnover rates. In any case, a cold-adapted RNA translation apparatus with enhanced catalytic efficiencies would support increased cost-efficiency, however, it is unclear whether such a cold-compensated translation system on top of increased RNA levels exists.

In the present study we isolated the translational system from the gills of the Antarctic scallop *Adamussium colbecki* (Smith) under different nutritional conditions, and from the European scallop *Aequipecten opercularis* (Linnaeus). Our aim was to determine the translational capacity ($k_{\text{RNA in vitro}}$) of the protein synthesis machineries of marine invertebrates adapted to different ambient temperatures, using an optimized in vitro cell-free system simulating physiological conditions (Storch and Pörtner 2003). The in vitro system enabled us to study the effect of temperature and nutritional status on protein synthesis capacities under conditions of unrestricted energy availability and amino acid supply in the assay. The measurement of in vitro amino acid incorporation is a far more sensitive and immediate indicator for RNA translational capacity than the RNA:protein ratio measured in vivo (Lied et al. 1985; Houlihan 1991). For maximum rates and high signal-to-noise ratios, the translational system was isolated from the gills. To our knowledge, this is the first quantitative study to investigate the RNA translational capacities of the protein synthesis machinery in vitro and to contrast the respective findings in a permanently cold-adapted ectotherm and a temperate ectotherm.

For this study, we chose two species from the pectinid family, the cold stenothermal *Adamussium colbecki* from the Antarctic Ross Sea and the temperate eurythermal *Aequipecten opercularis* from the British channel. Both *Adamussium colbecki* and *Aequipecten opercularis* represent key species in their respective habitats. *Adamussium colbecki* experiences constant annual temperatures ranging between -1.8°C and 2.5°C , whereas *Aequipecten opercularis* covers a broader temperature range of between 8°C and 24°C . Other temperate species (e.g. *Pecten maximus*) are more closely related to *Adamussium colbecki* (Canapa et al. 2000); however, the mode of life of *Adamussium colbecki* resembles more closely that of *Aequipecten opercularis* (epibenthic filter feeding, spontaneous and escape activity cycles), albeit at significantly lower levels of energy expenditure in *Adamussium colbecki* (Heilmayer and Brey 2003; Heilmayer et al. 2004). For cellular design and functional capacity, the similarity in lifestyle in different environments appears as crucial for such comparisons as close phylogenetic relationship, especially in the light of 20 million years of progressive cooling of Antarctic waters and the long standing geographic isolation of Antarctic species (Bailey et al. 2003). Accordingly, different protein synthesis capacities in species from Antarctic and temperate latitudes may reflect general cellular design constraints in the permanent cold (Pörtner 2002).

Our results demonstrate that translation capacity in the cold-adapted pectinid at 0°C exhibits cold compensation. The in vitro RNA translational capacities and overall protein synthesis capacities measured in this study are discussed in the context of energy turnover and the nutritional state of ectotherms inhabiting different latitudes and temperature regimes.

Materials and methods

Animals

Aequipecten opercularis of 4.30 ± 0.15 cm shell length and 4.28 ± 0.13 cm height were provided by the "Station Biologique de Roscoff". They were caught at 80-m water depths by dredging around Roscoff (France) in October 1999. Animals were kept in oxygenated, cooled seawater and returned by car to the Alfred Wegener Institute (AWI). There they were kept in well-aerated, re-circulated seawater at $10 \pm 1^{\circ}\text{C}$ and 34 practical salinity units (PSU) for at least 6 days prior to experimentation. *Adamussium colbecki* of 4.42 ± 0.21 cm shell length and 4.65 ± 0.17 cm height were collected by dredging from 50–80-m water depth near Terra Nova Bay (Antarctica) in February 2000. They were maintained in running seawater aquaria at $0.0 \pm 0.5^{\circ}\text{C}$ and 34 PSU at Terra Nova Bay station for 6 days prior to experimentation. Some of the animals were returned by plane to the AWI in insulated cooling boxes and plastic bags filled with oxygenated cold seawater and a layer of pure oxygen. During the whole transport the boxes were kept in an airfreight container at a constant temperature of $0 \pm 0.5^{\circ}\text{C}$. At the Institute animals were kept in well-aerated seawater at $0.0 \pm 0.5^{\circ}\text{C}$ and 34 PSU and were fed twice a week with dissolved plankton tablets ($0.01 \text{ g C m}^{-2} \text{ ind}^{-1}$ per meal, HOBBY, Dohse Aquaristik). After 6 months aquarium maintenance, the same experiments were conducted as for freshly captured *Adamussium colbecki* and *Aequipecten opercularis*.

Preparation of gill lysates

The preparation of lysates from the gills of *Aequipecten opercularis* and of *Adamussium colbecki* followed the same procedure as detailed by Storch and Pörtner (2003) and will only briefly be outlined here. Gills of two animals were pooled to provide enough tissue for all measurements. Half of the combined tissue mass was freeze-clamped in liquid N₂ by means of a pre-cooled Wollenberger clamp (Wollenberger et al. 1960) for later examination of RNA and protein contents. The other half was immediately used for the preparation of the cell-free protein-synthesis system. Gill tissue was homogenized with a loosely fitting 2-ml glass homogenizer in 1 volume of ice-cold extraction buffer [containing 100 mM Hepes, 880 mM sucrose, 120 mM K-acetate, 10 mM Mg-acetate, 7 mM 2-mercaptoethanol, 30 mM dithiothreitol (DTT), adjusted to pH 7.13 at 25 °C]. The homogenate was centrifuged at 16,000 g for 30 min at 0 °C and the resulting post-mitochondrial supernatant was used as the lysate, which was kept on ice until the start of the in vitro translation assays to minimize destruction of RNA by endogenous ribonuclease (RNase). Aliquots of the lysates were frozen in liquid nitrogen for later determination of RNA and endogenous phenylalanine (Phe).

Cell-free in vitro translation assays

Protein synthesis rates were determined in vitro at four different temperatures. Lysates prepared from gills of recently captured *Adamussium colbecki* (0 °C, 5 °C, 10 °C, 15 °C) were measured at TNB station in Antarctica. Lysates prepared from gills of freshly captured *Aequipecten opercularis* (0 °C, 5 °C, 15 °C, 25 °C) and long-term maintained *Adamussium colbecki* (0 °C, 5 °C, 15 °C) were analysed at the AWI.

For measurements of the capacity of protein synthesis, translation assays were conducted under optimized, physiological conditions as described previously (Storch and Pörtner 2003). Incorporation of [2,3,4,5,6-³H] Phe into protein was measured as a function of time in 19- μ l samples from an incubation medium containing 30 μ l lysate 150 μ l⁻¹ and, on top of the ionic composition of the lysate, 100 mM Hepes buffer (sodium salt, adjusted to pH 7.13 at 25 °C), 85 mM taurine, 150 mM glycine, 120 mM potassium, 5 mM DTT, 0.2 mM spermidine, all amino acids except Phe at 0.1 mM, 8 μ M Phe (including 60 μ Ci [2,3,4,5,6-³H] Phe, Amersham, 116 Ci mmol⁻¹, 1 mCi = 37 MBq), 100 units RNasin Ribonuclease Inhibitor (Promega), 1 mM ATP, 0.5 mM GTP and for ATP regeneration 15 mM phospho-l-arginine (PLA) and 4.9 units arginine kinase to avoid a limitation of energy supply. Before starting the translation assay with 30 μ l lysate, the reaction mixture was pre-incubated for 5 min in a water bath set to the experimental temperature of 0 °C, 5 °C, 10 °C or 15 °C for freshly collected and long-term maintained *Adamussium colbecki* and of 0 °C, 5 °C, 15 °C or 25 °C for *Aequipecten opercularis*. After the addition of lysate, the assay was quickly subdivided into aliquots of 20 μ l and returned to the water bath set to the experimental temperature. Reactions were terminated by 2 μ l pancreatic RNase (25 units ml⁻¹), followed by an additional 5 min of incubation at 15 °C for *Adamussium colbecki* and 25 °C for *Aequipecten opercularis* to ensure a quick halt of the protein synthesis. Subsequently, 19- μ l samples were pipetted onto Phe-saturated, semi-wet Whatman GF/C filters. Filters were immersed in ice-cold 10% trichloroacetic acid (TCA), containing 5 mM Phe, then washed once in 10% and twice in 5% ice-cold TCA. After a final rinse in 95% ethanol, the filters were allowed to dry in air before dissolving them in 5 ml scintillation cocktail (Packard, 57% tritium counting efficiency). Radioactivity in the precipitated protein was determined by liquid scintillation counting. A sham control, which permanently contained pancreatic RNase to prevent protein synthesis, was used to correct for background due to non-specific binding of [2,3,4,5,6-³H] Phe to components of the lysate. Results were expressed as [2,3,4,5,6-³H] Phe incorporated into TCA-precipitable protein [DPM 19 μ l assay⁻¹].

Analytical methods

Total RNA in lysates was hydrolysed by alkaline exposure according to the Schmidt-Tannhauser procedure and quantified by the dual-wavelength procedure of Munro and Fleck (1966). For relating RNA concentration to absorbance at these two wavelengths, the modified, more suitable formula, RNA (μ g ml⁻¹) = 32.9 × A₂₆₀ - 6.11 × A₂₃₂, was used as suggested by Ashford and Pain (1986). The free, endogenous Phe levels in lysates were measured by RP-HPLC in the lab "Dr. Haase-Aschoff" (Bad Kreuznach, Germany). For the determination of RNA and protein contents of gill, muscle, mantle and gonad, tissues were ground to a fine, homogeneous powder under liquid nitrogen using a pre-cooled mortar and pestle. Two 100-mg sub-samples of the resultant powder were homogenized in ice-cold 0.2 M perchloric acid (PCA). Homogenates were centrifuged at 16,000 g for 1 min at 0 °C and the remaining precipitate was washed twice in 0.2 M PCA.

Subsequently, the pellet was resuspended in 0.3 M NaOH and incubated for 1 h at 37 °C. Sub-samples (15 μ l) were taken for the determination of protein levels using a modified Lowry technique with bovine serum albumin as a standard (Sigma procedure no. P5656). Protein and DNA were then precipitated from the remaining alkali digest by the addition of ice-cold 20% PCA, and after centrifugation the resultant acid-soluble fraction was removed for the estimation of RNA levels by ultraviolet absorption at 232 nm and 260 nm as described above.

Derived parameters and statistics

Protein synthesis rates at the different experimental temperatures were determined using the initial, linear intercept of the time-dependent [2,3,4,5,6-³H] Phe incorporation curves. In order to compare in vitro incorporation rates in this study to in vivo and in vitro protein synthesis rates reported in the literature, protein synthesis rates were converted from disintegrations per minute (DPM; 19 μ l assay⁻¹ min⁻¹) via nanomoles Phe (19 μ l assay⁻¹ min⁻¹) into micrograms protein per fresh weight per day. Therefore, the specific radioactivity, expressed as Bq pmol Phe⁻¹ (1 DPM = 1/60 Bq), of each assay was calculated from the amount of added radioactive and non-radioactive Phe in the assay plus the measured endogenous free Phe of the lysates. Based on the total amino acid composition of gill protein, measured previously (Storch and Pörtner 2003), the ratio of the concentration of each amino acid to the Phe level in tissue protein from gills of both species was used to calculate the relationship between nanomoles of Phe incorporated and micrograms of protein synthesized. It was assumed that the ratios of amino acid over Phe levels in the protein remained unchanged between gills of freshly captured and long-term maintained *Adamussium colbecki*. The molecular weights of the respective amino acids were used in the conversion.

For comparison with in vivo data taken from the literature, protein synthesis rates were converted into fractional protein synthesis rates as usually determined in vivo (see Discussion). Fractional protein synthesis rates of gill tissues which indicate protein turnover (k_s; expressed as a percentage of the total gill protein synthesized per day), were calculated using the following equation:

$$k_s = \frac{\mu\text{g protein synthesized}}{\mu\text{g total protein}} \frac{19\mu\text{l assay}^{-1} \text{ day}^{-1}}{19\mu\text{l assay}^{-1}} \times 100$$

where μ g total protein is the protein content of the tissue used to prepare the lysate.

The maximum translational capacity of RNA determined in vitro (k_{RNA in vitro} expressed as milligrams protein per milligrams RNA per day) is comparable to the translational efficiency of RNA in vivo (k_{RNA in vivo}, also expressed as mg protein per mg RNA and day) and was calculated using the equation:

$$k_{\text{RNA in vitro}} = \frac{\text{mg protein synthesized}}{\text{mg RNA}} \frac{19\mu\text{l assay}^{-1} \text{ day}^{-1}}{19\mu\text{l assay}^{-1}}$$

The levels of Arrhenius activation energy (E_a) and Q_{10} were determined from an Arrhenius plot, i.e. $\log V_{\text{protein synthesis}}$ versus $1/T$ (K^{-1}). E_a values were expressed as E_a (kJ mol^{-1}) = $-R \cdot m \cdot 1000$ (modified by Segel 1976) where R is the gas constant ($\text{J mol}^{-1} \text{K}^{-1}$) and m is the slope of the Arrhenius plot.

All data are expressed as means \pm standard deviation ($\bar{X} \pm \text{SD}$) unless stated otherwise. Numbers (n) of determinations are given in figure legends. Prior to analysis, assumptions of normal distribution of the studied variables and homogeneity of variances were tested by use of Sigmaplot. If any of the assumptions was violated, the data were transformed by $(1/x)$ transformation, which resulted in significantly improved normality and homogeneity of variances. Statistical differences at the 5% level were tested using analysis of variance (ANOVA) followed by the Student-Newman-Keuls post hoc test.

Results

Characterization of gill lysates

RNA contents and endogenous Phe levels in lysates of fresh captured *Adamussium colbecki* (0.883 ± 0.037 mg RNA ml^{-1} ; 0.292 ± 0.046 mM Phe) were significantly higher than in lysates of freshly captured *Aequipecten opercularis* (0.468 ± 0.013 mg RNA ml^{-1} ; 0.111 ± 0.009 mM Phe). This indicates higher levels of RNA and endogenous Phe in the Antarctic species. RNA content in lysates of both species was $79 \pm 9\%$ of that observed in the tissue, which was 2.30 ± 0.13 $\mu\text{g mg}^{-1}$ gill tissue in *Adamussium colbecki* and 1.17 ± 0.17 $\mu\text{g mg}^{-1}$ gill tissue in *Aequipecten opercularis*. Thus it appears that there was a 20% loss of ribosomes during the preparation of the gill lysates.

During long-term aquarium maintenance the RNA content as well as the endogenous free Phe levels of *Adamussium colbecki* gills had decreased markedly (0.599 ± 0.062 mg RNA ml^{-1} ; 0.058 ± 0.015 mM Phe) after 6 months compared to freshly captured *Adamussium colbecki*. RNA contents declined to values still significantly higher compared to the RNA content in gills of *Aequipecten opercularis*, whereas Phe fell significantly below values measured in *Aequipecten opercularis*. These findings show the large variability of RNA and Phe contents in the gill tissue of *Adamussium colbecki* under different physiological conditions.

Characteristics of Phe incorporation

Phe incorporation into protein requires functioning of the complete protein synthesis machinery of the cell. The system used here mimics the buffering, osmotic and ionic properties of gill tissue. By using the post-mitochondrial supernatant in an optimized cell-free system (Storch and Pörtner 2003), the maximum protein synthesis rates and, thus, the protein synthesis capacity of gill lysates of both species can be studied under identical physiological conditions.

Figure 1 shows the time course for incorporation of $[2,3,4,5,6 \text{ } ^3\text{H}]$ Phe into TCA-precipitable material at

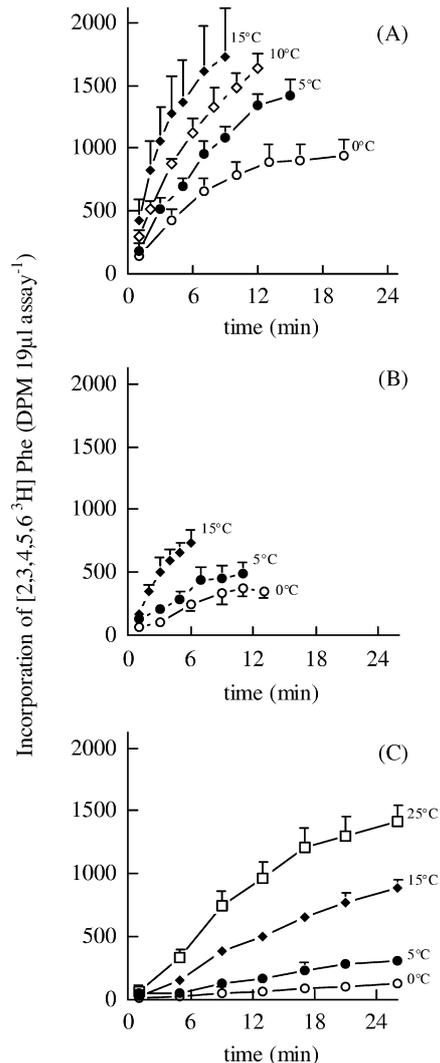


Fig. 1A–C Time course of incorporation of $[2,3,4,5,6\text{-}^3\text{H}]$ Phenylalanine (Phe) into trichloroacetic acid-precipitable protein at different temperatures by cell-free lysates prepared from gills of freshly captured *Adamussium colbecki* (A), of long-term maintained *Adamussium colbecki* (B) and of *Aequipecten opercularis* (C). 0 °C: unfilled circles; 5 °C: filled circles; 10 °C: unfilled rhombuses; 15 °C: filled rhombuses; 25 °C: unfilled squares. Data points are means \pm SE ($n = 6$ A, C; $n = 4$ B)

different temperatures by lysates prepared from freshly captured and long-term maintained *Adamussium colbecki* (Fig. 1A, B) and lysates prepared from *Aequipecten opercularis* (Fig. 1C). At all measured temperatures lysates prepared from both species exhibited the same characteristic time course of in vitro translation: a linear period of incorporation was followed by a progressive decrease of reaction velocity and approached completion in an asymptotic manner. There was a higher incorporation of Phe into protein at higher temperatures combined with an earlier slowing of the reaction. Short periods of linear incorporation in lysates are typical when compared to other non-reticulocyte cell-free systems (Hofmann and Hand 1994; Kim and Swartz 2000). Lysates prepared from freshly collected and long-term

Table 1 Characteristics of cell-free lysates prepared from gills of freshly captured *Aequipecten opercularis* and *Adamussium colbecki* (f) and from gills of *A. colbecki* long term maintained in the aquarium (m). All values are means \pm SD. (Phe phenylalanine)

Tissue	Species	Total RNA (mg ml ⁻¹)	Free Phe (mM)
Gill	<i>Aequipecten opercularis</i>	0.47 \pm 0.03 (n = 6)	0.11 \pm 0.02 (n = 5)
	<i>Adamussium colbecki</i> (f)	0.88 \pm 0.09 (n = 6)	0.24 \pm 0.06 (n = 5)
	<i>A. colbecki</i> (m)	0.60 \pm 0.06 (n = 4)	0.06 \pm 0.02 (n = 4)

maintained *Adamussium colbecki* exhibited constant rates of incorporation for the first 6–12 min depending on experimental temperature. However, a severe reduction of Phe incorporation velocity was observed in lysates prepared from long-term maintained *Adamussium colbecki* when compared to lysates of fresh animals. In contrast, Phe incorporation by lysates from *Aequipecten opercularis* displayed linear incorporation for longer periods. At 0 °C, 5 °C and 15 °C incorporation remained constant for 20–26 min and at 25 °C for about 17 min, followed by a progressive reduction.

In vitro protein synthesis and RNA translational capacity

Protein synthesis capacities and RNA translational capacities at different temperatures were calculated from initial Phe incorporation rates according to Fig. 1, adopting Phe and RNA concentrations compiled in Table 1. In vitro protein synthesis capacity in gill lysates increased significantly with temperature (Fig. 2A). Within the temperature range 0–15 °C, protein synthesis capacities increased with identical Q_{10} in freshly captured *Adamussium colbecki* ($Q_{10} = 2.6 \pm 0.5$) and long-term maintained *Adamussium colbecki* ($Q_{10} = 2.2 \pm 0.3$), whereas the temperature dependency was significantly higher in *Aequipecten opercularis* ($Q_{10} = 3.4 \pm 0.6$ between 0 °C and 15 °C). Accordingly, activation energies of protein synthesis were significantly higher in *Aequipecten opercularis* than in freshly captured *Adamussium colbecki* ($E_a = 78.5 \pm 9.8$ kJ mol⁻¹ versus $E_a = 62.9 \pm 11.3$ kJ mol⁻¹), whereas 6-month aquarium-maintained *Adamussium colbecki* ($E_a = 49.5 \pm 9.3$ kJ mol⁻¹) displayed significantly reduced E_a for in vitro protein synthesis.

Between 0 °C and 15 °C, the overall protein synthesis capacity was significantly higher in both freshly captured and long-term maintained *Adamussium colbecki*, compared to *Aequipecten opercularis*. The *Aequipecten* cell-free system displayed a very low rate of protein synthesis at 0 °C (0.6 ± 0.1 μ g protein mg⁻¹ FW day⁻¹) when compared to the 18-fold higher protein synthesis capacity in freshly captured *Adamussium colbecki* at 0 °C (10.4 ± 2.7 μ g protein mg⁻¹ FW day⁻¹), and the rate in *Aequipecten* was still 4.6-fold lower compared to 6-month aquarium-maintained *Adamussium colbecki* at 0 °C (2.7 ± 1.0 μ g protein mg⁻¹ FW day⁻¹).

At the respective habitat temperatures, protein synthesis capacities were still significantly lower in

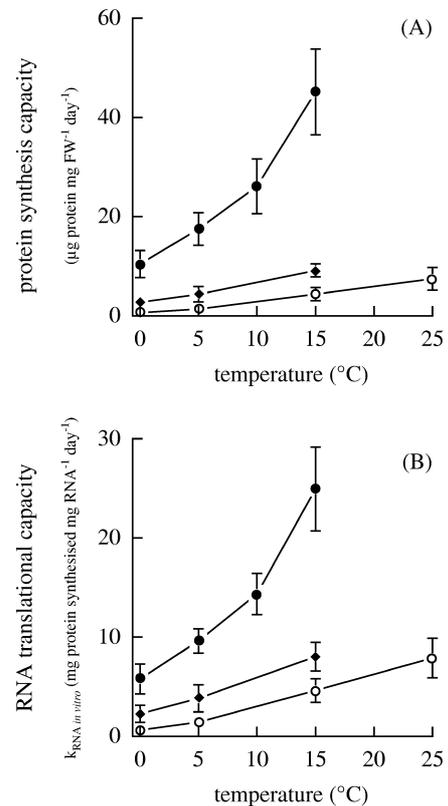


Fig. 2A–B Temperature-dependent in vitro protein synthesis capacities (A) and RNA translational capacities ($k_{RNA \text{ in vitro}}$; B). filled circles: freshly captured *Adamussium colbecki*, filled rhombuses: long-term aquarium-maintained *Adamussium colbecki*, unfilled circles: *Aequipecten opercularis*. Data points are means \pm SD (freshly captured *Adamussium colbecki* and *Aequipecten opercularis*: n = 6; long-term maintained *Adamussium colbecki*: n = 4)

Aequipecten opercularis measured at 5 °C and 15 °C than in freshly captured *Adamussium colbecki* at 0 °C. Only when close to the upper temperature limit of 25 °C, was protein synthesis capacity in the gills of *Aequipecten opercularis* the same as in gills of *Adamussium colbecki* at 0 °C. Long-term aquarium-maintained *Adamussium colbecki* analysed at 0 °C still displayed rates within the same range as in *Aequipecten opercularis* measured at 15 °C.

The 18-fold higher in vitro protein synthesis capacities of *Adamussium colbecki* at 0 °C can mainly be explained by the nine-fold higher RNA translational capacity (Fig. 2B). The remaining discrepancy can be attributed to the two-fold difference in RNA contents in the lysate (Table 1). Thus, both high RNA contents and

high RNA translational capacities supported the high protein synthesis capacities observed in gill lysates of freshly captured *Adamussium colbecki*. The reduced RNA contents in gill lysates of long-term aquarium-maintained *Adamussium colbecki* as well as their reduced RNA translational capacity went hand in hand to support a markedly reduced protein synthesis capacity. Low protein synthesis capacities in gill lysates of *Aequipecten opercularis* were also related to even lower RNA contents and RNA translational capacities than in long-term maintained *Adamussium colbecki*.

RNA, protein and RNA:protein ratio

RNA and protein concentrations as well as RNA:protein ratios, were measured in three other tissues for an evaluation of protein synthesis capacities (Fig. 3). In fact all tissues analysed in freshly captured *Adamussium colbecki* showed significantly higher RNA:protein ratios

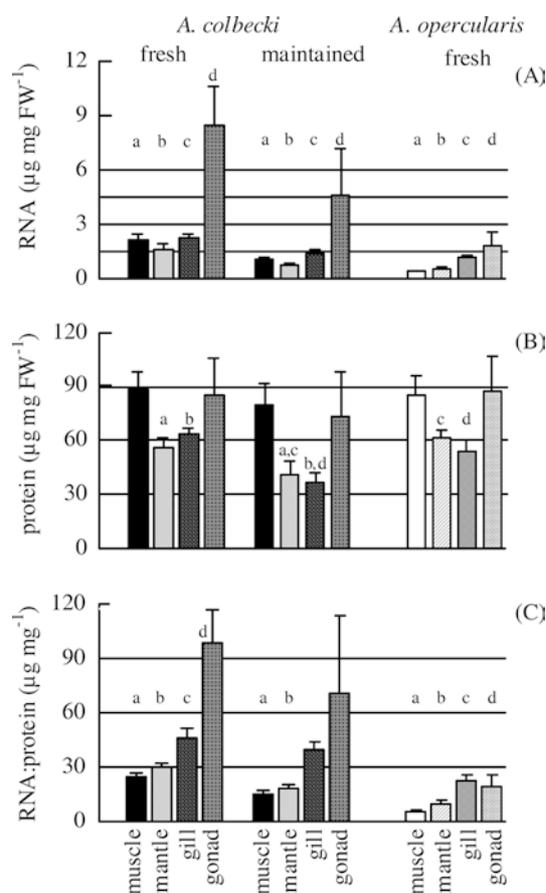


Fig. 3A–C RNA (A), protein (B) concentrations and RNA:protein ratios (C) in various tissues (muscle, mantle, gill, gonads) of freshly captured (four bars on the left), long-term aquarium-maintained *Adamussium colbecki* (center four bars) and of freshly collected *Aequipecten opercularis* (four bars on the right). Data points are means \pm SD (freshly captured and long-term maintained *Adamussium colbecki*: $n=8$; *Aequipecten opercularis*: $n=6$). Only the same tissues were tested for significant differences. Values with the same letter are significantly different

than those in *Aequipecten opercularis* (Fig. 3C) due to higher RNA concentrations (Fig. 3A) at similar protein contents (Fig. 3B). RNA contents were between two-fold higher in gills to five-fold higher in muscle and gonads of freshly captured *Adamussium colbecki* than in *Aequipecten opercularis*. The high protein turnover in gills (Lyndon and Houlihan 1998) is reflected in a high RNA:protein ratio in both species when compared to muscle and mantle. Muscle naturally shows very low protein turnover rates associated with high protein retention. This was indicated by significantly higher protein concentrations in the muscle compared to gills at similar levels of RNA contents ($2.14 \pm 0.29 \mu\text{g mg}^{-1}$ FW in muscle; $2.30 \pm 0.13 \mu\text{g mg}^{-1}$ FW in gill) of freshly captured *Adamussium colbecki*. This was even more evident in *Aequipecten opercularis* with significantly lower RNA contents in muscle ($0.43 \pm 0.03 \mu\text{g mg}^{-1}$ FW) compared to gill tissue ($1.17 \pm 0.17 \mu\text{g mg}^{-1}$ FW) at significantly higher protein contents in muscle tissue. Both RNA and protein concentrations, and thus the RNA:protein ratio, were generally high in the gonads, compared to other tissues but varied substantially between and within species, probably due to variable reproduction stages. These variations were not visible in the other tissues.

Adamussium colbecki maintained for 6 months in the aquarium displayed a marked loss of RNA from the tissues despite continued feeding. Loss of RNA varied between 37% in gills to 56% in mantle compared to freshly captured *Adamussium colbecki* but RNA contents were still significantly higher than in the respective tissues of *Aequipecten opercularis*. Only in mantle and gill were decreasing RNA levels accompanied by a significant decrease in protein concentration. The decrease in RNA levels of the mantle tissue exceeded the loss of protein by 29% whereas the losses of RNA and protein in gill tissue were approximately the same. In accordance with a large reduction in RNA concentration and a lesser fall in protein content, the mean RNA:protein ratio was also reduced in most tissues indicating that *Adamussium colbecki* sustained starvation for some period. The high loss of protein in gill tissue is in line with the high protein turnover rates generally observed in gills.

Discussion

Capacity of protein synthesis in vitro

One of the prime obstacles to the study of in vitro protein synthesis capacity is the poor protein synthesis rate of cell-free systems obtained from assays conducted under non-optimized experimental conditions. The inefficiency of translation is due to gross deviations from physiological conditions, loss of compounds essential for protein synthesis during lysate preparation and/or insufficient high-energy phosphate levels in the translational system. All of these limitations were likely

effective in the only existing study on a cell-free system prepared from an Antarctic ectotherm (Haschemeyer and Williams 1982). These authors prepared a cell-free protein synthesis system from liver of the Antarctic fish *Trematomus bernacchii*. They report an in vitro synthesis rate at 0 °C which was 1/1000th (0.004% liver protein synthesized per day) of that observed in vivo (Smith and Haschemeyer 1980). Gill lysates from *Adamussium colbecki* measured at 0 °C were 4,100-fold more active (16.4% gill protein synthesized per day) and gill lysates from *Aequipecten opercularis* measured at 15 °C 1,625-fold (6.5% gill protein synthesized per day) when compared to the early determinations of protein synthesis rates in the in vitro system of Antarctic fish liver. The 1,000 fold lower in vitro than in vivo protein synthesis rates in liver of *Trematomus bernacchii* (Haschemeyer and Williams 1982) and the order of magnitude by which the pectinid cell-free systems exceed the activity of the “*Trematomus*” cell-free system corroborate the view, that due to improved methodology, values obtained in the present study reflect the full capacity of the protein synthesis machinery. Productivity was probably maximized by using crude, postmitochondrial lysates. The loss of low molecular weight compounds required for protein synthesis was minimized. Full capacity was exploited by the addition of high-energy phosphates (Storch and Pörtner 2003; Spirin et al. 1988; Kim and Swartz 2000). This accomplishment enabled us to determine the true protein synthesis and RNA translational capacities in cell-free translation systems of the two pectinid species.

Temperature dependence of protein synthesis capacities

The isolated translation machinery and its endogenous mRNA level is a snapshot of the cell, which mirrors the previous history of the in vivo protein synthesis system. Reversible changes in translational activity have been observed in vivo in response to growth factors, animal size, change in nutrient supply and various stress conditions (reviewed in Houlihan 1991). Freshly collected animals from both species were assumed to be in similar physiological condition because they were captured during summer, with abundant food in their respective habitats.

Adamussium colbecki very clearly possess protein synthesis machineries with higher RNA levels and RNA translational capacities than *Aequipecten opercularis* from warmer habitats. Furthermore, activation energies and Q_{10} values of protein synthesis were lower in *Adamussium colbecki*. These observations may reflect temperature compensation and indicate maximized protein synthesis capacities, despite low energy turnover rates in the Antarctic species. In spite of the long evolutionary isolation of *Adamussium colbecki* in a low and narrow temperature range, there was no thermal deterioration of protein synthesis capacity up to 15 °C. Moreover, energetic costs of in vitro protein synthesis in

Adamussium colbecki and *Aequipecten opercularis* were found to be similar, at least for peptide elongation (Storch and Pörtner 2003). These patterns indicate that the principal characteristics and stoichiometries of protein synthesis (peptide bond formation, including tRNA acylation, initiation, elongation and termination) remained unchanged at significant lower levels of overall energy turnover which is due to stenothermal life in the permanent cold (Pörtner 2002).

Adaptation to low temperatures comprises increased RNA concentrations relative to protein content. This was found in all investigated tissues of *Adamussium colbecki* and seems to be a general phenomenon in cold-adapted ectotherms (Marsh et al. 2001; Fraser et al. 2002). However, translational activity was still found to be enhanced at low temperatures when corrected for different RNA contents. The high translational capacity of the ribosomes may result from functional optimization of the primary structures of core ribosome proteins and ribosome-associated proteins, such as initiation and elongation factors, as well as of the enzymes involved in protein synthesis. Examples for structural modifications indicative of thermal adaptation of the protein synthesis apparatus have been identified in several microorganisms (Ray et al. 1998; Thomas and Cavicchioli 2002). Increased activities of elongation factor EF-1 have been demonstrated in liver of Antarctic compared to temperate and tropical fish species (Haschemeyer and Williams 1982).

In vitro RNA translational capacity versus in vivo efficiency

Comparison of in vitro translational capacity of RNA with in vivo translational efficiency of RNA, requires careful definition of the two terms. The in vitro translational capacity reflects the topmost capacity of the ribosomes to synthesize protein indicated by the rate of in vitro protein synthesis per unit RNA. The RNA:protein ratio frequently determined in freshly collected tissues indirectly reflects this capacity in vivo but the extent to which this capacity is utilized, is indicated only by the rate of in vivo protein synthesis per unit RNA and is called translational efficiency ($k_{\text{RNA in vivo}}$; Waterlow et al. 1978; Houlihan 1991).

Table 2 summarizes existing in vivo data on gill protein synthesis (k_s), $k_{\text{RNA in vivo}}$ and RNA content of different species in relation to ambient temperature and feeding conditions. The in vitro data obtained in both pectinids at their ambient temperatures were included for a preliminary comparison of the two terms. The in vitro protein synthesis capacities determined in both pectinids exceed by far all values of in vivo efficiency determined in gill tissues of other ectotherms inhabiting various temperature environments. This global comparison suggests that actual in vivo protein synthesis rates remain far below capacity. Certainly, for a confirmation of this conclusion, in vivo protein synthesis should be measured in the two pectinids.

Table 2 Fractional rates of protein synthesis (k_s) in vivo, translational efficiency (k_{RNA} in vivo) and RNA content in gills of invertebrates and fish species (fasted and fed) adapted to different ambient temperatures. For a preliminary comparison, the in vitro data (k_{RNA} in vitro translational capacity) obtained in the present study are

included and demonstrate excess capacity over in vivo rates. k_s fractional protein synthesis rate (% protein synthesized day⁻¹), k_{RNA} in vivo and in vitro (mg protein synthesized mg RNA⁻¹ day⁻¹), RNA (mg/gFW); FW fresh water. Numbers in parentheses are used as data point labels in Fig. 4

Species	Temperature (°C)	Gill k_s	k_{RNA}	RNA	Reference
Antarctic invertebrates					
<i>Adamussium colbecki</i> aquarium maintained	0	7.3	2.3	1.56	This paper (in vitro)
<i>Adamussium colbecki</i> fed	–	16.4	5.8	2.30	–
Antarctic fish					
<i>Trematomus bernacchii</i> fasted	–1.5	3.9	–	–	Smith and Haschemeyer (1980) (1)
<i>Trematomus bernacchii</i> fed	–	5.3	–	–	–
<i>Trematomus hansonii</i> fasted	–1.5	2.2	0.6	1.4	Smith and Haschemeyer (1980) (2)
<i>Trematomus hansonii</i> fed	–	3.2	1.3	1.6	–
<i>Trematomus newnesi</i>	–1.5	1.5	–	–	Smith and Haschemeyer (1980) (3)
<i>Gymnodraco acuticeps</i>	–1.5	1.3	–	–	Smith and Haschemeyer (1980) (4)
<i>Notothenia corriceps</i> fasted	2	2.9	–	–	Haschemeyer (1983)(5)
<i>Notothenia corriceps</i> fed	–	1.6	–	–	–
<i>Chaenocephalus aceratus</i> (Icefish)	2	0.85	–	–	Haschemeyer (1983) (6)
Temperate invertebrates					
<i>Aequipecten opercularis</i> fed	15	6.5	3.7	1.17	This paper (in vitro)
<i>Carcinus maenas</i> fasted	15	2.4	0.58	–	Houlihan et al. (1990b)(7)
<i>Carcinus maenas</i> fed	–	4.8	1.58	–	–
<i>Octopus vulgaris</i> fasted	22	2.96	0.61	–	Houlihan et al. (1990a)(8)
<i>Octopus vulgaris</i> fed	–	11.26	1.19	–	–
Temperate fish					
<i>Salmo gairdneri</i> (FW)	12	9.1	–	–	Houlihan et al. (1986)(9)
<i>Gadus morhua</i> fed	5	7.8	1.3	5.0	Foster et al. (1992) (10)
<i>Gadus morhua</i> fed	15	8.8	1.5	3.8	–
<i>Oncorhynchus mykiss</i> fasted	15	6.44	1.63	–	McMillan and Houlihan (1989) (1988) (11)
<i>Oncorhynchus mykiss</i> fed	–	13.96	2.13	–	–
<i>Sufflamen verres</i>	26	15	–	–	Haschemeyer et al. (1979) (12)
(Triggerfish)	30	14	–	–	–

In general, amino acid availability and the competition for cellular energy in the form of ATP may play a major role in understanding why protein synthesis in vivo remains below capacity. Furthermore, several studies suggest that with energy being available, initiation is the rate-limiting step and the most common site for global control of translation (Hofmann and Hand 1994). Control at initiation is most often mediated by the phosphorylation/dephosphorylation of initiation factors, as seen, for example, in mammalian cells (Hershey 1991). Furthermore, the regulation of the GTP:GDP ratio by adenylate levels is a sensitive control parameter for ternary complex (eIF2-GTP-Met-tRNAi) formation in eukaryotic cells (Walton and Gill 1976).

In vitro protein synthesis in gills of aquarium-maintained *Adamussium colbecki*

The effect of nutrition or season or both is also relevant when studying protein synthesis in ectotherms. This may be especially true for animals from the cold Antarctic where food availability for some species may be highly seasonal and limited to the austral summer. *Adamussium colbecki*, maintained in the aquarium for 6 months, displayed indications of limited food supply despite regular presence of food. These (aquarium) animals were

sampled during their austral wintertime and showed metabolic depression by up to 30%, indicative of food limitation or a winter status of these animals (Heilmayer and Brey 2003). The reduced protein synthesis rates and translational capacity in vitro in the gills of these *Adamussium colbecki* specimens, mirrors such a significant change in the nutritional condition and metabolic rate of these animals. Low protein synthesis rate is reflected in a loss of protein synthesis machinery, indicated by reduced RNA levels and by a decrease in the amount of protein synthesized per milligram of RNA, thus translational capacity. Interestingly, the temperature dependence of protein synthesis was reduced under these conditions, indicated by a lower Q_{10} . This finding suggests a lower activation enthalpy and thus, less cold induced restriction of protein synthesis.

According to Fig. 4, this may be a general pattern among ectotherms. A reduction in food consumption has been shown to decrease in vivo protein synthesis rates and RNA translational efficiency in the gills of various ectotherms (Table 2) and the effect of temperature seems to be reduced in fasting animals (Fig. 4). An animal deprived of food loses weight rapidly but the response is quite variable in individual tissues and can be controlled by the animal (reviewed by Houlihan 1991). The gills in long-term maintained *Adamussium colbecki* sustained the highest protein loss whereas

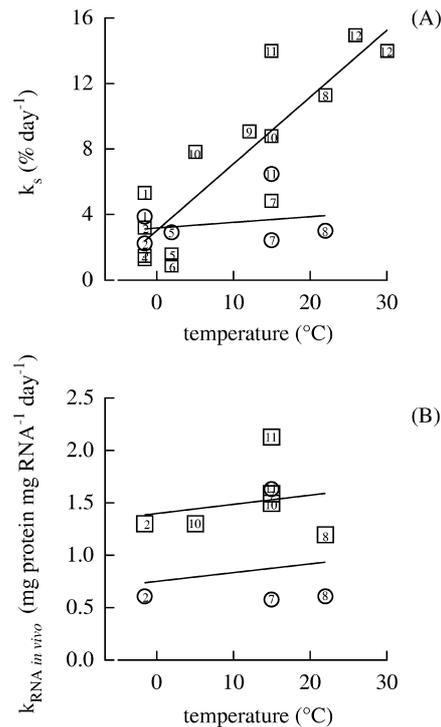


Fig. 4A–B Effect of temperature on fractional protein synthesis rates (k_s) (A) and on translational efficiencies ($k_{RNA \text{ in vivo}}$) (B) measured in vivo in gills of various fed (squares) and fasted (circles) ectotherms. For literature sources of plotted data, see Table 2

muscle protein levels remained the same. It is noteworthy that gills are characterized by very low protein retention efficiency, whereas muscles display very high efficiencies of protein retention (Houlihan et al. 1989; Houlihan 1991; Lyndon and Houlihan 1998). This in turn indicates significant differences in protein stability between various tissues, which seem to be high in muscle but low in gills of cold-adapted *Adamussium colbecki*. The loss of protein synthesis apparatus in the gills of aquarium-maintained *Adamussium colbecki*, which goes hand in hand with a loss of protein content, suggests higher degradation than synthesis rates. Similarly, protein degradation rates in eurythermal salmon were in excess of synthesis rates after 4 months starvation, leading to protein loss in the gills, ventricle, stomach but also red and white muscle (Houlihan 1991). Fraser et al. (2002) observed a parallel reduction of body mass, RNA:protein ratios and protein synthesis rates in the Antarctic limpet *Nacella concinna* during the austral winter.

Summary and conclusions

The patterns observed in the two pectinid species suggest that limitations of protein synthesis capacities in the cold may be compensated for by both enhanced RNA levels and enhanced RNA translational capacities. This may be particularly important in tissues with high protein

turnover rates and low protein retention efficiencies, such as gills. The increased RNA content in the cold may be a result of low RNA turnover rates, with the advantage of enhanced cost-efficiency. Seasonality or variable food supply of the animal seem to outrank temperature effects on protein synthesis capacities and actual in vivo rates, a conclusion supported by findings in *Adamussium colbecki* after long-term aquarium maintenance and by the few in vivo data found in the literature and summarized in Table 2 and Fig. 4.

Even though between-species comparisons like in Fig. 4 have to be treated with caution, a few general patterns arise:

1. In vivo protein synthesis rates in gill tissues of fed fish or invertebrates increase with increasing ambient temperatures, whereas the translational efficiency of RNA remains more or less unchanged. This is in line with the observation of temperature-compensated RNA translational capacities as outlined above.
2. The temperature dependence of in vivo protein synthesis rates in starved fish or invertebrates is less pronounced and translational efficiency is markedly reduced when compared to fed conspecifics (Fig. 4). Accordingly, the value of k_{RNA} is sensitive to the nutritional state of an animal (Millward et al. 1973).

Consequently, increased food demands at higher temperatures must be taken into consideration when studying protein synthesis at different temperatures and latitudes (Houlihan 1991).

As a corollary, current evidence indicates that cold-compensated protein synthesis capacities may not be fully exploited in vivo in the cold, but support similar maximum summer growth rates in Antarctic and temperate regions (Brey and Clarke 1993; Clarke and Leakey 1996; Peck 2002) when enough food and, thus, energy is available. Enhanced capacities of the protein synthesis apparatus in the cold resemble high enzyme capacities of aerobic metabolism, which are cold compensated too, despite reduced standard and maximum metabolic rates. Such excess capacities in metabolic and protein synthesis functions may be relevant for rapid adjustment of metabolic and functional equilibria and for full metabolic flexibility in response to external and internal stimuli in the permanent cold. The extremely high capacity of the protein synthesis system in the Antarctic scallop strongly supports these conclusions; however, any generalized statement on the level of cold compensation in protein synthesis capacity in Antarctic stenotherms requires further comparative study of cold- versus warm-adapted ectotherms with similar lifestyles.

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